

# MGW

MOM GUESS WHAT NEWSMAGAZINE

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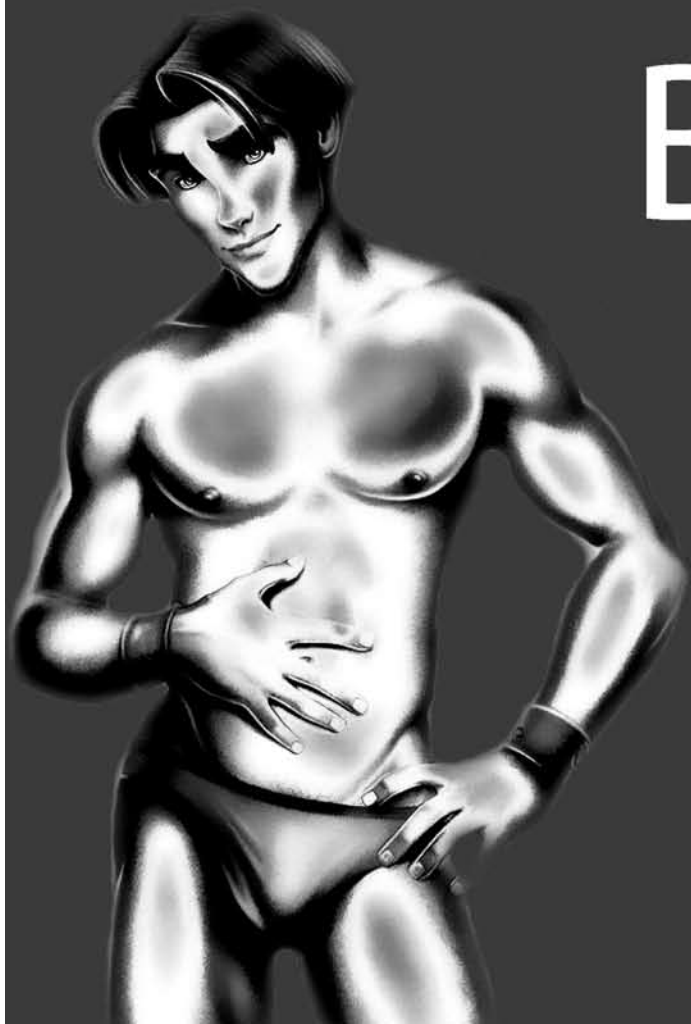
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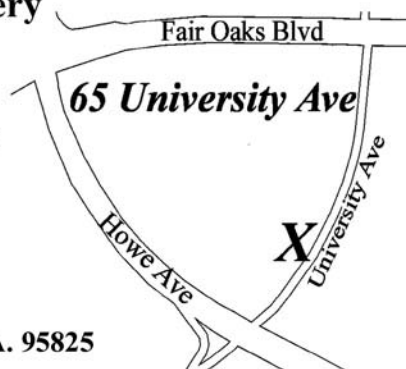
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## Beloved Badlands Security Guard Killed



Leroy "Pops" Fisher, 64, was killed around 1:30 a.m. Sept. 23, 2009. Fisher, a Security Guard for Badlands, was killed by a hit-and-run driver in the parking lot behind Badlands Bar at 20th & K Sts in Sacramento. According to witnesses the person(s) responsible

were patrons either declined entry to, or ejected from Badlands Nightclub earlier in the evening. This has not yet been confirmed.

Fisher was transported to UC Davis Medical Center where he was pronounced dead. Staff and patrons of Badlands, The Depot Bar, and Hot Rods restaurant were detained until early Wednesday morning as police collected evidence. No cameras are known to have been recording the parking lot behind Depot where the incident occurred. The investigation by the Sacramento Police Department is ongoing.

The Sacramento Police Department arrested 23-year-old Michael Weisz for the murder of Fisher. A regular at the 20th & K bars, patrons who knew Weisz describe him as a nice kid, but troubled. No further details have been released at the time of this printing.

The evening of Sept. 23 community activists groups including Equality Action Now, other concerned citizens and friends of Fisher gathered for a candlelight vigil near the Corner of 20th and K, behind the Depot.

