

# MGW

**MOM GUESS WHAT NEWSMAGAZINE**

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## LETTER TO EDITOR

Most of us who read "Mom Guess What" are aware of Jerry Sloan's negative view towards Christianity—he expresses his hatred of Christians in every one of his columns. Why doesn't Mr. Sloan ever discuss other religions that are even more oppressive towards LGBT people than Christianity is? For instance, what about Islam? The Pew Forum on Religion and Public Life reported today that 1 in 4 of the world's population is Muslim.

The Muslim religion is totally intolerant towards homosexuality. In fact, homosexuals in many Muslim countries are stoned to death. Maybe it's time Jerry Sloan took his ethnocentric blinders off and became more aware of other religions that are even more oppressive towards the LGBT community?

DJ, COMMUNITY MEMBER  
SUBMITTED VIA EMAIL

## ARREST MADE IN MAXEY MURDER

Police have arrested Robert Neal-Anderson, 23, on suspicion of murder of a 60-year-old retired hairdresser who was the victim of a homicide in a South Natomas apartment building in early October.

The young man was allegedly an acquaintance of murder victim David Maxey who was found slain in his apartment on Stonecreek Drive.

Neighbors describe Maxey as a nice guy and a friendly person and were surprised to hear of his death.

Police did not release details of how Maxey was killed, but stated a belief that the killing was "drug-related."

Neighbors told police they had seen Neal-Anderson walking around the complex and run away when police were in the complex investigating Maxey's Death.

Another reported seeing the two fighting in a nearby shopping center earlier and that the suspect pounded on Maxey's door shortly before police were called to the scene.

## IN MEMORY

MR. MARCUS HERNANDEZ  
ABSOLUTE EMPEROR #1 OF THE IMPERIAL COURT  
MARCUS THE MERCILESS  
JUDGE EMERITUS OF IML

It is with an extremely heavy heart, that I inform the Leather Community at large — and the World — of the "passing on" of my dear "Daddy" Marcus Hernandez to the other side at 11:20pm this night. He went in peace and was not alone. Thank you to all that supported all of us who were there for him these last months. Your love and compassion is more appreciated than you will ever know. Our lives will never be the same with Marcus gone — but they are richer for having known him. A memorial celebration is being planned.

QUEEN COUGAR (1ST DAUGHTER)

## ONE YEAR AGO – A DAY OF SMILES - A DAY OF TEARS – A DAY OF ACTION

BY KEN PIERCE  
EQUALITYACTIONNOW.ORG

A year ago on November 4, 2008, Proposition 8, a California ballot proposition passed in the November general election. The measure added a new section (7.5) to Article I of the California Constitution. The section reads: "Only marriage between a man and a woman is valid or recognized in California." The proposition overturned the California Supreme Court's ruling saying that same-sex marriage is a constitutional right, by restricting the definition of marriage to opposite-sex couples. California's State Constitution put the measure into immediate effect the day after the election.

On November 4, 2009, Equality Action Now, along with members of the Sacramento LGBTQI (Lesbian, Gay, Bi, Transsexual, Questioning, Intersex) Leadership Coalition will lead a rally and march at the California State Capitol Building to highlight the fact that the fight for civil rights for all citizens is not over. The rally will begin at 5:00 pm with sign making for participants, followed at 6:00 pm with a few speakers. At 6:30 pm Equality Action Now will lead a march around the capitol grounds.

Equality Action Now, a grassroots all-volunteer civil rights organization was born literally moments after the November 2008 elections. The award-winning group of activists led by Tina Reynolds, co-founder and owner of Uptown Studios now serves as Sacramento's premier civil rights organization. Even though the same-sex marriage issue is still an important focus of the organization, members have also spent their free time collecting food for the poor, marched in step with other organizations such as the labor union and in the Martin Luther King Jr Day parade. Members were also instrumental in supporting SafeGround Sacramento, fighting for the homeless and helpless.

The Sacramento LGBTQI Leadership Coalition was formed just prior to the recent California Supreme Court decision to uphold Prop 8. Along with leaders of Equality Action Now, this group meets monthly to share information from other local grassroots and statewide organizations on preparations to overturn Prop 8.

The November 4th rally will serve as a reminder to the public at-large that the LGBTQI community, along with their many straight, political, and religious allies will not give up the fight for full equality until their rights are fully restored. While the decision of when to place this issue back on the ballot (2010 or 2012) is being decided by others, organizations such as Equality Action Now are continuing to "mobilize, motivate, activate like-minded individuals and educate opponents who may have heard only one side of the issue."

The California State Capitol Building is located at 10th and L Street, Sacramento, CA. The rally will begin on the west steps at

5:00 pm and will conclude at 6:30 pm with a march around the capitol grounds. For more information visit Equality Action Now's web site at: <http://www.EqualityActionNow.org>, email [events@equalityactionnow.org](mailto:events@equalityactionnow.org) or phone 916-446-1082.

## DRAG QUEEN BINGO RAISES MONEY FOR CCAF

BY JAMESON MITCHELL

On Wednesday, October 14, 2009 at Hamburger Patties (1630 J St.), the Capital City AIDS Fund will benefit from a special Drag Queen Bingo hosted by Outword. It is a great opportunity to take advantage of drink specials, mingle, and play \$2 games of bingo. It starts at 7 PM, don't miss it! Additionally, CCAF is taking part in the Macy's Shop for a Cause event. Tickets are \$5 and give you a host of discounts on October 17, 2009.

The Capital City AIDS Fund a non-profit organization, which was founded in 1995 to organize, and stage events that raise money to support HIV/AIDS services in the Sacramento area. Specifically, CCAF's activities support a community fund that donates to various Capital area non-profit agencies that provide HIV/AIDS services.

The Capital City AIDS Fund (CCAF) hosts two annual events, the Sacramento Valley AIDS Run/Walk and Oscar Night Sacramento. The ninth annual Sacramento Valley AIDS Run Walk (SVARW) took place on September 13, 2009. More than 2,000 people came out to the event and it netted approximately \$200,000, all of which will go to people infected and affected by HIV/AIDS. With the help of volunteers and donors CCAF, will continue to raise much need funds for the Sacramento Valley.

To purchase tickets to Shop for a Cause or for more information, contact CCAF at [capcityaidsfund@yahoo.com](mailto:capcityaidsfund@yahoo.com) or call the CCAF office at 916-448-1110.

## SAC WOMEN'S CHORUS BENEFIT CONCERT FOR WEAVE

The Sacramento Women's Chorus (SWC) will perform Oct. 24, 2009, with a peace concert "Singing for Our Lives", benefiting WEAVE (Women Escaping A Violent Environment). Special guests include Irina Rivkin and the New Freedom Choir.

The SWC is a group of diverse women who are building friendships and community through our love of music [sacmentowomenschorus.org](http://sacmentowomenschorus.org)

WEAVE provides crisis intervention services to women, men and children in Sacramento County who have experienced domestic violence or have been sexually assaulted. [weaveinc.org](http://weaveinc.org).

The concert will be at the Central United Methodist Church, 5265 H St, Sacramento, CA 95819, at 7pm.

Tickets are \$10 in advance, \$12 at the door, and \$5 children. To order tickets, call (877) 758-7827.

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BY OWEN EDWARDS

## What's Raging at Russian River

Halloween is just around the corner. Now I have to admit that Halloween is my personal favorite holiday. Not only do I have an excuse to dress up like a fool (not that I need one mind you, my drag persona is Mz. Alice Dee after all.) but so is everyone else. Though there is a bit more than just Halloween going on this time of year.

First I want to talk about a great event coming up on October 25<sup>th</sup>. It's the 2009 Mermaid Festival in Monte Rio. Just a few miles up the road from Guerneville. Located at the Monte Rio Amphitheater. From 11 am to 7 pm. It's all about supporting the local fishermen, marine life and fresh waterways. Now it's not just a event that's stuffy with information booths about how our sea life is in trouble, or the rivers aren't in much better shape. Yes there are plenty of information on those important subjects. But you also are going to find local craft people, artists and some great food. Vera the California Mermaid has been putting on this party for years now. She brings out all things that make the Russian River and Sonoma County such a great place to live, work and play. So between some fresh caught sea food prepared by the fisherman who caught it, great crafts, local entertainers and some of the best local brews and wine; the party is a great one not to be missed. Check it out on line at [www.thecaliforniamermaid.com](http://www.thecaliforniamermaid.com)

But the big bang for the month is really all about Halloween. Now as you know it's a Guerneville tradition to have a progressive Halloween Costume Contest. Wondering through all the bars in town in costume and perhaps winning some cash is a great way to spend the evening in my book. Now I do want everyone to know since Halloween is falling on a Saturday this year, the party really kicks off before Saturday night; and keeps going through Sunday.

Starting off with the best dance club venue in town, Club Yamagata has some scary spooky fun planed for the weekend. Starting on Friday with a Zombie Walk. Dress up as everyone's favorite monster a Zombie and shuffle through town. You can show up at Club Yamagata dead on at 7 pm for all the fun, or if you need help getting to be a undead, show up alive and have some help to become part of the Zombie legion. Saturday is Halloween so it's all about a costume, a contest and then dancing through and past the witching hour. Sunday is going to be more of a somber event, but still a ton on fun. I'm excited to talk about Club Yamagata's Day of the Dead Celebration. Bringing a River spin to this event. With a early evening chill out space to remember all of our departed loved ones, the Club is setting up a Ancestors Altar. Bring a picture, a candle to light or something to remember anyone who you would like to honor to place on the altar. As the day goes forward the party kicks it up a bit with fun spooky dance music spun by the one and only Mz. Alice Dee. Ok so I'm a spooky Drag Queen who's got way to much Halloween party music. So come out and round out the weekend with this party. All the 411 online at [www.clubyamagata.com](http://www.clubyamagata.com)

Across town at the Russian River Resort they are also doing some great events. Starting with a pumpkin carving party on the 25<sup>th</sup>. Starting at Noon and running until 6 pm. Just show up and have fun with

a pumpkin, they provide all the tools. But it really gets spooking and stuff from October 28 through to Sunday the 31. Cirque De Fantomes is the name of the game on the 31<sup>st</sup>. With a Haunted Maze to scare you, Carnival Food and a grand Halloween Drag Show featuring one of my personal favorite Grand Dames of Drag Glamamore, Vinsantos, Small Doses, Hoku Mama and many others. Also as part of the night will be a freak show with a Mermaid, Conjoined Twins, a Bearded Lady, Hermaphrodite, the Sphinx and More! It's really going to be a true Guern-evil weekend. The RRR is located at the corner of 4<sup>th</sup> and Mill. Check 'em out on line at [www.russianriverresort.com](http://www.russianriverresort.com)

And of course I can't forget to mention again the Best Haunted House in Northern California. Dr. Evils House of Horror. Let me

site at [www.doctorevilshouseofhorrors.com](http://www.doctorevilshouseofhorrors.com)

And finally to wrap up this month I'd like to take a moment for some shameless self promotion. Besides being a snappy freelance writer, it's a little known fact that I'm a Massage Therapist and an Esthetician. Now the good news about all of this and why I'm bringing it up here is the fact that Creation Salon here in Guerneville is moving into a new location. My good friend Amber and I have been talking for what seems like years about my joining the Salon. Starting on the 19<sup>th</sup> of October they will be in the new space, just next door to Coffee Bazaar on Armstrong Woods Road. The best part is my joining the team. Offering full therapeutic massage, body treatments and waxing. We are going to be offering some of the finest botanical and mineral treatments available.



tell you, as part of the cast, this show scares me at times. You are not going to find a better scare anywhere in the area. It's of course not for the faint of heart, nor kids. This is a real haunted house that as I've said before will scare the bejesus out of you. Now just in case you have some young ones whom you would want to bring, make sure on the 31<sup>st</sup> to stop by in the afternoon for the kids events. Not the haunt, but a fun time for the kids. Come by the the Haunted House on Neely Road every Friday and Saturday for the rest of the month. It's a Ten Dollar ticket that is worth every penny.

Of course you can also check out the web

Full body waxing services, and yes I do a men's brazilian or ladies. Competitively priced and well worth a visit when your in town. With full skin care services coming soon. For appointments feel free to call the salon at 707-869-2069.

Well enough about October, lets talk some more about me. If you have any questions about the River, skin care or anything else you think I might be able to help you with drop me a line at [mzalicedee@gmail.com](mailto:mzalicedee@gmail.com). Feel free to also tune into The River Dish every Sunday but the fourth on KGGV 95.1 LP FM The Bridge, online and streaming at [kggvfm.org](http://kggvfm.org) for my radio show.

## THIS HAS GOT TO STOP!

I am sorry to be writing to you about this issue yet again, but clearly someone is not listening.

California's LGBTI Community is in danger of being denied the right of same sex couples to marry for decades to come. And this danger is posed by the activities of some very well intentioned, but misguided, individuals who mistakenly think their actions will advance the cause of same sex marriage. Instead, they are more likely to do immense damage to that cause. It is time for the community to speak out, loud and clear, saying we will not support these activities with our words, our money, or our time and effort.

No fewer than 8 initiatives having to do with same sex marriage have been proposed in just this year. Two have already failed. Their backers failed to submit the minimum number of signatures needed by the deadline. One of these failed initiatives would have overturned Proposition 8. The other would have eliminated the concept of marriage altogether. If it passed, everyone seeking to get married, gay or straight, would instead register as domestic partners.

Five initiatives are currently being

given the necessary title and summary by the Attorney General's office. Once this is done, the supporters of these initiatives will be free to gather signatures on petitions to put the initiatives on the ballot.

One other initiative is in the signature gathering stage. Supporters have until November 11 to gather the 694,354 signatures needed to qualify it for the ballot.

The initiatives awaiting summary and title plus the one on which signatures are being gathered all do roughly the same thing. They use various wordings to overturn proposition 8 and to allow same sex couples to marry.

Why is this all so damaging to the cause of same sex marriage in California? If we go into the election unprepared we will lose yet again. We will have spent an immense amount of money on it. (We spent \$45 million on a losing campaign last year.) And we will have engaged in an exhausting effort on the initiative. The community will be very demoralized. It is unlikely they will agree to spend that amount of money and effort again any time soon.

Please note. I am not saying we should give up on same sex marriage. I have been fighting for the full recognition of same sex families since at least 1980. We just need to be very well

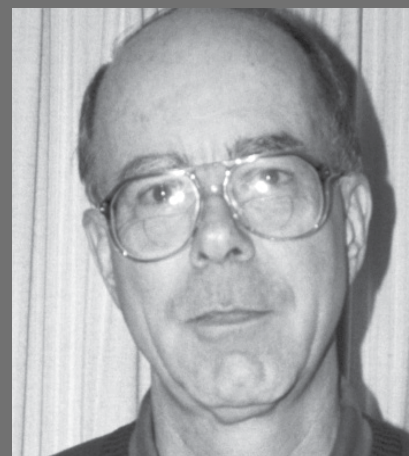
prepared before we pick a fight with our opponents.