The Sacramento Police Department urges anyone with information pertaining to this crime to contact Crime Alert at (916) 443-HELP or text in a tip to 274637

(CRIMES). Enter SACTIP followed by the tip information. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.



## Headhunters Robbed at Gunpoint



Information is being sought by anyone who might know more about a robbery that took place Tuesday Sept. 22 at Headhunters Restaurant on the corner of 20th & K Streets.

Manager Michael Hyzloff was approached by "a large, black man wearing a purple shirt." The assailant asked for change and then pulled out a gun demanding money. After being given the money, he then ordered Hyzloff onto the floor and left the building.

If anyone has information on this crime, please contact FACES nightclub at jeff@faces.net.

## Sacramento Mourns Community Mothers



Within a few days of one another, two community "moms" passed away.

Betty Crouch, a huge supporter of the community and often seen out with her son Paul, was the first to leave us in early September. The Crouchs were found almost every year heading up the vendor booth organization for the Rainbow Festival.

Mother of community member

Michael Johnston from FACES passed away several days later after a long battle with health issues.

MGW and the community extend our sincerest sympathies to the friends and family of both women.

## CGNIE Elects Duke & Duchess XXX



The Court of The Great Northwestern Empire (CGNIE) installed two new Monarchs in Sept. After a community election, local artist Michael Kennedy, owner of Kennedy Gallery was named The Silver Majestic Grand Duke XXX. His elected counterpart is Key, The Diamond Butterfly Grand Duchess XXX. This year's Ducal house is called "The House of Hope".

# MGW

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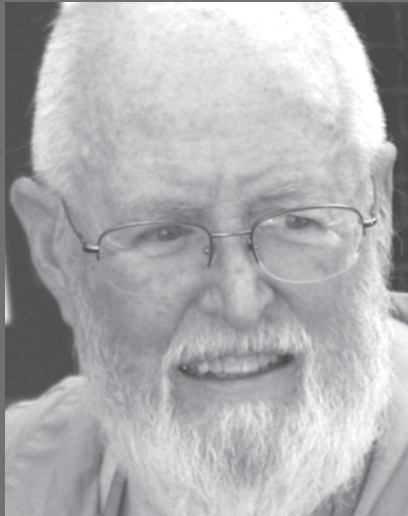
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JERRY SLOAN AT AGE 72 IS AN OUT PROUD GAY MAN AND HAS BEEN FOR 48 YEARS, HE SUCCESSFULLY SUED THE LATE REV. JERRY FALWELL AND THE PROCEEDS HELPED FOUND THE LAMBDA COMMUNITY CENTER (1986), HE IS ALSO COFOUNDER OF THE ANNUAL LAMBDA FREEDOM FAIR (1984) AND A FORMER MCC CLERGY WHO IS NOW A HAPPY ATHEIST. MRLAMBDA1937@GMAIL.COM

SOLILOQUY: TALKING WHEN ALONE (TO ONE'S SELF AND NOT BEING CRAZY, LOL): THE ACT OF SPEAKING WHILE ALONE, ESPECIALLY WHEN USED AS A NEWSPAPER COLUMN THAT ALLOWS THE WRITER'S IDEAS TO BE CONVEYED TO THE READER

And the Moon Jumped over the Radical Religious Right

One person the mainstream media has written very little about is the Reverend Sun Myung Moon, age 90, founder of what is commonly called the Unification Church but is formally The Holy Spirit Association for the Unification of World Christianity. Although it is well known he is extremely wealthy it has not been brought out in the mainstream media how much money he has dumped in the causes of the Radical Religious Right.

Please keep in mind Moon says Jesus was a failure and did not complete the job he was sent to earth to do, i.e., redeem humankind, and Moon is here to complete the work of salvation. He has proclaimed himself the Messiah.

On March 23, 2004, Moon held a coronation ceremony in the Everett Dirksen Senate Office Building attended by many members of the House and Senate wherein he crowned himself Messiah saying, "Emperors, kings and presidents had declared to all heaven and earth that Reverend Sun Myung Moon is none other than humanity's Savior, Messiah, Returning Lord and True Parent."

Matthew 7:15, "Beware of false prophets which come to you in sheep's clothing, but inwardly they are ravening wolves."

1 John 4:1, "Beloved, believe not every spirit, but try the spirits whether they are of God because there are many false prophets gone out into the world."

John 11:10 - 11, "If there come any unto you and bring not this doctrine, receive him not into your house, neither bid him God speed. For he that biddeth him God speed is a partaker of his evil deeds"

If Evangelical and Fundamentalists believe the Bible is the inerrant Word of God then this is just another example of many of their leader's hypocrisy picking and choosing those passages they deem "inerrant" for most of the top Evangelical/Fundamentalists leaders have at some point in time met with Reverend Moon and received tons of money from him.

Let's start with my old Baptist Bible College schoolmate the late Reverend Jerry Falwell who for a couple of years acted as coordinator of ceremonies at award ceremonies sponsored by the Moon owned Washington Times and accepted 3 1/2 million dollars from Moon.

It is a long complicated story but in the process of receiving the money, Falwell cost hundreds of people lots of money because they trusted him by investing in bonds he issued for Liberty University. The money was used to buy the bonds back at about 20 cents on the dollar thereby reducing more than half the debt against Liberty University and leaving the bondholders poorer for their investment.

Falwell even called Moon, "An unsung hero to the cause of freedom, who is to be commended for his determination and courage and endurance in support of his beliefs."

Falwell's reasoning for accepting Moon money and his kowtowing to Moon, "If the American Atheists Society or Saddam Hussein himself ever sent an unrestricted gift to any of my ministries, be assured I will

operate on Billy Sunday's philosophy: "The Devil's had it long enough, and quickly cash the check."

An early associate and person credited with helping Falwell start the Moral Majority is "Left Behind" author and founder of the Council for National Policy, the Reverend Tim LaHaye.

LaHaye has been acknowledged by many as the most influential leader in the Evangelical Christian movement.

Around the time he started the Council for National Policy, LaHaye received \$ 500,000 from Moon's top lieutenant, Col. Bo Hi Pak. LaHaye also had a paid position as president of a Moon front organization, the Coalition for Religious Freedom which was started when Moon was arrested and convicted of income tax evasion. While Moon was in prison he was visited by Tim LaHaye and in a letter to Col. Pak LaHaye referred to Moon as "the Master."

Jerry Falwell, Jimmy Swaggart, James Robison, James Kennedy and Rex Humbard, have all served as executive committee members of the Coalition for Religious Freedom.

Other RRR leaders who served on the board of the CFR were Hal Lindsey (Author of "The Late Great Planet Earth"), Paul Crouch (Trinity Broadcasting Network), the late Reverend Dr. D. James Kennedy and the Reverend Donald Wildman of the American Family Association to name a few.

LaHaye's wife, Beverly, has served a president of at least two Moon front organizations, the Women's Federation for World Peace and the Family Federation for World Peace.

Beverly, former President George H. W. Bush, Ralph Reed, Gary Bauer, and the Reverend Doctor Robert Schuller have all received speaker fees between \$ 80,000 and \$150,000 at Moon events.

As an aside, blogger and out, Michael Rogers, outed the LaHaye's son Lee as gay on his August 17, 2004 blog. Lee is the Chief Financial Officer of Concerned Women for America and it is his signature on every anti-gay check CWA sends out.

Another RRR leader who has benefited for many years of Moon's generosity is Richard Viguerie who since Barry Goldwater's campaign for president has been the direct mail guru of the RRR.

After the Goldwater campaign Viguerie gathered the names of all the contributors and made a formidable mailing list of conservatives. Remember this was when everything had to be entered on punch cards. It was quite a feat as he had them all cross sectioned by many categories so all he had to do was punch a few buttons and he had a list aimed at a certain type of contributor.

Viguerie also was publisher of the Conservative Magazine. In 1986 he ran into financial trouble and Moon bailed him out to the tune of \$10,060,000.