So why can't we win in 2010? So far, our community has lost 15 same sex marriage elections in a row. In 2000 California Voters passed Proposition 22. In 2004 voters banned same sex marriage in Georgia, Kentucky, Michigan, Mississippi, Montana, North Dakota, Ohio, Oklahoma, Oregon and Utah. Voters did the same last year in California Arizona and Florida. Clearly our current strategy has been a failure.

We need to start over and design an entirely new strategy for winning the right to marry. No one I know has presented any such a strategy. I know of no reason to believe we can change enough voters minds in the one short 13 months until election day 2010.

I urge all in our community to begin now designing and implementing a plan to change the minds of California's voters. Once we have clear evidence that that has happened, then we can think about when to put the issue on the ballot again.

But please, if you value the right of same sex couples to marry, give no money, and no support to those calling for a vote in 2010. Do not sign those petitions!!!



BY BOYCE HINMAN, CALIFORNIA  
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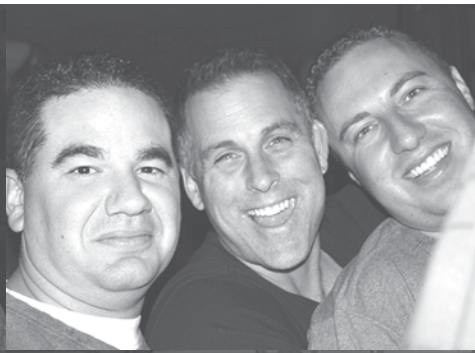
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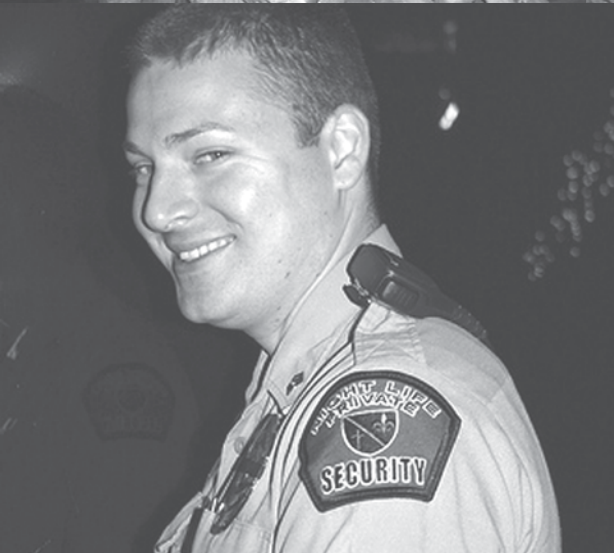
**JOE ROSS**

**916.425.0252**





ABOVE: FACES' OWNER TERRY SIDIE, BAR MANAGER JEFF DAVIS AND BARTENDER MOISES CELEBRATE THEIR BIRTHDAYS AT BOJANGLES IN EARLY OCTOBER; BELOW: MR. SACRAMENTO GAY LATINO CONTEST AT FACES. PHOTOS BY NATHAN FELDMAN. MORE PICTURES AT: [MOMGUESSWHAT.COM](http://MOMGUESSWHAT.COM)





ABOVE: THE COMMUNITY GATHER TO MOURN LEROY "POPS" FISHER; MIDDLE: BAR HOPPING AT THE DEPOT; BELOW: SAN FRANCISCO DUCAL BALL. PHOTOS BY NATHAN FELDMAN. MORE PICTURES AT: [MOMGUESSWHAT.COM](http://MOMGUESSWHAT.COM)





ABOVE PHOTO BY MARLO GAYLE;  
RIGHT PHOTO BY NATHAN FELDMAN

## Amy Andre to Head San Francisco Pride ... Pride Committee Announces New Executive Director

The San Francisco LGBT Pride Celebration Committee announced today that Amy Andre will be the next person to head the organization as its executive director. The announcement concludes a national search that began in March of this year.

Andre takes the position following the departure of the organization's previous Executive Director Lindsey Jones who stepped down in July. The organization has been under the leadership of Interim Executive Director Joshua Smith who left the board of directors to assist Pride in the transition of its top staff position.

Board President Mikayla Connell stated, "We are absolutely thrilled to welcome Amy Andre to the Pride team with her wealth of talent, experience, and history of activism as we continue planning and preparing for the fortieth anniversary San Francisco Pride Celebration and Parade in June of 2010. In the capable hands of Amy Andre and our Board of Directors, San Francisco Pride will continue to build on the momentum that this organization has achieved with the dedicated support of our members, volunteers, and community over the past decade."

Interim Executive Director Joshua Smith stated, "Amy brings together a unique mix of skills, which builds upon our past while preparing us for a bright future."

Along with an MBA, focusing on nonprofit management, from UC Berkeley's Haas School of Business and a master's degree in sexuality studies, focusing on LGBT community issues, from San Francisco State University, Amy Andre has over a decade of experience working in various capacities

with local and national LGBT nonprofit organizations.

As a Point Foundation Scholar, Andre earned her MBA this past Spring. Prior to that, she worked at Out & Equal Workplace Advocates, criss-crossing the nation to educate thousands of employees and executives at Fortune500 companies such as Wal-mart, Hyatt, and Motorola about LGBT rights. Before coming to Out & Equal, she served as Vice President of the Board at Open Enterprises, a cooperative where she worked for almost seven years.

The co-author of *Bisexual Health: An Introduction and Model Practices for HIV/ STI Prevention*, a book published by the National Gay & Lesbian Task Force, Andre has articles in *Curve Magazine*, *Alternet.org*, and *The Bilerico Project*, among dozens of other publications. A film aficionada, she is also the director of the internationally-screened documentary *On My Skin/En Mi Piel*, about a mixed-race transgender man and his family, and volunteers annually to curate the Bi Request program at Frameline's San Francisco International LGBT Film Festival. A lifelong bi and LGBT activist originally from the East Coast, Andre has lived in San Francisco since 1997. She currently resides in the Castro with her fiancée, filmmaker Kami Chisholm, PhD.

Regarding her selection, Andre commented, "I'm honored and delighted by this opportunity to be a part of Pride. Celebrating ourselves is one of the most important, courageous, affirming, and, yes, even political, things we as an LGBT community can do. This year's

theme is *Forty and Fabulous*. But, of course, Pride has always been fabulous, and we've got even more wonderful things in store! I'm really looking forward to working with the incredible staff and Board."

Andre will begin her position as the new Executive Director on October 15.

The San Francisco LGBT Pride Celebration Committee (SFPride.org) is a non-profit membership organization founded to produce the annual San Francisco Pride Celebration & Parade. San Francisco Pride is dedicated to education, commemoration of LGBT heritage and celebration of LGBT culture and liberation. A world leader in the Pride movement, San Francisco Pride is also a grant-giving organization through its Community Partners Program. Since 1997, SFLGBTGCC has granted over \$1.6 million dollars from proceeds of the Pride Celebration and Parade to local non-profit LGBT organizations and those organizations serving the HIV/AIDS and breast cancer communities.

2010 marks the 40th anniversary of the San Francisco Pride Celebration and Parade. The theme for the 40th anniversary event will be, "Forty and Fabulous." The Pride Celebration & Parade will be held over the weekend of June 26 and 27, 2010. With over 200 parade contingents, 300 exhibitors, and more than twenty community-run stages and venues, the San Francisco Pride Celebration and Parade is the largest annual gathering of LGBT people and allies in the nation. The two-day celebration is free and open to all. For more information please visit our website at SFPride.org.

I've had it with my desk job. Struggling to manage an unmanageable workload stresses me out, devours my creative juices, and, gosh darn it, saps my mojo. I want simpler employment. I want to be a flagger.

That is, a Traffic Control Flagger. You have to be specific. A friend more street savvy than I informed me that flagging also means flashing a colored hanky out your back pocket to advertise your sexual proclivities—a whole intricate system of color coding by particular fetish. Who knew? Not too likely there's a hanky code for my vest-wearing, traffic directing obsession. If it turns out there is, I'll be a flagger flagger.

Flagging isn't one of those heavily promoted careers. My inspiration came last spring when I volunteered at a recycling round-up, was given a neon green vest and assigned to direct traffic. You know lesbians and vests—I was hooked.

Now I want to wear a safety vest all day. I'd happily leave behind my current job's requisite multi-tasking to join the

cadre of safety-booted, hard-hatted, two-way shoulder-mounted radio users working in the great outdoors along Oregon's roadways with the singular task of rotating a sign from SLOW to STOP.

I could do that. I've noticed lots of other large women of a certain age directing traffic around work zones and construction sites. They stand like goddesses, so confident holding their big signs along highways, city streets, and, as luck would have it, in front of my house.

One summer day I was out watering my blueberries while a couple of neon vested Road Goddesses directed vehicles around the jackhammering work crew. A Levi-clad buff brunette stood just beyond my driveway. During a traffic lull I called out to her, "How do you like your job?"

"Oh, I love it." She beamed.

"Are you treated OK?"

"The guys on the crew are nice and very respectful," she said. "Plus I get my choice of job sites." She paused a moment, made sure no cars were

coming, then added, "I feel so powerful."

I was in awe. I tried to imagine feeling powerful at work. "I guess choosing your assignments would do that," I said, re-aiming my water-wand into the blueberry patch.

"No, I feel powerful because I can stop traffic!"

A string of cars approached just then. Goddess Flagger kicked into action, rotated her paddle to STOP, raised her arm and gave the universal open palm signal. The motorists all complied.

Oh, how I'd love a job like that. I want the brain freedom to stand by the side of the road with nothing to do but control the traffic. Put me outdoors in a brilliant lime-green vest striped in that snazzy orange reflective tape, with hours on end of singular focus—oh, yeah. Out of the office and into the streets. My mojo's coming back just thinking about it.

Stay tuned for the next installment of award-winning writer Sally Sheklow's saga as she pursues her dream of becoming a certified flagger.



AWARD-WINNING WRITER SALLY SHEKLOW USUALLY EATS OUT IN EUGENE, OREGON.  
SALLY@WYMPROV.COM

## Flagging Desire

## CHICA BUSCA CHICA (GIRL SEEKS GIRL)

BY IVANA VACHAMOV

First, let me quantify this review by stating that I am no movie critic. I am a high school English teacher with a Bachelor's degree in Classic British Lit., so if you don't agree with my assessment of this new Latina/ Lesbian flick, I take no offense.

Proclaimed as one of the most interesting foreign films presented at the Frameline Film Festival in San Francisco, the SF Edge hailed this movie as, "L Word with a Spanish lilt!" I must say I disagree.

I really would like to say more agreeable things about this film considering I think we need more Lesbian representation in the cinemas, but this just isn't the one to make your toes curl.

Although the women are rather beautiful, the sets are basic and the sex scenes practically nonexistent. The movie is episodic, and stated to have "strong humor characteristic of Spanish film and television." If you are into lame stereotypical lesbian story lines and unsatisfying endings, then this IS the movie for you.

Frankly, I am not. A Spanish language film with subtitles in English, the storyline focuses on the relationship that develops between a clichéd lesbian bartender/ player named Nines (pronounced nee-nes), and Carmen, the straight girl with

a boyfriend, who also just happens to be roommates with Nines' latest conquest, Monica psycho. The appellation says it all. More trite representation of lesbians, duh. And lest we forget the last major character, Ana, the straight girl bursting at the seams to come out, but finding it awkward and difficult to negotiate the oddities of lesbian love.

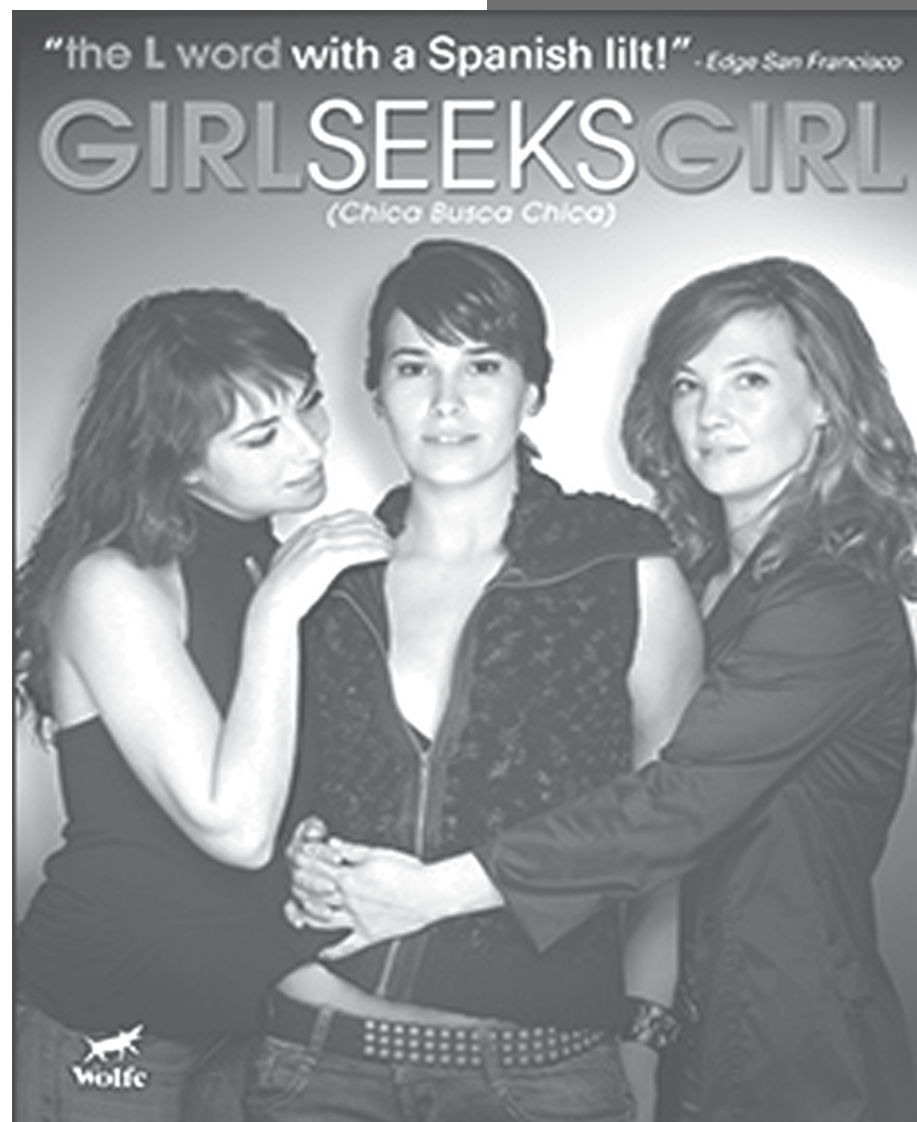
I had to wonder if the actress was on drugs or if the character was supposed to be so incredibly naïve that she would needed whispered instructions from Monica psycho and Carmen in order to complete her new girlfriend's orgasm.

As Carmen struggles to reconcile with her cheating boyfriend, Nines bounces between Monica's psychotic efforts to smother her with her obsessive love, and the woman in charge of Nines' comic book career whom also plays manipulative Lesbian love games.

At the same time, Nines pursues Carmen at home and at Carmen's psychology office. With all the advances Nines makes towards Carmen, one expects the two will eventually end up together and have some really hot sex.

Well, you will be sadly disappointed. The movie's ending leaves the audience to wonder if the filmmaker ran out of time, resources or both as there is really no resolution to the Nines', Monica, Carmen triangle.

Sorry to say there isn't anything more to this independent foreign movie but a few hot lesbians. It's just not one for the home video collection.





PHOTOS AND STORY  
BY JENIFFER WERTZ

## Las Vegas Girlfestival "RWCB", "Jammin' Jo" "Next Door Neighbor"

All right ladies, pack your bags and get to Vegas because you won't want to miss this! The third annual Las Vegas Girlfestival is being held Oct. 17 - 26. The Las Vegas Girlfestival is an event that showcases female musicians and artists, performing various types of music, the spoken word, poetry, film, dance, and visual arts.

The artists consist of all ages and genres, performing in various venues throughout Las Vegas. The goal of the event is to spotlight female artists and performers. Sounds like a good time to me, and I am fortunate enough to be able to go cover the event for MGW, traveling along with my favorite female band from Sacramento, who will be playing live in Vegas!

LVGF is presented by the Worldfolk Foundation, which is a non-profit organization dedicated to promoting people, music, and culture in the world. Per their website at [lasvegasgirlfestival.com](http://lasvegasgirlfestival.com), there are about 45 artists scheduled to perform, including our own Sacramento band, Rendezvous w/Cool Beans (RWCB) [www.myspace.com/rendezvousliveband](http://www.myspace.com/rendezvousliveband).

The venues are at various locations throughout Las Vegas. Check the Las Vegas Girlfestival website for the calendar of events. By now if you have been following my articles, you have probably

figured out that I have a secret rock star fantasy that I am living out vicariously through RWCB. You got me, but what's wrong with that? Don't we all have at least a little bit of that in us?

My problem is that I can't play an instrument or sing a note, which probably makes me have more appreciation for those that can. You can imagine how excited I am to have the opportunity to travel with RWCB to Las Vegas to cover this event. I'm going to Vegas, staying at the top of the Wynn hotel/casino, hanging out with rock stars, and spending a weekend surrounded by female artists and events, how cool is that?

We will be there from Friday Oct. 23 - 26. In this case, what happens in Vegas doesn't stay in Vegas. I should have a lot to talk about by the end of the three day weekend. I'll give you the scoop when I get back. Look for my next article, "Embedded in Vegas". Hopefully, you can be there too. C'mon, just jump in the car and drive, or take the easy hour and 20-minute flight. I also had the opportunity to see another local band play at Headhunters last Saturday night. It was a male/female acoustic duo named "Next Door Neighbor", (See photos on next page.)

While they will only be playing there occasionally on Saturday nights, I would

recommend you check them out if you get the chance. Both members have great voices, and their song selection was right on.

The male member (no pun intended), Nathan, told us a very cute story of how they got started. He said they actually are next door neighbors, and his kids wanted to swim in her pool. She had a guitar sitting there, and he used to be in a band. They hit it off and started playing together about three months ago. They are definitely worth checking out, oh and, Ginger is HOT!

Last but not least, Jammin' Jo is back at Club 21! I don't know how many complaints I hear from women about how we don't have a place of our own, but we need to support them when we do if we want to keep them. So, Jo is back spinning tunes every second Saturday from 6:30 p.m. - 1 p.m. at Club 21, 1119 21st St.

She said she advertises Disco oldies, but basically plays to the crowd and also has Country and Hip-Hop, depending on who shows up and what they want to hear. There is a \$5 cover, of which a portion or sometimes all is donated to mostly local LGBT charities.

For more info, call Faces at 916-448-7798, or check out Jo's website at [jamminjo.com](http://jamminjo.com).

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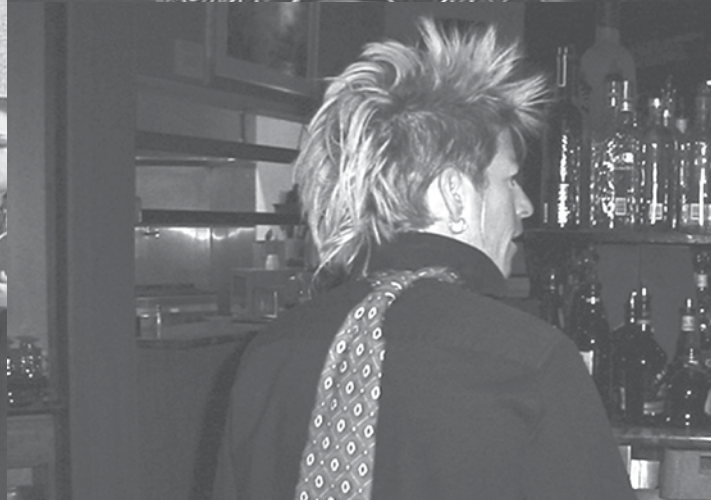
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## JAMMIN' JO PRODUCTIONS

ASSORTED PHOTOS FROM "WOMEN TAKE BACK THE NIGHT" HELD AT THE STATE CAPITOL. A NEW LOCAL ACOUSTIC DUO NAMED "NEXT DOOR NEIGHBOR" PLAYING AT HEADHUNTERS AND VARIOUS SHOTS AT HEADHUNTERS AND DEPOT. PHOTOS BY JENIFFER WERTZ



# Lambda Players Celebrate New Theatre with Classic Play

The Lambda Players unveiled their new and permanent performance space with a production of the classic stage play *Suddenly, Last Summer* written by Tennessee Williams and directed by Elly Award-winner Sunny Sorrels. The production runs through October 31, with performances on Friday and Saturday evenings at 8 p.m. Sunday matinees have been scheduled at 2 p.m. on October 11 and October 18. Please note that performances will not be held on October 10 and October 24. General admission tickets are \$17. Students, seniors and SARTA members can purchase discounted tickets for \$15. Group rates are available. Tickets can be purchased by calling the box office at 916-444-8229 or visiting the Lambda Players website at [lambdaplayers.com](http://lambdaplayers.com).

*Suddenly, Last Summer* tells the wicked tale of Catharine Holly (played by Lynnette Blaney), a young woman who appears to go insane after her cousin Sebastian dies on a trip to Europe under mysterious circumstances. Sebastian's manipulating mother, Violet Venable (played by Kristen Wagner), tries to cloud the truth about her son's homosexuality and his death, in a desperate attempt to have him remembered as a great artist. Violet threatens to have Catharine lobotomized for her incoherent utterances relating to Sebastian's demise. Under the influence of a truth serum, Catharine emotionally reveals the gruesome story of Sebastian's death at the hands of local boys whose sexual favors he sought.

*Suddenly, Last Summer* also features performances by Thomas Moore, Steve Lozano, Susan Soesbe, Ann Marie Patterson and Cynthia Drumbor.



This production marks the inaugural performance at the Lambda Players new venue, located at 1127 21st Street (at the intersection of 21st and L Streets), which boasts 4400 square feet of rehearsal and performance space.

Under the guidance of president Chris Crittenden and the creative vision of artistic director Tom Swanner, the Lambda Players are an all-volunteer, non-profit organization that began as a project of the Lambda Community Center (now called the Sacramento Gay & Lesbian Center) in 1989 as a response to the lack of local gay, lesbian, bisexual and transgender theatre.

Their mission is to educate and entertain, through the medium of live theatre, with subject matter relevant to the gay, lesbian, bisexual and transgender population. Fulfilling their mission, they strive to provide a safe, non-discriminatory environment for artists of all sexual orientations to join together in celebration of the LGBT community.



ABOVE: PHOTOS OF THE INSIDE OF LAMBDA PLAYERS' NEW THEATRE. PHOTOS BY NATHAN FELDMAN; BELOW LEFT AND CENTER: CAST AND CREW SHOTS FROM THE NEW PRODUCTION OF *SUDDENLY, LAST SUMMER*. PHOTOS BY NICK A. MORENO; BELOW RIGHT, LAMBDA PLAYERS' PRESIDENT DAVID STEWART POSES ON THE SET OF THE NEW THEATRE. PHOTO BY NATHAN FELDMAN





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## WHAT IS PRIME TIMERS?

Prime Timers is a social organization for Gay, Bisexual, Transgender Men and their Admirers. Anyone can email our local chapter at [primetimerssac@comcast.net](mailto:primetimerssac@comcast.net), or logon to our national website at [primetimersww.org](http://primetimersww.org). Prime Timers is a world wide organization and Sacramento is the 70th chapter.

## TELL US ABOUT THE SACRAMENTO CHAPTER.

The Sacramento Chapter was started in June 2009 when the President of the Minnesota Chapter, Dennis Wiegle, moved here after meeting his partner, Jess Adams, who was living in Sacramento. Denny contacted me [Gary Ferderer] and the Chapter started to emerge.

We have an amazing board who works very hard and I would like to recognize all their hard volunteer work. Our board is: Carl Cronn, (Member-at-Large), Dennis Wiegle (President), Gary Ferderer (Temporary Vice-President), Jim Joseph (Treasurer), David Philipson (Secretary) John Walker (Member-at-Large) Jess Adams (temporary behind the scenes fill in) and finally Ralph Goodall (retired board member).

## WHAT ARE YOU HOPING TO ACCOMPLISH WITH SACRAMENTO'S PRIME TIMERS?

We want to provide a social outlet for men in their prime years that want something other than a bar setting.

## WHY DID YOU GET INVOLVED WITH THIS GROUP?

In 2007 I was at the yearly world wide conference in Reno, NV because I admire older, mature men and Sacramento did not have social gathering place to meet them. I was the only person from Sacramento out of almost 500 men from around the world. That's when I was approached by one of the world wide organizers asking if I had the energy to start a Sacramento Chapter. Then I got a call from Denny (our new Sacramento Chapter President) and everything fell into place.



## WHY WOULD YOU ENCOURAGE PEOPLE TO JOIN/SUPPORT PRIME TIMERS?

I encourage anyone who sits home on and says there is nothing to do, or I am too old to go out and meet men who don't normally go out. We have all ages in our group; 21 years to 80 years.

## WHAT MAKES PRIME TIMERS UNIQUE?

We are consistently on the move. Groups on morning walks, groups for breakfasts, lunches, dinners, San Francisco outings and much more.

## WHAT DO YOU SAY TO THOSE WHO THINK THIS IS JUST A DATING GROUP FOR OLDER MEN AND THEIR ADMIRERS?

The Prime Timers Organization is not a sex or dating group. But, if you are single and meet someone you are attracted to,

I think it's wonderful that the Organization was helpful to find that possible lifetime friend or partner.

## DO YOU FEEL OUR COMMUNITY OVERLOOKS/IGNORES OUR OLDER MEMBERS?

When I do go out to the bars on occasion, I often feel I am transparent to the younger crowd. As we age, we are less and less recognized — unless of course you go to Florida or Palm Springs. Sacramento has a large older crowd, we just need someplace to go — Hopefully Prime Timers is the answer.

## HOW DOES ONE BECOME A MEMBER?

Right now we have approximately 50+ members. To become a member of the Sacramento Prime Timers Organization, I would invite anyone Interested to attend our Chapter monthly brunch at Headhunters at 20th & K Sts. We have membership applications on hand. You can also email us for date, place and time

PRIME TIMERS/COURTESY PHOTO  
BY LARRY LAUSZUS

[atprimetimerssac@comcast.net](mailto:atprimetimerssac@comcast.net).

## IS THERE AN AGE REQUIREMENT?

Members must be at least 21 years old.

## WHAT DO YOU SEE PRIME TIMERS DOING FOR OUR COMMUNITY?

Prime Timers is a world Wide Organization. By having a Sacramento Chapter we will have many men from across the globe recognizing Sacramento as a destination and possibly Sacramento might one day host the World Conference, bringing money into our local economy. This years conference is in Toronto, Canada.

We've already supported many local restaurants in the area with our dining out groups. I might add to food-oriented businesses in Lavender Heights, that we need a seven-day a week breakfast restaurant — Prime Timers love their morning social hour.





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## Reaching Out To Human Nature

AUSTRALIAN POP STARS HUMAN NATURE TALK ABOUT CAMPING IT UP AT SYDNEY MARDI GRAS, GETTING SMOKEY ROBINSON'S BLESSING, AND TOURING WITH MICHAEL JACKSON

Since 1994, Australian pop stars Human Nature have earned 23 platinum awards in their native country and have toured throughout the world. Their largest audience was at the Sydney Olympic Games in 2000 where they performed before 4 billion viewers worldwide. The band has had 17 Top 40 Hits and Five Top Ten Hits since 1996, has opened tours of Asia and Europe for both Michael Jackson and Celine Dion, and have won several Arias (Australia's version of the Grammys) and virtually every other major entertainment award that country has to offer. Their last four releases in Australia have reached #1 on the charts there.

Now Human Nature has set their sites on America. The group is launching its assault via a headlining run at The Imperial Palace Hotel & Casino in Las Vegas in a show presented by their mentor and friend Smokey Robinson. The show, billed as "The Ultimate Celebration of the Motown Sound," is running now through May 2010. During their run, the boys will also be performing select dates in several other U.S. cities.

Their new album, *Reach Out*, is a collection of songs that pay tribute to some of the best songwriters and performers in Motor City—and to the renown recording studio and record company that brought the sound of young America to the world. On *Reach Out*, Human Nature—Toby Allen, Phil Burton, Andrew Tierney, and Michael Tierney—bring an infectious energy and their amazing vocal talents to music that has inspired them throughout their storied career.

Here, the guys talk about their love of American soul music, touring with Michael Jackson, and the night they camped it up for thousands of screaming gay fans at Mardi Gras in Sydney.

**Q:** How did four hot Aussie guys end up singing Motown songs in Las Vegas?

**Toby Allen:** Come November, we've been together 20 years, releasing albums in Australia for the last 15 years. Our last 3 albums were us doing Motown classics, and they took Australia by storm. It's always been a dream of ours to release a record in the U.S., and now, with the Motown songs, we felt it was the perfect opportunity for these Aussies to bring the music of Motown "back" to America. We've always thought that the way we present this music would work really well in Las Vegas. To test the waters, we did a Motown show in Atlantic City, and the reaction was fantastic. And then last year, this opportunity in Vegas presented itself, and we're really excited to be here.

**Q:** It seems like doing these very American songs might be a great way to get your music before a U.S. audience.

**Andrew Tierney:** We originally did the Motown records because we loved the idea, and we love the music. And then all of a sudden, it just kind of happened. Then, in Australia, after it was a success, we'd hear people say, "This would really work in America. Why don't you guys try that?" Other people would say, "You should put this show in Vegas." As a way to introduce us to America, we're really proud of this show and this record. And having Smokey introduce us, it gives us a blessing straightaway.