In 1976, Viguerie presented himself as a presidential candidate to George Wallace's American Independent Party which was a coalition of KKKers, John Birchers and Liberty Lobby. He was accompanied to the convention by Howard Phillips, Paul Weyrich and William Rusher. (Many years ago the late Marvin Liebman told me Rusher was gay.)

His bid failed and they set about trying to build a voting block within the Republican Party.

So, we have seen Jerry Falwell, Tim and Beverly LaHaye, James Robinson, Hal Lindsey, D. James Kennedy, Ralph Reed, Paul Crouch, Gary Bauer and Robert Schuller, ALL prominent leaders of the RRR kowtowing to a man who claims to be the Messiah, a man who has come to complete the work of a failed Jesus.

Over the years many of these named have tried to distance themselves from Moon but the fact remains they did associate with him contrary to the Bible they loudly profess to believe.

It is quite evident Moon has pumped money to individuals and organizations we may never hear about.

And, speaking of money, here is a list\* of the top U.S. Evangelical ministries and their income for 2008.

- Campus Crusade for Christ \$514M
- Christian Broadcasting Network \$460M
- Salem Communications (radio) \$221M
- Operation Blessing (Pat Robertson) \$211M
- Young Life (teen outreach program) \$205M
- Trinity Broadcasting Network \$200M
- Focus on the Family (James Dobson) \$142M
- Billy Graham Evangelistic Assoc. \$122M
- Joyce Meyers Ministries \$121M
- American Bible Society \$120M
- Navigators \$111M
- Gideons International \$105M
- InterVarsity Christian Fellowship \$81M
- In Touch Ministries (Chas Stanley) \$78M
- Educational Media Foundation \$77M
- Daystar TV Network \$76M
- Inspiration TV Network \$56M
- Prison Fellowship (Chuck Colson) \$54M
- Life Outreach International \$53M
- Coral Ridge Ministries \$40M
- RBC Ministries \$38M
- Eternal Word TV Network \$34M

**GRAND TOTAL: 3 BILLION, 173 MILLION DOLLARS**

And this is only 20 organizations, one can only imagine the total of all the money raked in by religious organizations, churches, synagogues and mosques in this country.

Depending on the authority one reads, by law these organizations can contribute between 5 and 15% of their time and money to ballot initiatives. They can not participate in any political party or endorse any candidate.

Just something to think about ....

\* Source, July-September, 2009, Secular Nation Magazine who gathered the info from www.charitynavigator.org and www.ministrywatch.org



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## The Attack Continues

As you probably have heard, a vote will occur this November in Maine. In that vote the people will decide whether or not a Maine law allowing same sex couples to marry will go into effect. It will be a tough fight. The opponents of same sex marriage submitted twice the number of petition signatures needed to get the issue on the ballot.

Also, recently, it was announced that an anti same sex couple initiative will be on the ballot in Washington State on November 3. Referendum R 71 will ask the voters whether or not they wish to affirm a law passed by the state legislature earlier this year. That law, SB 5688, granted, to state registered domestic partners, all the rights and obligations of marriage that the state provides to married couples. If a majority of the voters vote yes on R 71, then the legislation will go into effect. The supporters of the referendum

submitted 121,486 petition signatures, about 900 more than the number of valid signatures needed to qualify the referendum for the ballot.

Gay rights advocates fought the referendum, even after it qualified for the ballot, trying to get it removed from the ballot. But, the courts ruled against them, and, as of September 19, the Washington Secretary of State's office says the referendum will be on the ballot in November.

Iowa looks more hopeful. Earlier this year their state Supreme Court ruled that the state's ban on same sex marriage violated the Iowa state constitution. At least two things about this decision are surprising. It occurred in a bedrock mid-western state, and the decision was unanimous. All the Supreme Court Justices signed the decision.