**Q:** What's it like being famous in Australia and not as well-known—yet—here in the States?

**Toby Allen:** It's actually starting to happen now. I saw a woman in the supermarket yesterday, and she said, "Your name wouldn't happen to be Toby, would it?" She told me she saw the show with her husband, and they loved it so much, they came

back a second time. Ultimately, we feel grateful to have gotten here, performing on the Strip. Now, we just have to let the rest of the country know.

**Phil Burton:** For us, it's a challenge we want to rise to. We've had a lot of success in Australia, and we relish the idea that maybe someday that will happen here. It's not something we feel bad about; we like the idea of starting over fresh.

**Q:** What's it like actually living in Las Vegas?

**Michael Tierney:** It's definitely different than Sydney, where we all come from, but we enjoy living here. I guess the majority of people who come to Vegas are here for a few days, and they try to take in everything on the Strip. But for us, it's become real life. We're not actually living our lives on the Strip—we've moved ten to fifteen minutes away.

**Andrew Tierney:** Yet, at the same time, I wanted to feel like we lived close enough to feel the Strip. You're living in Vegas, so you might as well live in Vegas.

**Q:** You guys have been together for 20 years now. Do you all get along?

**Phil Burton:** It's like a marriage without sex [laughs]. We do fight every now and again, although there's never been a punch thrown.

Something that Smokey Robinson pointed out to us, which is true, is that the groups that started for the enjoyment of singing and having fun are the ones that stayed together. And that's why we originally got together—to have a bit of fun singing while we were in school. Also, we've gotten really lucky in that all four of us seem to enjoy working on the same path. No one wants to break off and do their own thing.

**Q:** Was it jarring for you to go from singing the mainstream pop music you did earlier in your career to these soul classics?

**Andrew Tierney:** I think it was originally more jarring for the fans than it was for us. We just thought it was a natural thing because we'd always sung bits of Motown throughout our career in addition to bits of soul and gospel. Our older records were more pop, but they always had the kind of harmony structure that the Motown songs have. To ease our fans into it, we put a Motown section in the middle of our live show, choreographed it ourselves by looking at some old Motown videos, and the crowd just went berserk. But even with that, some of the fans were still a bit dubious because we decided to take it the whole way and wear the suits and really have fun with it.

**Q:** I also think part of the reason why the show works so well is that you all seem very connected to each other, particularly when you sing, "People Get Ready" and "Ooh Baby Baby."

**Andrew Tierney:** There's so much history that we share together. We're just so secure and comfortable with each other onstage. We each know innately what the others are going to do onstage, we don't even have to think about it. You almost know when they're going to breathe. That means we also go flat and sharp together, too [laughs]. It's become totally unconscious. It's...well...human nature [all laugh].

**Phil Burton:** We could never do this show if one of us was sick. If someone else was up there, you'd constantly be thinking, "What's this other guy going to do?" It would ruin your own performance because all of a sudden, you're thinking about things you've never thought about onstage.

**Michael Tierney:** And particularly on those acappella moments, you have to have that kind of

innate connection with each other because you're so exposed. You have to feel it to make those moments come across.

**Q:** Let's talk about the dancing. I know you're not lip synching, so how are you able to do all of those athletic moves and still keep singing?

**Andrew Tierney:** There's one song for me—"Uptight"—where it really feels like a spin class.

**Phil Burton:** At the end of the show, we all come off drenched.

**Toby Allen:** We have thought about releasing the Human Nature Motown Instructional Weight Loss DVD. It comes with a 3-piece suit [all laugh]. We can't afford to get to the end of the show looking like we didn't give it everything. There are a couple of light-headed, pain-in-the-chest moments when we're offstage after the show [all laugh], but what's important is that people enjoyed the show.

**Q:** The moves go with the music, but they're also modern and sexy.

**Michael Tierney:** We were inspired by old Motown groups, but we didn't want our choreographers to actually copy them. I mean, I've watched a lot of Four Tops videos, and none of the guys really moved like that. The dancing is over the top in parts, but that adds to the music and to the show. It's ramped up and also a bit tongue-in-cheek.

**Andrew Tierney:** There are some moves that are a little cheeky and cheesy. But think about a song like "Sugar Pie, Honey Bunch." It's a cheeky song. Basically, if you look like you're enjoying yourself, people go along with it and have fun.

**Q:** You guys have had a very varied career in Australia, both together and alone. Toby performed in Cabaret and was on *Dancing with the Stars*. You all toured in a symphonic concert of Beatles songs conducted by George Martin. And, you sang the Australian national anthem at the opening ceremonies of the 2004 Olympics in Sydney. That must have been an honor.

**Phil Burton:** That's still one of the biggest things we've ever done. We felt like we were chosen to represent the best of Australian music to the world. It was like saying, "This is what we have in our country."

**Q:** You also toured with Michael Jackson in Australia and Europe. How was that?

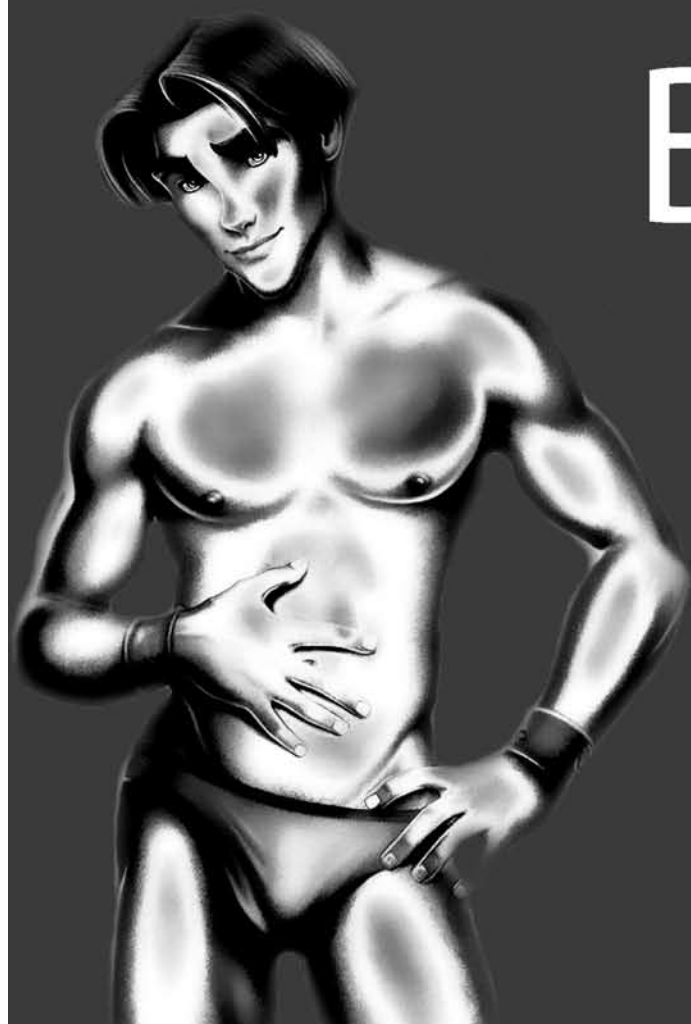
**Michael Tierney:** It's more amazing now knowing that it was one of the last times anyone would get to see him live. It was incredible for us because it was right after our first album, and we were doing shows in these huge venues, like Wembley Stadium, with 100,000 people there. It was also great to be able to go out after our show and watch Michael Jackson perform. We couldn't help but learn things and be blown away by it all.

**Toby Allen:** Eventually, we were blessed with a meeting the third to last show of the tour. We went up to the side of the stage to this quick-change area where he was getting his makeup done. He seemed like a pretty casual guy to talk to. We had a photo with him—never saw it—but just to be able to say "G'day" for that 5 minutes was pretty cool.

**Q:** Hot guys like you, you must have a lot of gay fans in Australia.

**Andrew Tierney:** We're definitely aware of our gay fans. We did Mardi Gras in Sydney once, it was really great. We'd always thought it would be a cool thing to do. It was weird to hear the difference in the screams in our audience. We were used to the screams being a lot more high-pitched, but this was more of a roar [laughs].

**Phil Burton:** It was the only time we've ever gone onstage at 4am. That's the headlining spot. We did "I'm Your Man" by Wham. We looked pretty camp, but butch camp. It was really fun to dress like that and do that kind of posturing, something we've never done before in our shows, to kind of preen around like Freddie Mercury [all laugh].



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**TOM SWANNER HAS BEEN A FILM REVIEWER FOR 11+ YEARS. HE LIVES IN SACRAMENTO WITH HIS 26-YEAR-OLD BOYFRIEND SEAN AND THEIR GROSSLY OBESE DAUGHTER (READ DOG) "HONEY".**



**BRIAN JUDD HAS BEEN A FILM REVIEWER FOR 7 YEARS. HE LIVES IN THE BURBS WHERE HE FRIGHTENS HIS NEIGHBORS AND A PORTRAIT OF ANITA BRYANT HANGS OVER HIS BED SO HE CAN POINT AT HER AND LAUGH DAILY. HE IS ALONE AND BITTER AND LIKES IT THAT WAY.**

## Swanner & Judd

SWANNERANDJUDD.COM

### THE INVENTION OF LYING

Swanner: In a world where there are no lies, one man discovers that lying can change his life forever. Ricky Gervais (from BBC's The Office) wrote and directed this clever and original comedy with his collaborator Matthew Robinson. Gervais plays Mark Bellison, a chubby snubbed nose writer loser...I can say these things because the film reminds you of it all the time. Remember, in this film everyone tells you the truth. It's like a visit to Brian's house. Gervais is in need of money after being fired and evicted and lies to a bank clerk to get more cash then his account holds.

Judd: It's funny you should say it's like a visit to my house, because during the intro when they were explaining that nobody lies and sometimes truth can be harsh, I thought to myself, "I would love to live there." There were things I really liked about The Invention of Lying and there were somethings I didn't like about the movie. I think my biggest problem is that the movie tried to be too many things. Comedy, romantic comedy, social satire, and a warm and fuzzy "hope movie".

Swanner: I think the warm fuzzy thing was underplayed for the most part, which is a good thing. It was there, but not the film's focus. I thought it worked really well on the comedy and social satire element but the romantic comedy part didn't work as well because Gervais doesn't look like the romantic leading man we have grown to expect. I guess that makes me one of those people the movie was trying to satirize. I feel so shallow.

Judd: Yes, you horrible fat person you. Speaking of you being enormously fat, this movie was built around fat jokes. Horrible, insensitive, insulting, hysterical fat jokes. I especially liked Gervais' stained sweatpants clad alcoholic best friend played by Louis C.K.. I couldn't stop laughing. Actually, the only time I wasn't laughing is when Gervais was pining away over Jennifer Gardner.

Swanner: This is why I wouldn't want to live in that world. I don't want to spend all my time being insulted by Brian. I know Brian would be a major A-hole and would revel in that world. The supporting cast was really good and the film is full of cameos which I thought was a very pleasant surprise.

Judd: No doubt this is a big movie, with a big cast, tackling big issues. I think it's completely worth a full-price ticket on weekend. I also know that most people aren't as anti-romcom as I am, and if they are just know that the fat guy in the park balancing a sandwich on his gut makes up for all that romantic nonsense.

Swanner: I hope this review makes people understand what it's like working with you ... it's my own personal hell

Swanner: 3 Stars  
Judd: 3 Stars

### ZOMBIELAND

Swanner: After a worldwide pandemic, only a few humans survive in a world overrun with zombies. That's the premise to this new comedy starring Woody Harrelson and Abigail Breslin. Brian and I braved a screening of

Zombieland that also had a costume contest. If you dressed like a zombie you got to see the movie. Almost 70 people dressed up or did they? I'm pretty sure there were real zombies there. It was a white knuckle experience.

Judd: Ugh, you're such a sissy. I the only thing I braved was the chance of this movie sucking. The zombies behind us may or may not have been real, what was real was the humor, the gore, and the midnight mania fun that Zombieland provided. Zombieland is



going to be a cult classic, guaranteed.

Swanner: I loved the way they played with the graphics. One of the characters makes a list of rule on how to survive in Zombieland. So through out the film rules will pop up on screen and many of them add major laughs to an already funny film. I really like how fresh this film made the whole zombie experience. I also noticed that the movie is better than it's trailer, which is rare coming from Hollywood. I may have white knuckled my way through the movie but I still had a really good time.

Judd: The casting in the movie was fantastic. Woody Harrelson is the major player in the movie and you can tell he's in it to have fun. Abigail Breslin adds a little prestige and Emma Stone adds some sex appeal. I think the best choice was casting Jesse Eisenberg in a role that easily could have gone to Johnny-One-Note Michael Cera who would have ruined the movie.

Swanner: I agree, Jesse Eisenberg is the heart of the movie both emotionally and socially. He's our every man character and I felt like I could trust his lead. He thought through things like I do. Most leads are pretty and that's about it, but here, seeing

Eisenberg survive, tells me if I was any good with cardio I might just survive in Zombieland too.

Judd: If a person has to be good at cardio, we're doomed. The movie mentions that during a zombie outbreak fat people are the first to go. Even meeting up with someone like Harrelson wouldn't save our fat asses. And you're afraid of firearms, so you're even more doomed than I am. I'd abandon you to die a gory horrible death. Speaking of gore, the movie has plenty of it. Zombie heads

exploding, zombies vomiting black and green goo, feeding scenes. There's enough gore for everybody!

Swanner: I was surprised how much gore there was but they were having fun with the whole "zombie" genre. If you have a problem with gore...you'll know by the end of the opening credits whether or not you'll make it through the film. I will say that after five minutes I was completely numb to all the flesh ripping and bile spewing. My biggest problem with the movie was the 70 zombies sitting behind me during the screening...had one of them screamed brains, I'm sure I'd have soiled myself.

Judd: Pussy. I would suggest that you and all of our readers who are Zombiphobic avoid all midnight screenings of Zombieland. And for all of our non-pussy readers, I say that if their local cinema happens to have a midnight screening, that's the one to attend.

Swanner: The idea of a midnight screening of this made my flesh crawl...I guess that's the point

Swanner: 1 1/2 Stars  
Judd: 4 Stars

## DO YOU NEED A PERSONAL TRAINER?

They're popular and they get results, yet some people shy away from training because they're unsure of what they'll get out of the experience or whether it's worth the money. We all need a little help with exercise sometimes and a trainer provides certain benefits that you don't have when you're working out on your own. Here are a few reasons why a personal trainer may be the right decision for you.

**Accountability and Motivation.** A trainer provides accountability. There's nothing like a standing appointment to get your butt in gear for a workout. The built-in motivation of investing your money and time makes it harder to skip your workouts. A trainer provides structure and support. A consistent exercise program is more enjoyable, and it's easier to stick with the program when you have professional guidance. <http://exercise.about.com/od/plateausmotivation/a/motivation.htm>.