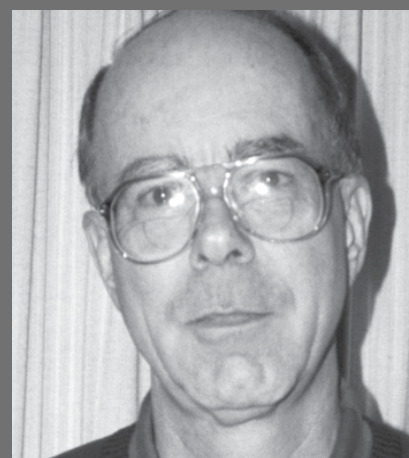
It's also interesting to note that Iowa's marriage law does not have a residency requirement. So same sex couples from other states may go there to get married, just as, for several years, people have been going

to Canada to get married. As the result of the court decision, same sex couples were allowed to start marrying in Iowa on April 24 of this year.

This Supreme Court Decision will be difficult to undo. According to the Iowa Secretary of State's office, the Iowa constitution does not provide for citizen driven initiatives. The state legislature can call a constitutional convention in which the court's decision could be overturned by re-writing the constitution. But, to do this, the legislature must call for the convention in two consecutive, 2 year long sessions. There was some talk in the legislature of doing that this year, but no action was taken on it.

The Iowa Constitution also calls for the public to vote every 10 years on whether a constitutional convention should occur. But the next vote on this issue will not occur until 2010.

In the end, no vote on the issue could not occur until 2012.



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## The Senior Perspective: LGBT Films

BY MANUEL LOMBA  
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As I grow older, I sometimes feel that I have seen "all" the movies made to date. I certainly recall the roles and lives of many celluloid luminaries. It used to sadden me to see one of my favorites in a movie made at the peak of their career, acting their heart out, and to realize that they were now dead and that I knew all about their careers and lives. Some came to such sad ends from overdoses (Judy and Marilyn) or from attempts to lose weight too quickly (Laird Cregar of Hangover Square and The Lodger, and Maria Montez, the inimitable Cobra Woman). If you do not recognize all of these names, God bless you for being younger than I.

I now simply enjoy the performances and realize that everything dies in its time, even you and I.

It still saddens me to remember how many LGBT film actors were forced to remain closeted all their lives, but I delight in their talent, captured forever on film. Even today, being out comes with a certain risk. Rupert Everett, for example, laments that his career went sideways when he outed himself.

Although I was not around at the time, I have seen many pre-production code movies (thanks to Turner Classic Movies). In these films, the depiction of gay people was similar to the depiction of minority group members until the fifties/sixties. They were comic relief and often outrageously funny in their brief moments. If you get a chance, watch a film like Our Betters (from a story by Somerset Maugham, and starring Constance Bennett). In this film a very effete dance instructor has several hissy fits which are the highlight of the movie. I do not know his name, but his performance is a lisping, rouged, and eye rolling masterpiece. At other times in these pre-code films, LGBT people were used to denote the depths of decadence. In The Sign

of the Cross, for example, a nude male slave is manacled to the wall next to the throne of Charles Laughton who camps it up as Nero. Laughton was gay and married to the delightful Elsa Lanchester, who co-starred with him in Witness for the Prosecution and at least one other film. Rumors abounded about such thirties/forties female stars as Janet Gaynor (who married the MGM designer Adrian, who emphasized the very broad shoulders of Joan Crawford in film after film), and Greta Garbo and Marlene Dietrich, both of whom were courted successfully by the intriguing Mercedes de Acosta. Senorita de Acosta was the ex-lover of many, many famous ladies including Eva Le Gallienne, Katharine Cornell, Alla Nazimova and yes, Tallulah Bankhead.

Once the production code came into being, no mention or depiction of obviously LGBT characters was countenanced. However, in the late thirties and the forties, wonderful gay actors like Clifton Webb were allowed to shine in movies like Laura, The Razor's Edge, and the Mr. Belvedere series. There was also Monty Wooley in The Man Who Came to Dinner. They both played bachelors who had viperish tongues with which they triumphed over all opponents, but their sexuality was never examined.

By the forties/fifties, a whole slew of closeted pin-up boys had come into existence. Lon McAllister exchanged a "friendship" ring with William Eythe to the detriment of both of their careers. Montgomery Clift, Farley Granger, Rock Hudson, Tab Hunter and Tony Perkins come to mind. All of them went out on "dates" arranged by their studios, and some even married to quiet rumors. The marriages were usually followed quickly by divorce (Rock Hudson). Liberace sued a newspaper for outing him and won the suit.