**Efficiency.** A personal trainer can maximize results in minimum time by creating an exercise plan specifically for your body. The one-size-fits-all exercise program is inefficient and wastes time. Differences between men and woman, beginner, intermediate or advanced, young

or old, fast or slow metabolisms, special conditions, limitations and goals all need to be considered when creating an efficient exercise plan.

**Workout Safety.** A personal trainer watches your form, monitors your vitals and can provide objective feedback about your limits and strengths. Most of us tend to ignore some of the subtle signals our body provides. We either push through pain or give up too soon. A trainer can watch what you are doing while you are doing it, and can help push you or slow you down as necessary.

**New to Exercise or Need to Get Started.** Beginners can benefit greatly as a trainer can help you maximize your time while helping you stay within your limits so you don't overdo it. Simple yet effective routines build and tone muscle, increase energy, and reduce fat. Knowledge, structure, and personal accomplishment build confidence, and maximize results. A trainer can also help you set goals and map out a specific schedule so you know when, how and where you'll fit in your workouts, and teaching you how to build and modify a fitness program to achieve optimum results.

**Need Privacy or Hate the Gym.** Find a personal trainer who works independently in a private training studio. If you hate waiting in lines in an overcrowded superym hire an independent trainer as equipment, time and one-on-one attention are reserved for you alone. In today's economy a private

trainer with a private studio is reasonable and economical.

**Lose Weight.** The number one reason people hire a personal trainer is to lose weight and get into shape. If your resolution is to lose the fat and build muscle, a trainer can keep you on track and help you achieve your goals.

**Individualized program and instruction.** People with chronic health conditions and injuries benefit from trainers who are helping clients by working within their health care providers guidelines. Planning a safe and efficient program can keep you injury free so you can reach your training and health goals.

**Specific Illness, Injury or Condition.** If you have any specific issues like arthritis, heart disease, old injuries (knees, shoulders, back, etc), working with an experienced trainer (who works with your doctor) can help you find a program to help heal injuries and avoid any further problems. Want a safe, effective workout to keep you healthy and fit? Make sure your trainer has experience with your specific issues! <http://exercise.about.com/od/healthinjuries>.

**Improve Technical Skills, Sport or Event.** If you play a particular sport, a sport-specific trainer can help you improve your skills by showing you new training techniques specific to your sport. A trainer will incorporate skills training into your program so you improve strength, endurance, agility and mental focus. An experienced trainer can help you figure out what you need to do to stay strong without taking away from your other training. A trainer can also help create a training program and map out a plan for the coming event. Find an experienced trainer who does sport-specific training.

**Bored or Need to Be Challenged.** If you need some variety in your workouts, a trainer can bring a fresh perspective, new ideas, workouts, and exercise toys to challenge both your body and your mind. A trainer can also motivate you to push past those self-imposed limits, encourage you to lift heavier, go longer and challenge yourself more than you would on your own. It's very hard to slack off with a trainer standing over you! <http://exercise.about.com/od/exerciseworkouts/a/liftingheavy.htm>.

**At a <http://exercise.about.com/cs/exbeginners/a/exforbeginners.htm> Plateau, In a Rut or Not Seeing Results.** The best exercisers can get stuck on a plateau or need to break out of a rut. An experienced trainer is the perfect solution to jump start your routine and motivation to overcome plateaus and ruts. A trainer can also look at your current program and eating habits and help you see where you could make changes to create more effective workouts. A trainer can also help you determine if the goals you've set are realistic for you.

**Want Supervision and Support during Workouts.** Some people know how to exercise and they even know how to do the exercises correctly, but they like having a personal trainer for support and supervision. If you're lifting very heavy weights or need someone to help with partner-type exercises, working with a trainer might be a good choice for you. A trainer can spot you during workouts and help you come up with a good training plan for your goals. <http://bodybuilding.about.com>

"Safe Exercise Guidelines!" was last issue's topic. Remember today's tip, clip it out, save it on the fridge, and make sure to read the next issue's Fitness Happens topic.



MICHAEL A. COOK, AFAA (AEROBIC AND FITNESS ASSOCIATION OF AMERICA) HAS OVER 15 YEARS EXPERIENCE AS A CERTIFIED PERSONAL FITNESS TRAINER, AND IS OWNER OF FITNESS-HAPPENS.COM AND THE EAST SACRAMENTO TRAINING STUDIO. AS A REGULAR CONTRIBUTOR TO THE SACRAMENTO MGW NEWSPAPER, MICHAEL INTERVIEWS AND WRITES ON HEALTH AND FITNESS TOPICS. MICHAEL (COACH COOK) WELCOMES YOUR QUESTIONS, COMMENTS OR SUGGESTIONS WRITE TO MICHAEL COOK AT 3112 "O" ST., SACRAMENTO CA 95816 OR CALL 916.813.9009

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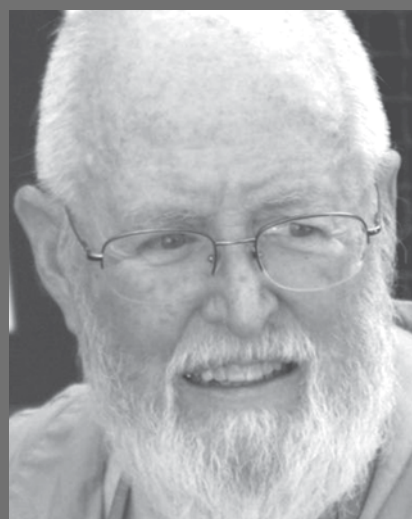
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JERRY SLOAN AT AGE 72 IS AN OUT PROUD GAY MAN AND HAS BEEN FOR 48 YEARS, HE SUCCESSFULLY SUED THE LATE REV. JERRY FALWELL AND THE PROCEEDS HELPED FOUND THE LAMBDA COMMUNITY CENTER (1986), HE IS ALSO COFOUNDER OF THE ANNUAL LAMBDA FREEDOM FAIR (1984) AND A FORMER MCC CLERGY WHO IS NOW A HAPPY ATHEIST. MRLAMBDA1937@GMAIL.COM

## So Called Christian Groups Who Hate Us Gay Folk

SOLILOQUY: TALKING WHEN ALONE (TO ONE'S SELF AND NOT BEING CRAZY, LOL): THE ACT OF SPEAKING WHILE ALONE, ESPECIALLY WHEN USED AS A NEWSPAPER COLUMN THAT ALLOWS THE WRITER'S IDEAS TO BE CONVEYED TO THE READER

Who are the leading anti-gay groups in California?

The three anti-gay groups I am talking about today all have similar mission statements saying their purpose is to promote Judeo-Christian values, the sanctity of life, parental authority and family friendly policies. This is all smoke and mirror language for being anti-gay and anti-choice in many facets of our life.

The Traditional Values Coalition: The Traditional Values Coalition (TVC) is the oldest of the anti-gay, homohating non-profits here in California. It was founded in 1984 by the Reverend Louis P. Sheldon and his wife Beverly as the California Educational Institute for Truth and Morality.

Sheldon took up his homohating career in 1978 as the Executive Director of Anita Bryant's Save Our Children/Briggs Initiative to ban gay school teachers and any employee of any California school who spoke favorably about homosexuality.

Since that campaign ole Lou has built a non-profit family business that has provided a comfortable living for him and his family employing his wife, daughter Andrea Sheldon Lafferty, her husband and at various times his sons.

He has crisscrossed the country inflating the size of his organization and has opposed glbt legislation on local, state and national levels. During the George W. Bush years he had unlimited access to the White House.

TVC's webpage contains such jewels as "Homosexual Urban Legends" which "exposes" such things that GLBT people don't make up 10% the population, the "Born Gay Legend," "Exposed: 30% of Teen Suicide Victims Are Homosexual .... NOT!!"

Lou has been known to talk about his powerful pheromones that turns on Mrs. Sheldon.

In the Form 990 for the year 2007 on file with the California Office of Charitable Trusts the TVC reports it had a net income of \$ 8, 534, 437.

The Capitol Resource Institute: It was founded in 1987 as the very first Focus on the Family (FOF) state policy organizations. There are now 36 such organizations affiliated with FOF and the Family Research Council.

The seed money came from Howard Ahmanson, Jr., heir to a banking and development fortune and Rob Hurtt, Jr., a major FOF contributor and president of Container Supply Company, manufacturer of plastic bottles and tin containers located in Orange County.

For the first 10 years or so of CRI's existence they supplied about 70% of its budget.

In 1987 James Dobson and FOF was still located in the city of Pasadena. He and his followers here California came to the conclusion "Christians" were not having any influence at the state legislature so they decided to start a lobbying group figuring they could get "Christian" oriented legislation introduced and passed into law.

They soon found that strategy would not work and that is a different story I will tell in a future column.

CRI has been a consistent anti-gay voice at the state legislature, area school boards and a source for anti-gay comments in the media all over the state.

Other interests of CRI are parental consent laws, creationism/evolution, anything they perceive that presents GLBT people in a positive way in any school curriculum. CRI has two or three workshops a year to teach their adherents how to lobby here at the legislature and the local level. The last workshop I attended several years ago was an anti-gay slugfest and a real study in Christian Nationalism with almost every speaker quoting David Barton a Christian America historic revisionist.

Each summer CRI gathers about 300 high school students to the University of California, Davis, campus for a week long training session called City on A Hill Youth Leadership Conference where the students are trained to resist pro-glbt programs in their schools and to promote "Christian Values."

CRI also sponsors the California School Board Leadership Council where they encourage school board members to promote creationism and anti-gay policies in their school districts.

Karen England is the current executive director of CRI.

The last Form 990 on file with the California Office of Charitable Trusts for the year ending September 30, 2007 shows CRI received \$ 241, 767 in income. This is a very small amount of money for all the damage this group does to the GLBT citizens of California.

The Pacific Justice Institute: This group has Howard Ahmanson, Jr., as its grandfather, or possibly step-grandfather.

The president of PJI, is attorney Brad Dacus, who originally was the California representative of the Rutherford Institute a legal organization started by Howard Ahmanson, Jr., and Dominionist theologian Rousas John Rushdoony of the Chaldeon Institute. The Rutherford Institute is headed by John Whitehead who has since renounced dominionist policies and has even defended some Metropolitan Community Churches in local zoning disputes.

Dacus at one time served as a legislative assistant to former Texas U.S. Senator and ardent homophobe Phil Graham.

Marghe Covino and I first talked to Dacus after we had rushed from a meeting in Los Angeles to attend a Sacramento City Council meeting where the council was discussing the establishment of a domestic partner's registry and he was there to speak against it on behalf of the Rutherford Institute. We found him not to have the most enlightened views of GLBT people.

In 1997 Rutherford decided to close its California office and Dacus started the Pacific Justice Institute. Since then PJI has become a leading anti-gay legal group in the state. It has filed several friend of the court briefs supporting both Prop 22 and Prop 8.

In April, 2007, Dacus appeared before the U. S. House of Representatives Judiciary Subcommittee on Crime, Terrorism and Homeland Security to speak against HR 1592, the proposed Matthew Shepherd Hate

Crimes Law.

Previous to his testimony he characterized HR 1592, "This so-called 'hate crime' legislation begins to lay the legal foundation and framework for investigating, prosecuting and persecuting pastors, business owners, and anyone else whose actions reflect their faith—as has already been starkly demonstrated in California, Canada, Europe and Australia. More than ever before, our society needs to heed voices of conscience—not haul them into court."

In 2006 it placed the Massachusetts Supreme Court in its National Hall of Shame for its decision to allow same sex marriage.

PJI has been a constant critic of the annual Day of Silence promoted by the Gay/Straight Alliances of the area school and has defended students who were told they could not wear T-shirts with homophobic messages on the on the basis the students were exercising their rights to free speech and religious expression.

It filed lawsuits in Seattle because the city granted domestic partner's benefits to city employees.

PJI reports in its Form 990 filed with the Office of Charitable Trusts a net income of \$ 1, 491, 258 for the fiscal year ending May 31, 2008.

These are just three groups that wreck havoc with the GLBT community of California. All too often too often the organizations and our so-called leaders have failed to confront these organizations using the excuse that to do so would only give them publicity.

In actuality what has happened is these groups have been able to spread their unchallenged lies time and time again and those lies cumulated in their successes in passing both Prop 22 and Prop 8.

As we all know some of RRR hostility has led to the violent death of many of our brothers and sisters and we have the opportunity to confront those lies at our Annual Day of Remembrance on October 18, 4 pm at the First Methodist Church, 21st and J Streets. See you there.



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## HERE AND THERE

BY JERRY SLOAN

United Nations: The new president of the United Nations, Ali Abdussalam of Libya, in response to a question about a UN resolution calling for the universal decriminalization of homosexuality, "It is not acceptable by the majority of the countries. My opinion is not in favor at all. I think it's not really acceptable by our religion, our tradition."

Topeka: A three-judge panel of the U.S. Circuit Court of Appeals in Richmond VA has set aside a \$ 5 million verdict against the Fred Phelps clan which was leveled against them for picketing the funeral of Marine Lance Cpl Matthew Snyder.

The original lawsuit was brought by Matthew Snyder's father, Albert.

"As a threshold matter, as utterly distasteful as these signs are, they involve matters of public concern, including the issue of homosexuals in the military, the sex-abuse scandal within the Catholic Church, and the political and moral conduct of the United States and its citizens," Judge Robert King wrote in the appeals court's opinion. Additionally, no reasonable reader could interpret any of these signs as asserting actual and objectively verifiable facts about Snyder or his son," he wrote.

Phelps' daughter Shirley Phelps-Roper, chortled, "They didn't change God and they didn't stop us," she said. "What they managed to do was give us a huge door, a global door of utterance. Our doctrine is all over the world because of what they did."

Brooklyn: Hundreds of students at Brooklyn Tech staged a counter protest when some of the Phelps Klan demonstrated across the street from the school to show the "brutes up there in Brooklyn what good looks like." The group carried signs denouncing, President Obama, Jews, and fags.

The students responded with "interracial group hugs" and their own signs rebuking the hate of the Phelps group.

Fishers, Indiana: 1200 discontented members of the Evangelical Lutheran Church in America met to decide about leaving the denomination over the decision to allow GLBT clergy and deacons with same sex partners. The chair of the dissident group, The Reverend Paul Spring, declared the church "had fallen into heresy." It was decided to take a year to decide what they should do i.e., remain, form a new denomination, or join another Lutheran group.

Manchester, England: Ian Carrington was fired from his position as a producer and presenter on a Christian radio station where he had worked since 2003. The station is operated by a local Manchester evangelical church. He was told he could no longer work at the station because he was a "practicing homosexual" he was "living in a state of sin," and it might make it difficult to raise funds if the audience knew he was gay.

Lynchburg, Virginia: Liberty Counsel, a "Christian" law group associated with the late Jerry Falwell's Liberty University has started a Pray for a Liberal program. The top eleven people for whom they are urging prayer is, President Barak Obama, New York City Mayor Michael Bloomberg, Secretary of State Hillary Rodham Clinton, U.S. Representative Barney Frank, Secretary of Homeland Security Janet Napolitano, Speaker of the House Nancy Pelosi, U.S. Senate Majority Leader Harry Reid, California Governor Arnold Schwarzenegger, U.S Senator from Maine Olympia Snow, avowed Evangelical White House Director of Science and Technology John Holdren, Americans United for Separation of Church and State Executive Director the Reverend Barry Lynn, and The Unknown Liberal.

Liberty Counsel asks people "Pray that the Lord would move upon them and cause them to be the kind of leaders who will encourage others to lead 'a quiet and peaceable life in all godliness and reverence.'" It should be noted Liberty Counsel is not asking their followers to pray imprecatory prayers.

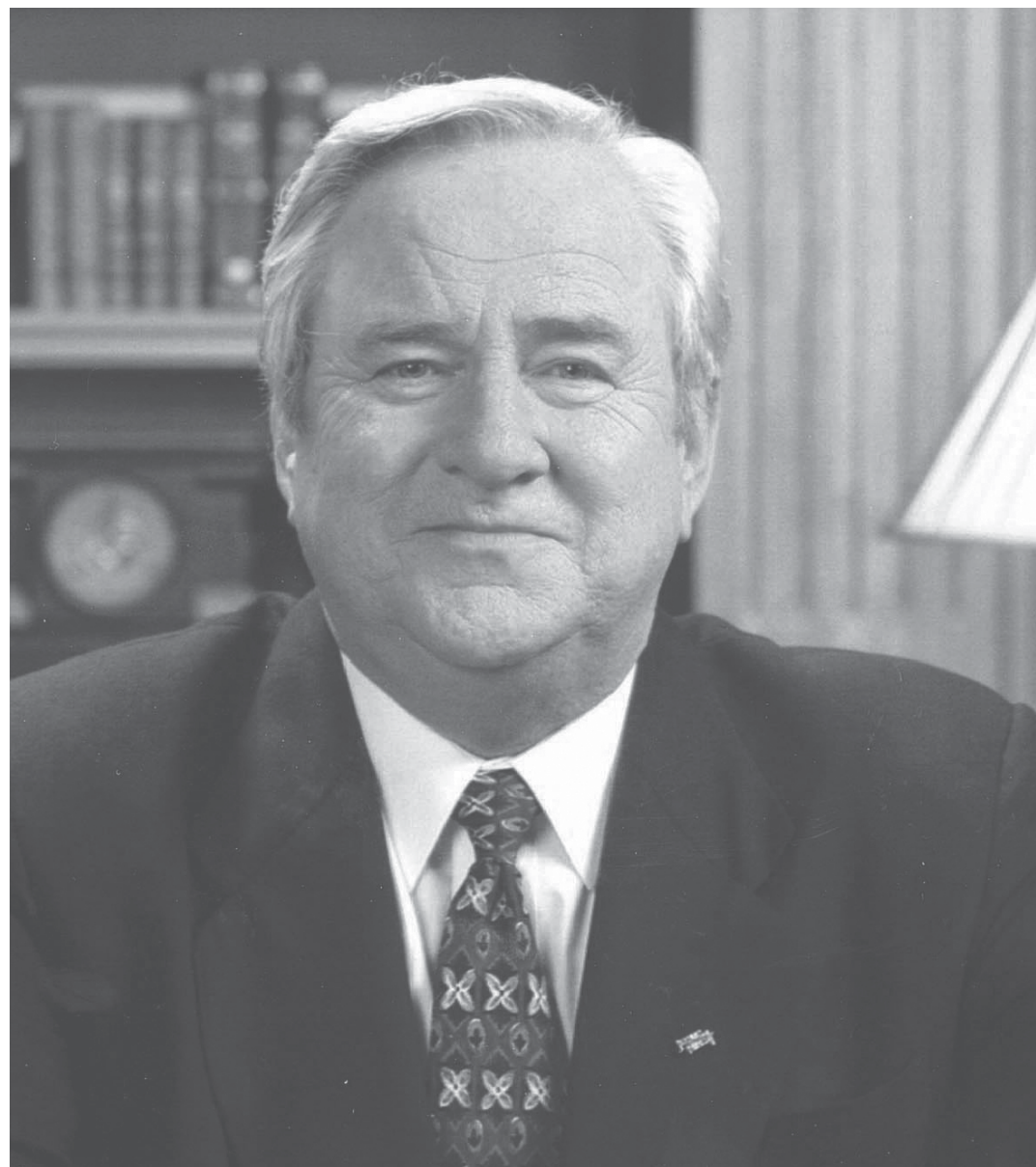
Lynchburg, VA & Canton, OH: The late Reverend Jerry Falwell was inducted into two different halls of fame. In Lynchburg he was inducted into the Liberty University Sports Hall of Fame. Of course, he never played on any Liberty U sports team but was honored as the biggest sports fan. In Canton Ohio he was inducted in the Canton Baptist Temple's Christian Hall of Fame. His portrait now joins the likes of Charles Wesley, Martin Luther, James Dobson and some other of the early church fathers.

TV-Land: The Gay and Lesbian Alliance Against Defamation (GLAAD) reports there are 44 GLBT characters making regular appearances on network and cable TV this season. "Americans now see GLBT couples marrying, raising families and contributing to their communities," said GLAAD president Harriet Barrios.

Censorship, USA: Banned Book Week (Sept. 26 - Oct. 3, 2009) sponsored by the American Library Association and other organizations listed And Tango Makes Three, the story of the gay penguins at the New York Central Park Zoo, as one of the books most requested to be removed from library shelves. Since 2001 there have been requests to ban 3736 books from the library shelves in the US. The reason given for such requests include the books are "anti-ethnic, anti-family, homosexuality, religious viewpoint, and unsuited to age group".

Lodi: (2007) Justin Richardson and Peter Parnell's And Tango Makes Three was challenged at the Lodi Public Library by a resident deriding what she called the book's "homosexual story line that has been sugarcoated with cute penguins." It was returned to general circulation despite complaints.

Denton, TX: The student senate voted to ban same sex couple for running as candidates for homecoming king and queen. The vote was 5 for, 10 against and



8 abstentions. Those who voted no cited parental threats to remove their children from the university and alumni threats to withdraw financial support to the school.

Washington, D.C.: The National Black Justice Coalition has appointed Sharon Lettman as its new Executive Director. Lettman comes to the NBJC from People for the American Way where she served as vice president for leadership programs and external affairs.

The U. S. Supreme Court refused to hear the appeal of St. James Episcopal Church which split from the Episcopal Church USA over the ordination of the Rt. Reverend V. Eugene Robinson as Bishop of New Hampshire. California courts ruled the church had every right to leave the denomination but could not legally take their property with them.

Tupelo, MS: The American Family Association and many other Religious Right Organizations are calling for the resignation of Kevin Jennings, founder of the Gay/Straight Alliance clubs in schools across the country and recently appointed "Safe and Drug Free Schools" czar by President

## JERRY FALWELL/COURTESY PHOTO

Obama. They claim Jennings, 20 some years ago, failed to report to the authorities a student who confided in him the student had the previous night had sex with an adult.

The problem with the accusation is at the time the legal age for young men in Massachusetts to have sex was 16 and the student was sixteen. The young man who is now a 30s something adult has made a public statement saying the RRR is wrong in its accusations and Jennings, who at the time was in the closet, has said he probably could have given the student better advice than he should wear a condom points out 20 years ago most teachers were not trained to deal with glbt students nor was there many places for them to be sent for counseling.



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## Earth Talk

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*Why are bed bugs a big issue right now? Where do they come from and what real harm do they do? Are there non-toxic ways of dealing with them?*

Bed bugs, tiny little rust-colored insects of the Cimicidae family, live by feeding on the blood of humans and other warm-blooded hosts. They get their name from their favorite habitat: mattresses (they like sofas and other cushy furniture, too). Bed bugs are most active at night, just when you're asleep in your bed and easy prey. While their bites can be itchy, bed bugs are more of a nuisance than a health threat at this point.

For reasons still unknown to public health experts, certain cities across the U.S., Canada, Australia, Europe and Africa have seen an explosion in bed bugs in recent years. According to Larry Pinto, author of *The Techletter*, a leading information source for

the pest control industry, increased worldwide travel and the rising popularity of second-hand goods may be factors in the resurgence of bed bugs, but the most likely reason is our rejection of DDT and other harsh insecticides composed of chlorinated hydrocarbons.

Pinto suggests that the kinder, gentler pesticides available now, as well as more conservative pest control methods (such as using bait traps for specific infestations instead of all-around, periodic preventative spraying) are less effective at keeping bed bugs—and likely other pests—away. “Modern insecticides are proving to be somewhat ineffective against bed bugs,” he reports, adding that insects can also develop some level of resistance to insecticides in general.

Due to the bed bug problem in many cities, charities like Goodwill often won't accept old mattresses or couches any longer. Consumers should beware of purchasing reconditioned or used mattresses and furniture accordingly. Even new mattresses can arrive at your home already infested, especially if they travel in trucks that contain old mattresses that new customers are discarding. If you can drive your new mattress home from the store yourself you are more likely to avoid a bed bug infestation altogether.

The upside of our abandonment of pesticides like DDT, of course, is the resurgence of bald eagles and other wildlife negatively affected by the accumulation of such toxins in the environment during the latter half of the 20th century. DDT was causing the shells of bird eggs to be thin and weak, resulting in many fewer hatchlings. By the mid-1960s, the U.S. played host to only 400 breeding pairs of bald eagles—less than one percent of the bird's estimated population in the region prior to white settlement. DDT was finally banned in 1972, and today nearly 10,000 breeding pairs of bald eagles thrive in the continental U.S.

Some home-use treatments made with natural non-toxic ingredients are now available. XeroBugs' Best Yet, a top choice of hotel/motel managers, makes use of cedar oil and natural enzymes to kill bed bugs. Another leading product is Rest Easy Bed Bug Spray, which uses cinnamon and other natural ingredients. Although these products are deemed effective, some argue that they don't work nearly well enough to eradicate what some are calling a bed bug epidemic. Some are even calling for bringing back DDT (for use in small doses and for specific applications only) to help eradicate the growing bed bug problem.

**CONTACTS:** *Techletter*, [techletter.com](http://techletter.com); *XeroBugs*, [xerobugs.com](http://xerobugs.com); *Rest Easy*, [resteasylkillsbedbugs.com](http://resteasylkillsbedbugs.com).

*What would you recommend as a non-toxic/non-lethal way to keep squirrels, gophers and groundhogs away?*

Keeping unwanted critters away can be tricky business, and options are somewhat limited. For starters, make sure exterior garbage, recycling and compost containers are shut tight, and pick up and remove any fallen fruit that your apple, pear or plum

trees may have discarded. Of course, these measures will go only so far in deterring unwelcome critters, so you may need to employ a repellent or more proactive strategy.

One favorite repellent sold at plant nurseries is Bonide's Organic Repels-All, a concoction of dried blood, putrescent whole egg solids and garlic oil. The stuff, which can be sprayed on plants, grass, walkways and buildings without causing damage, smells terrible, and thus provides a natural barrier to unwanted animal visitation. Another top choice is Shake-Away Organic Animal Repellent, which comes in various natural formulas targeted to whichever type of critter you're trying to deter. The active ingredient in the product is the urine of a feared predator; Shake-Away's Small Animal Repellent, for example, uses fox urine. These solutions can last for weeks in dry climates, but will need to be re-applied regularly following precipitation.

If Repels-All or Shake-Away don't do the trick, flowers might. According to gardening expert Bonnie Manion, narcissus bulbs naturally deter gophers. “Any type of narcissus bulb, which includes jonquils, paperwhites and daffodils, will be a deterrent to gophers, rabbits and deer in your garden and property,” she writes on her *VintageGardenGal* blog. “Bulbs planted in the ground send out a year round message to critters by actually ‘advertising’ a toxicity odor or fragrance.”

Of course, these deterrents may or may not work in your situation. If squirrels are damaging your trees, you could install aluminum collars around the bases of the trunks to prevent them from climbing; adjacent trees need to be wrapped, too, since jumping from tree to tree is a squirrel's stock and trade. If squirrels are hogging the bird feeder, there are a number of feeder styles that will deter them, including some with a perch that starts to spin whenever a creature heavier than a bird steps on it, tossing the invader gently off.

Gophers and groundhogs present a unique problem, as they burrow tunnels in the ground and eat seeds, roots and often your entire garden bounty. And they are particularly difficult to chase away; the common—and often cruel—method of flooding their tunnels will only temporarily deter them. Another approach comes from the old wives' tale category, but just may work: stuffing dog hair into the holes at the end of their tunnels. Brush some hair off your own pooch or get it from a local dog groomer.

According to *vegetablegardener.com*, fencing your garden in is probably the best, though not fool-proof, way to keep the groundhogs out. “The fencing should be at least 3 feet tall and made of tight wire mesh [and] buried in the ground a minimum of 1 foot,” the site recommends. Angling out a section of the underground part of the fence to create an L-shape will deter the animals from digging under it, and curving the top of the fence outward will deter climbing.

**CONTACTS:** *Bonide*, [www.bonideproducts.com](http://www.bonideproducts.com); *Shake-Away*, [www.shake-away.com](http://www.shake-away.com); *Vegetable Gardener*, [www.thevegetablegardener.com](http://www.thevegetablegardener.com); *VintageGardenGal Blog*, [www.vintagegardengal.com](http://www.vintagegardengal.com).



# LGBT NON-PROFIT AND COMMUNITY SERVICE DIRECTORY



**GAYSACRAMENTO.ORG IS AN ALL-INCLUSIVE, INTERACTIVE INFORMATION AND RESOURCE HUB FOR LGBT SACRAMENTO.**

**THE SITE OFFERS A SPRING BOARD TO ALL OTHER LGBT WEBSITES IN SACRAMENTO AND KEEPS OUR COMMUNITY INFORMED ON THE LATEST NEWS AND EVENTS AND WHERE TO FIND THE COMMUNITY RESOURCES THEY NEED.**

## NOW ON FACEBOOK!

**TO ADD YOUR LISTING: EDITOR@MOMGUESSWHAT.COM**

### ACTIVISM

Equality Action NOW, a Sacramento based grassroots organization dedicated to mobilizing concerned citizens to promote equality for all. Formed in the wake of Prop. 8 the group works to see that LGBT voices and concerns are represented in the larger community. 916.446.1082, equalityactionnow.org

### BARS

1099 Club: 1099 S. Virginia St. Reno NV, ten99club.com 775-329-1099

5-Star Saloon: 132 West St. Reno NV, 5starsaloon.com

Badlands Dance Bar: Mon - Sat 4pm to 2am, Sun 2pm to 2am, 2003 K St., 916.448.8790, sacbadlands.com

BoJangles: 18+, 1119 21st St. (Moving Next To Headhunters Soon)

Bolt Bar: Leather/Cowboy/Bear, Open 5pm-2am Mon - Fri, 2pm-2am Sat and Sun, 2560 Boxwood St., sacbolt.com

Brave Bull, 701 S 9th St., Modesto, 209-529-6712, thebravebull.com

Cadillac Lounge, 1114 E. Fourth St. Reno NV

Club 21: 1119 21st St.

Club Yamagata, 16225 Main Street Guerneville, clubyamagata.com, 707-869-9383

Depot Video Bar: 2001 K St., 916-441-6823, Mon - Fri 4pm - 2am, Sat and Sun 2pm - 2am, thedepot.net

FACES Nightclub: 2000 K St., 916-448-7798, faces.net

Mercantile Saloon: 1928 L St., 916.447-0792

Headhunters/ROK: Restaurant, Bar Service until 2am, 1930 K Street, headhuntersonk.com

Mustang Club, 413 7TH St, Modesto, 209-522-0393

Neutron Bar, 340 Kietzke Lane - Reno

Rainbow Cattle CO, 16220 Main St. Guerneville, queersteer.com, 707-869-0206

Russian River Resort (Triple R), 16390 4th St. Guerneville russianriverresort.com, 707-869-0691

The Patio: 600 West 5th St. Reno NV. 775-323-6565, thepatioabar.com

Tronix: 303 Kietzke Lane, Reno NV

### BUSINESS

Rainbow Chamber of Commerce: Business association promoting networking within the gay and lesbian business community and its supporters. rainbowchamber.com

Valley Rainbow Pages: A directory of LGBT-owned and LGBT-friendly businesses in the Greater Sacramento Valley. vrp.info

### FAMILY

Camp it Up: (August 3-10) A family camp known for one-of-a-kind gay family vacations, we respect and celebrate all unique families. www.campitup.org

Camp Lavender Hill: A week-long summer camp for children, ages 9-14, of LGBT families. (2008 camp date has passed). camplavenderhill.org

Lesbian Families: A forum for Lesbian couples with children. geocities.com/lesbianfamilies/index.html

PFLAG Sonora/Mother Lode Chapter: Meets on the third Tuesday of Jan., Apr., July, and Oct., 6:30pm, at the Tuolumne County Library. Other events scheduled through the year. pflagsonora.org

Sacramento PFLAG: Promotes health and well-being of LGBT persons, families and friends. Meets the third Tues. of each month at 7:30pm, St. Mark's United Methodist Church, 2391 St. Mark's Way. 916-978-0410, pflagsacramento.org

### FESTIVALS - EVENTS

Reno Gay Pride, August 15th 2009, renogaypride.com

Sacramento Pride: (June) Annual Pride celebration for Sacramento, hosted by the Sacramento Gay & Lesbian center. sacramento pride.org

Rainbow Festival: (Aug. 29 - 31, 2008) Annual LGBT street

**The Woods**  
RESORT at the RUSSIAN RIVER

877-887-9218 WWW.RRWOODS.COM  
16486 4th Street, Guerneville, CA 95446

**SeniorGays.org**  
Support Group for the Senior GLBT Community

As seniors we face common problems of aging, illness and the loss of friends, partners, and relatives. As LGBT people, we sometimes face estrangement from our neighbors and families. It would be good to unite to form a community of support for each other in Sacramento as well as online. In other cities such organizations have flourished and have provided companionship, fellowship, and mutual nurturing to LGBT seniors.

faire over Labor Day Weekend. Rainbow Festival is Run by CGNIE and takes place at 20th & K Sts. rainbowfestival.com

Sac. International Gay & Lesbian Film Festival: (Oct. 2009) Annual LGBT film festival takes place over 5 days. siglff.org

Sac. Earth Day: Annual Festival coordinated by Environmental Council of Sacramento (ECOS), 909 12th Street, Suite 100, 916-444-0022, sacramentoearthday.net

Sonoma County Pride. Guerneville May 31, 2009

## GALLERIES

Crocker Art Museum: The longest continuously operating art museum in the West founded 1885. crockerartmuseum.org

Kennedy Gallery: 1114 20th St. Tues.-Sat. Noon to 7pm and by appointment. mmkgallery.com

## HIV | AIDS

Anonymous HIV Testing Services: Harm reduction Services, 3647 40th St., Wednesdays 8am - 5pm; Appointments are required for testing. 916-875-6022  
Breaking Barriers: Provides a wide range of services for people living with HIV. 2200 21st St., 916-447-2437, breakingbarriers-sacramento.org

Capital City AIDS Fund: Raises money for HIV/AIDS services in the Sac. area. CCAF's activities include Oscar® Night (Feb. 2010), NorCal AIDS Challenge (May 14-17, 2009), and Sacramento Valley AIDS Run Walk (Sept., 2009). capcityaidsfund.org

CARES: HIV/AIDS health clinic, outreach, education and prevention. Free, rapid HIV testing M-F 9 am to 5 pm. 1500 21st St., 916-443-3299, caresclinic.org

Face to Face - Sonoma Co. AIDS Network www.f2f.org 707-544-1581

Golden Rule Services: A minority based organization that resolves health, education, employment and criminal justice disparities in People of Color communities through culturally competent programs and resources. 4433 Florin Road, Suite 760. 916-427-GOLD, goldenrules.info

NorCal AIDS Challenge: (May 15-18, 2009) A 4-day, 330 mile bike ride to raise funds and awareness for HIV/AIDS norcalaidchallenge.net

Northern Nevada H.O.P.E.S., P.O. Box 6420, Reno NV. nnhopes.org, 888-467-3144

Sacramento Valley AIDS Run/Walk: Sept. 14, 2008. 916-448-1110, sacvalleyaidsrunwalk.org

Sac. Valley Pozabilities: HIV+ social group. sacvalleypozabilities@yahoo.com, PO Box 161871, Sacramento, CA 95816-1871

Sierra Hope: Provides support for people with HIV & AIDS. Sierra HOPE, 1168 Booster Way, P.O. Box 159, Angels Camp, CA, 95222, 209.736.6792, sierrahope.org

Sunburst Projects: Providing support to families with children who are living with HIV/AIDS. 1025 19th Street, Suite 1A, 916-440-0889, sunburstprojects.org

## IMPERIAL COURT

Court Of The Great Northwestern Imperial Empire (CGNIE): Parent organization for Sacramento's Court, La Kish Hayworth Memorial Fund, Fairy Godfathers' Fund and Rainbow Festival. myspace.com/cgnie

## LAW | POLITICS

California Communities United Institute promotes the social, economic, and human rights of lesbian, gay, bisexual, transgender and intersex individuals, couples, and families; people affected by HIV/AIDS; people of color; women; and people of low economic status. We urge elected officials to enact and support legislation that accomplishes this goal. calcomui.org

Central Valley Stonewall Democratic Club: Helps elect qualified, openly LGBT people to public office, as well as Democratic Party candidates that support equal rights for the LGBT community. cvstonewall.org

California Capital Political Action Committee (CAP/PAC): A non-partisan, political action committee formed to provide a voice for the LGBT community in the political process. cappac.net

Green Party of Sacramento County: P.O. Box 2082, Sacramento, CA 95812, 916-484-4000, sacgreens.org

Libertarian Party of Sac.: P.O. Box 3003, Orangevale, CA 95662, lpsacramento.com

Log Cabin Republicans: logcabin.org/logcabinca/sacramento\_chapter.html

SAC Legal: Association of attorneys, legal professionals, and legislative advocates, affiliated with the Sacramento County Bar Assoc. that promotes equality the LGBT community. saclegal.org

Stonewall Democrats of Sac.: Helping elect qualified, openly LGBT people and Democratic candidates who support equal rights for LGBT. P O Box 161623 Sacramento, CA 95816-1623, 916-441-1787, sacstonewall.org

## NEW MEDIA

Being Gay Today: Sacramento's oldest, still-running LGBT TV show. Comcast Cable. Access Sac, channel 17. Thurs. 10pm, Now on myspace and youtube. beinggaytoday.com

Checkerred Nation Video Show: A gay-focused internet chat show in and around Sacramento. checkerrednation.com

Transponder Radio: Internet radio show covering many transgender issues. transponder.com

## PERFORMANCE

A Small Difference Women's Choral Ensemble: Women, under the direction of Sage Brown, dedicated to performing music with a message. smalldifference.org

Sac. Gay Men's Chorus: Produces up to three concerts a year, and performs throughout the year at events in and around Sacramento. sgmchorus.org

Sacramento DanceSport: The Largest Same-Sex Dance Program in the United States. Classes, performances and competition. sacdancesport.com

True Colors Women's Chorus: Women building a community through their love of music. 877-758-7827, truecolorschorus.org

## RELIGION - SPIRITUALITY

A Church For All: Fosters an all encompassing spiritual community. 721 North B Street, Sacramento, CA, 95816-2073, 916-502-5603, spirit@achurchforall.org. achurchforall.org

Atheists and Other Freethinkers: Promoting the civic understanding and acceptance of atheism in our community. afoonline.org

Atonement Lutheran: Welcomes all people, regardless of race, language, previous denominational affiliation, gender, or sexual orientation. at-one.org

Grove of the Oak: An eclectic group of Druids, Wiccans, and other Pagans who gather twice a month and on the eight annual Celtic seasonal festivals, to share community, perform ritual, create magic, and support each other in our chosen earth-honoring pagan paths. groveoftheoak.org

Lutheran Church of Our Redeemer: LGBT affirming and supports the Lutheran Lesbian & Gay Ministries. lcorsec.org

Pioneer Congregational Church: LGBT open and affirming. 2700 L Street, 916-443-3727, uccwebsites.net/pioneercongsacramentoca.html

Sacramento Friends Meeting (Quaker) 890 57th St, Sacramento., 916-457-3998 sacfriendsmtg.org

St. Mark's United Methodist Church: A Christian community welcoming a diverse congregation. stmarksurmc.com

St. Paul's Episcopal Church: A Christian community that embraces one and all to worship together at God's table. 1430 J Street, 916.446.2620, stpaulssacramento.org

Trinity Episcopal Cathedral: LGBT affirming. Christian worship, life and ministry. 2620 Capitol Ave., 916-446-2513, trinitycathedral.org

Valley Ministries: Existing to communicate God's love and accept all people. 4118 Coronado Ave, Stockton. 209-464-5244, valleyministries.com

## RESOURCES

Amador County LGBTQQ Support Group: Amador County Mental Health - call Mary Pulskamp at 209-223-6412

GaySacramento.org: Interactive online resource for LGBT Sac. news, events and community resources. gaysacramento.org

Lavender Library: Serves the LGBT community as a lending library and archives as well as houses LGBT activities. Loans books, periodicals, DVDs (general and erotica), to members. lavenderlibrary.org

yourgayreno.com Online resource for Reno residents

outsacramento.com: Internet links, photos, message board and news for LGBT Sacramento. outsacramento.com

Diversity R Us: Support group for Yuba City-Marysville LGBT. groups.yahoo.com/group/diversityrus

Foothill Lesbians and Gays Social Network (FLAG): An organization for the LGBT community in the Sierra Foothills of No. Cal. flagamador.webs.com

Gaysonoma.com: Online Guide to events, personals, gay businesses, community organizations, classifieds, for Sonoma County LGBT. gaysonoma.com

"If The Shoe Fits": Gay/lesbian organization in the Foothills of El Dorado County that provides social/recreational activities for members. itsfnews.org

Nevada County Pride: Social network of gays and lesbians in western Nevada County in California. nevadacountypride.org

Out In The Mother Lode: Social network for fun/support among the LGBT in the central sierra

foothills. outinthemotherlode.org

Rainbow Frontier: A website for LGBT adults in rural/frontier areas of Northeastern California funded Plumas County Public Health Agency. 1-800-801-6330 or 530-283-6358, rainbowfrontier.org

Sac. Gay & Lesbian Center: Serving the LGBT of Greater Sacramento and surrounding counties, providing facilitated discussion groups for LGBT youth and adults, counseling, legal services, HIV prevention and education services and programs for LGBT seniors, families and people living with HIV/AIDS. saccenter.org

Sierra Gay Men's Network: A newsletter & blog with news for Gay Men and their friends in the Sierra Foothills of California. sgmn.org

Solano Pride Center: Support for LGBT of Solano County. Solano Pride Center, 1125 Missouri St., Ste. 203-D, Fairfield, CA 94533, 707-427-2356, solanopride.org

Stanislaus Pride Center: Resources and support for LGBT persons in Stanislaus and surrounding counties. stanpride.org

Stonewall Alliance of Chico: Services and support for LGBT people in Chico and surrounding areas. stonewallchico.org

## SENIORS

Senior Gays: A resource for the senior LGBT and friendly community. SeniorGays.org

Prime Timers of Sacramento: Prime Timers is a social club for mature gay or bisexual men and their younger admirers. We will be having 4 or more meetups/events a month. Email PrimeTimersSac@comcast.net or call Denny at 916 647-9587.

## SOCIAL GROUPS

Capital City Squares: A square dance club for LGBT people who want to learn and enjoy Modern Western Square Dancing. iagsdc.org/capitalcity

High Sierra Primetimers, 1730 Aquila Dr. Reno, 775-324-6785

Males Au Naturel Sacramento (MANS) - A gay/bi male naturist organization for men who enjoy social naturism in positive. groups.yahoo.com/group/malesaunaturesacramento  
Natomas LGBTQ: A group to connect Natomas area queers for in-person social activities. An alternative to the bar scene. natomaslgbtq.wordpress.com

Sac Woof Society: A social group for bears and bear lovers. sacwoofsociety.net

Gay Men's Book Group: A literary group for Sac. gay men. Meets once a month (usually 3rd Wednesday). groups.yahoo.com/group/sacgaybookgroup

Pink Pistols - LGBT group with an interest in shooting sports and self defense. pinkpistols.org/local/sacramento

Sacramento Professional Men's Group: Alternative lifestyle men who get together for networking and social gatherings with other professional men. groups.yahoo.com/group/SacramentoProfessionalMensGroup

Sac. Valley Bears: A social and charitable organization for bears and bear admirers. sacvalleybears.org

Sac. Valley Knights: Northern California motorcycle club whose membership consists solely of those who own and ride motorcycles. valleyknights.org

Sac. Valley LeatherCorps: Gay men's and women's organization seeking to educate

and mentor members of the Leather/BDSM communities through classes and other club activities. [svclub.org](http://svclub.org)

Western Slope Men's Social Group: Online forum for gay/bi men on/near the Western Slope of the Sierra Nevada's (between Sac. and So. Lake Tahoe). [groups.yahoo.com/group/WesternSlopeMensSocialGroup](http://groups.yahoo.com/group/WesternSlopeMensSocialGroup)

Yuba-Sutter Unity: Social, education & community involvement. [gayyubasutter.com](http://gayyubasutter.com), [groups.yahoo.com/group/Yuba-Sutter-Unity](http://groups.yahoo.com/group/Yuba-Sutter-Unity)

## SPORTS

CHEER Sacramento: Volunteer cheerleading squad now cheering at games for West Sacramento Wolverines. [cheersacramento.org](http://cheersacramento.org)

Frontrunners of Sacramento: Social group inclusive of all types, sizes, dispositions, and levels of activities with running and running events as a main focus. [frsac.org](http://frsac.org)

Gay & Lesbian Sierrans: Lesbians and gay men who enjoy outdoor adventures and camaraderie. [motherlode.sierraclub.org/gls](http://motherlode.sierraclub.org/gls)

Gay Sport Bike Riders of Sacramento - Gay sport bike enthusiasts who meet, post rides and related links. Serious enthusiasts 18+ are welcome. [autos.groups.yahoo.com/group/SAC\\_GSR](http://autos.groups.yahoo.com/group/SAC_GSR)

River City Bowlers: Gay and Lesbian Bowling league. Winter league runs from Sept.-May and averages 22 teams per season. Summer league lasts 12-13 weeks beginning in June. [rivercitybowlers.homestead.com/about.html](http://rivercitybowlers.homestead.com/about.html)

Sac. Capital Crossroads Gay Rodeo Association (SCCGRA): Sacramento's gay rodeo chapter. [capitalcrossroads.org](http://capitalcrossroads.org)

Sacred City Derby Girls (SCDGD): Sacramento Women's Roller Derby team. [sacredcityderbygirls.com](http://sacredcityderbygirls.com)

## THEATRE | FILM

Lambda Players: LGBT theatre company now in its 21st Season. 1028 R Street, 916-444-8229, [lambdaplayers.com](http://lambdaplayers.com)

24th Street Theatre: Hosts Runaway Stage

which does musicals and larger well-known plays. Facilities for large meetings, lectures, film screenings and performances Sierra 2 Center, 2791 24th Street, 916-452-3005, [sierra2.org](http://sierra2.org)

Capital Stage - Capital Stage, Delta King: 1000 Front Street, [www.capstage.org](http://www.capstage.org)

Mondavi Center - 530-754-ARTS, One Shields Ave. Davis, [mondaviarts.org](http://mondaviarts.org)  
Shiny Object: Weekly showings of independent films and Rocky Horror Picture Show. 600 4th St. West Sacramento, [shiny-object.com](http://shiny-object.com)

The Crest Theatre: 1013 K St., 916-44-CREST. Shows independent and LGBT films. Often hosts Sacramento Gay & Lesbian Film Festival. [thecrest.com](http://thecrest.com)

## TRANS SUPPORT

Sac. Gay & Lesbian Center Trans Support: Counseling services available for transgender people. 916-442-0185, Ext. 102. 1927 L St., [saccenter.org](http://saccenter.org)

Kings of Drag: Performance troupe of women dressing in male drag. [kingsofdrag.com](http://kingsofdrag.com)

Sac. Gender Alliance: Provides recreational and educational needs of the trans community, their spouses, family members and related professionals. 916-442-0185, Ext. 141, [saccenter.org](http://saccenter.org)

Sigma Delta Gamma "Sac. Delta Girls": A chapter of Tri-Ess, an educational, social and support group for heterosexual cross-dressers, their spouses or partners and their families. 916-359-2328, [geocities.com/Sigma\\_Delta\\_Gamma](http://geocities.com/Sigma_Delta_Gamma)

Transgender Law Center — Works to make California a state in which we can all fully and freely express gender identities. 870 Market St., Room 823, San Francisco, 415-865-0176, [transgenderlawcenter.org](http://transgenderlawcenter.org)

Sacramento FTM Support Group, Lavendar Library located at 1414 21st St. Sacramento, First Tuesday of every month, A safe, supportive environment for individuals who were born female bodied and identify as male. [lavenderlibrary.org](http://lavenderlibrary.org)

Sacramento Transgender Coalition, SacTGC,

is an alliance of transgender groups who wish to strengthen the transgender community in Sacramento so we can collaborate to make changes and educate the general public about the proper terms and treatment of all transgender individuals, young and old. [sactgc.org](http://sactgc.org)

Trans Families Sacramento, Support group for families with transgender members. They meet on the third Sunday of every month in the Lavender Library (1414 21st St., Sacramento) from 6-8 p.m., [transfamilies@sactgc.org](mailto:transfamilies@sactgc.org)

River City Gems, Celebrating Feminine Expression, A social and support group serving the crossdressing and transgender community of Northern California, [info@rivercitygems.org](mailto:info@rivercitygems.org)

Sutter Gender Identity Support Group at Sutter General Hospital, 2801 L St (28th and L) Downtown Sacramento. The MCC group is an open, non-religious, non-profit, non-sexual social group for those who are serious about their transformation. Meets on the third Saturday of every month at 6:30 p.m. at the Sutter General Hospital, 2nd floor Conference Room C, 2801 L St, Sacramento, for a potluck and fellowship meeting.

Sacramento Trans Youth, Peer support group for young people in their teens through early twenties, [sactyouth-owner@yahoo.com](mailto:sactyouth-owner@yahoo.com)

Colage, Equal Justice For People with LGBT Parents & Our Families, a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parents. 1550 Bryant Street, Suite 830, San Francisco, 415-851-KIDS, [colage@colage.org](mailto:colage@colage.org)

Our Family Coalition, Bay Area LGBT Family Organization, Promotes the rights and well-being of Bay Area LGBT families with children 870 Market Street, Suite 872, San Francisco, 415-981-1960, [info@ourfamily.org](mailto:info@ourfamily.org)

TransGender San Francisco (TGSF), For all members of the Transgendered Community. 415-839-9448, [transgendersanfrancisco@yahoo.com](mailto:transgendersanfrancisco@yahoo.com)

Trans: Thrive, A drop-in center by and for trans. 815 Hyde Street, 2nd Floor, San Francisco, 415-409-4101

## WOMEN

Adventure Out Women: Business networking, social activities, special events and recreational adventures throughout California year-round. [adventureoutwomen.com](http://adventureoutwomen.com)

Lesbian Cancer Support: Meets third Monday of each month at 6:30pm. Bring partners or support people with you. ROXANNE1040@aol.com

Sac NOW: Feminist news, actions, and opportunities. Meets monthly on the 3rd Thurs., 7pm, at the Hart Senior Center at 915 27th Street (27th & J St.). [sacnow.org](http://sacnow.org)

Sacto Girls: Lesbian social group for women in the Sacramento and surrounding areas. [members.aol.com/sactogirls/index.html](http://members.aol.com/sactogirls/index.html)

Sisters of Santa Foothills Chapter: Women's Motorcycle Club who rides mostly in the foothills. [soswmcfoothills.org](http://soswmcfoothills.org)

Sisters of Santa Women's Motorcycle Club (SOSWMC): A tightknit sisterhood on women motorcycle riders who plan social events and raise funds for various charities. SOSWMC@hotmail.com, [soswmc.org](http://soswmc.org)

Sac. Area Lesbian Health Resource Guide: A guide to help lesbians in the greater Sac. area identify and obtain services from providers who are sensitive to the needs of lesbian, bi and trans women. [saclesbianhealth.com](http://saclesbianhealth.com)

Women On Wednesdays: Social discussion/activity group meets each Weds. at the Gay & Lesbian Center, 1927 L St. 7-9pm. Open to lesbian, bi and trans women. [saccenter.org](http://saccenter.org)

## YOUTH

CSUS Pride Center: Open to Sac State LGBT students. Lassen Hall 3011, 6000 J Street, 916.278.8720, Email: [pride@csus.edu](mailto:pride@csus.edu), [csus.edu/pride](http://csus.edu/pride)

Delta Lambda Phi: A non-secret, non-hazing, national social fraternity founded by gay men for all men. [dlp.org/iota/DLP.htm](http://dlp.org/iota/DLP.htm)

Lambda Delta Lambda: Queer-friendly Sisterhood/Sorority social network on campus, accepting of all social identities and backgrounds. [ldlucdavis.org/about.htm](http://ldlucdavis.org/about.htm)

Modesto LGBTQ Youth: LGBTQ Youth in Modesto and surrounding areas. [myspace.com/lgbtqmodesto](http://myspace.com/lgbtqmodesto)

Rainbow Club Of American River College: LGBT students on the American River Campus. [geocities.com/arc\\_LGBTclub](http://geocities.com/arc_LGBTclub)

Queer Straight Alliance CSUS: Social/Activist group on campus. [myspace.com/queerstraightalliance](http://myspace.com/queerstraightalliance)

RESPECT Sacramento: A grassroots organization dedicated to creating safe schools for all sexual minority people in Sacramento area schools. Meets the second Weds. of the month, 6:30pm at Lavender Library, 1414 21st St. 916-733-2135, [RespectSacramento.org](http://RespectSacramento.org)

Sac Youth Yahoo Group: Forum for LGBT and friendly youth under 21 years old. [sacyouth.net](http://sacyouth.net), [groups.yahoo.com/group/sacyouth](http://groups.yahoo.com/group/sacyouth)

City College LGBT Club: 3835 Freeport Boulevard, 916-558-2111 Advisor: Gayle Pitman, Behavioral & Social Sciences, [PitmanG@scc.losrios.edu](mailto:PitmanG@scc.losrios.edu), [wserver.scc.losrios.edu/~LGBT/index.html](http://wserver.scc.losrios.edu/~LGBT/index.html)

U.C. Davis LGBT Resource Center: Campus Center for LGBT students. 530-752-2452, [lgbcenter.ucdavis.edu](http://lgbcenter.ucdavis.edu)

## LAVENDER LIBRARY ARCHIVES & CULTURAL EXCHANGE

1414 21ST ST. • [LAVENDERLIBRARY.ORG](http://LAVENDERLIBRARY.ORG) • 916.492.0558



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## The Last Word

MYSFACE.COM/  
MIZZMONIQUEMOORE

Happy Halloween all of you Ghouls and Goblins! I'm back from the dead.

October is here and it is already cooling down; leaves are falling off the trees and it is getting darker much earlier. I love the fall weather! It makes me want to snuggle up on the couch and watch old movies. Now I can snuggle up in front of my fireplace since there is one in the duplex I just moved into.

I celebrate Halloween the whole month — you should see my house; decked out with witches, ghosts, pumpkins and all types of scary Halloween stuff.

I want to wish a peaceful rest to "Pops" who died after an allegedly hit and run last month. Pops was like a grandfather to all of us in Lavender Heights. It is a tragedy. He will be missed dearly.

I took a four day trip to San Jose to attend my Aunt Barbara Hermosillo's funeral who passed on to another life from cancer. It was very sad to attend, but I am glad I could be there to support my family and mother who was close to her. This was like a family reunion for me because everyone in my family came to pay their respects to my aunt. I feel sad for my mother because just a week before, she lost her best friend of 60 years to cancer, as well.

Death is a sad reality, but when the man above says it's time for you to go — it is time for you to go.

OK enough on death, lets get to fun stuff! I want to congratulate the new Grand Duke and Duchess, Michael Kennedy and Miss Key for winning the honor of becoming the head of the Ducal House of Sacramento. Ducal installments



will be Oct. 24 and I will be in attendance accepting a title from them. The event will be held at Badlands.

Sept. 28 was the start of my new "Monique Moore's Got Talent Search" contest held at FACES Nightclub. The outcome was fabulous! There were nine talented contestants who performed singing,

spoken word and dance, competing for the \$50 prize. All contestants were superb.

The winners, CoCo and Tramon, were a dynamite dance duo who did a hip hop-jazz-



acrobatic number. The following Monday night a woman by the name of Lady sang "White Rabbit" and beat out seven other contestants. They are now qualified for semi-finals.

All of you with talent come out and compete every Monday night at 10 p.m. Be sure to join us Nov. 16 for semi-finals. I know a lot of you could use an extra \$50 bucks in your pockets.

I am deciding where I want to go for Halloween this year. I have never been to the Exotic Erotic Ball and I am very curious about it. If I don't go there I will, of course, be at FACES' annual Halloween bash. I have no clue what to dress up as this year. Maybe I'll be FACES manager "Large Marge" (Laughs)

I have been shopping at all kinds of places like "The Spirit Store" where they have thousands of costumes but I think I want to be Michael Jackson again. "He He!"

Please, people, I stress to you to be careful out there because there are weirdos and drunk drivers everywhere. This past month at Headhunters, manager Michael Hyzloff got held up at gunpoint in broad daylight. Also as we go to print, one of our bartenders was severely injured as he was hit by a car while changing a tire. I can only imagine what weirdos will be doing on Halloween night in the Lavender Heights area.

This past month I had my arms tattooed once again by a young artist named Myles from Loomis (myspace.com/mylesmmtattoo).

Also this month I welcomed two new boys into the Family of Moore — Michael, 18 and Kevin, 19. Both are very cute and respectable and will do the Moore name proud.

Speaking of kids my doggies just got all of their shots — thank God. My neighbors on both sides of me within one week both lost their dogs from Parvo. Remember pet owners to please get your pets the shots and care they need. Don't forget as

the nights get colder to make sure your pets are able to keep warm if they are outside pets.

I don't let my babies out alone much as before I moved to Sacramento, neighbors poisoned my dog Shadow. He got very ill and were told he might not make it through the night. They wanted to keep him overnight in a cage, feeding him medicine to see if he would live. I said, "No, if he might pass I don't want him in some cage thinking that I deserted him." So I brought him home and fed him his medicine and three years later he is still running around at the age 13.

I think God sent him to me to watch over me. I found him on my doorstep one rainy night and where I lived there were only four houses and we were about a mile to the main road. I got home from a show and there on my doorstep was a little black dog with a broken leg. Ever since that day he has been my protector and guardian angel. God works in mysterious ways. Looking into his eyes you would think he is human. He sure farts like one (laughs).

I hope to see you out and about and don't forget to come and visit me at the best drag show in Sacramento "Dragalicious" at FACES Nightclub every Sunday at 9 p.m.

*This is Mizz Monique Moore always getting in "The Last Word".*





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SPECIALS ON BOURBON AND  
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COME OUT TO THE BOLT,  
STRIP DOWN TO YOUR TIGHTIE-  
WHITIES, AND GET HAPPY  
HOUR PRICES FROM 9PM TO  
MIDNIGHT! NO COVER!

**THE BLACK PARTY**  
**SAT., OCTOBER 31, 2009**  
PUT ON YOUR CAPE AND FANGS,  
AND MEET OTHER CREATURES  
OF THE NIGHT! HAPPY HOUR  
PRICES FOR PEOPLE IN  
COSTUME! ENTER COSTUME  
CONTEST TO WIN \$250 IN BOLT  
BUCKS! THE PARTY STARTS AT  
9PM! NO COVER!

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**FRIDAY, NOVEMBER 6, 2009**  
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