By the sixties/seventies/eighties, the movies did portray LGBT people, but usually used straight actors. The films often ended in some great tragedy, leaving the audience



to conclude that that is what happened to LGBT people. Remember Shirley MacLaine's suicide when accused by a pupil of "acting funny" with Audrey Hepburn in The Children's Hour? Or Al Pacino's transformation into a murderer from simply going undercover (in leather drag) in Cruising? Or Diane Keaton's brutal murder at the hands of a gay man

because he could not perform the sexual act with her in Looking for Mr. Goodbar? Or the suicide of presidential candidate Cliff Robertson (over a past gay liaison) in The Best Man?

Thank God things have changed today when there is real LGBT representation both in front of and behind the camera.



# MR. BOLT CONTEST 2009





## Here & There

EDITED BY JERRY SLOAN

**Sacramento:** Reminder that the annual Day of Remembrance is Sunday October 18th and is being held at the First Methodist Church on 21st and J Streets at 4:00 pm.

The Eighth Annual Freethought Day Fair will be held in Waterfront Park, Front and L Streets in Old Sacramento (right in front of the Café Rio) on Sunday, October 11, 2009 from Noon until 5 pm. The James Israel Band will be featured along with other entertainment including magician Richard Kowalewski serving as coordinator of ceremonies.

Freethought Day celebrates the end of the Salem Witch Trials when in 1692 Governor Phelps issued an order that spectral (woo-woo) evidence could no longer be admitted as evidence in the trials. There is also heavy emphasis on Separation of Church and State issues. It is co-sponsored by Atheists & Other Freethinkers of Sacramento and the Humanist Society of Greater Sacramento.

A lovely reception was held for Supervisor Roger Dickinson who is seeking the assembly seat being vacated by Dave Jones. Many of Sacramento's GLBT leaders turned out to give Roger their support.

**Budapest:** Sept 5, 2009, 2000 people and their supporters marched quietly behind a six foot steel fence and a massive police presence. Forty-one people, some carrying explosives, were arrested for trying to disrupt the march.

**London:** British Prime Minister Gordon Brown formally apologized for the unjust treatment of Alan Turing who was forced to undergo chemical castration because he was convicted in 1952 of having sex with another man. It is acknowledged that without Turing the outcome of WWII may have been different because Turing, a brilliant mathematician, cracked the Nazi Enigma Code enabling Britain to know German military movements. Turing is also credited as the Father of the Modern Computer. He committed suicide in 1954 at age 41.

**Dallas:** Five Metropolitan Community Churches have banded together to buy sign boards on Dallas freeways using scriptures which they claim identified gay people in both the Old and New Testaments some of whom were directly associated with Jesus and then ask the question, "Would Jesus Discriminate?"

**Alabama:** In a 7-2 decision the Alabama State Supreme Court upheld a ban of the sale of sex toys. "Public morality can still serve as a legitimate rational basis for regulating commercial activity, which is not a private activity," Associate Justice Michael F. Bolin wrote in the majority opinion. Next step, The United States Supreme Court?

**Ohio:** The Ohio House of Representatives

with a 56 - 38 vote has sent to the state senate a law banning GLBT discrimination in the areas of housing and employment.

**Indonesia:** Lawmakers in the province of Aceh, a devoutly Muslim province have unanimously passed legislation to sentence adulterers to death by stoning. Homosexuality can be punished with lashings and no less than eight years in prison. Since 2001 drinking alcohol and gambling have been banned and women required to headscarves.

**Florida:** Episcopal Bishop Leo Frade has authorized clergy in Florida to bless the marriages of same sex couples who were married in jurisdictions where such marriages are legal. It does not cover civil unions or domestic partnerships. The bishop emphasizes it is not a marriage ceremony and any clergy will not be forced to perform such a ceremony if they do not wish to do so.

A 25 year veteran of the Tampa police force, Jane Castor, who is an out lesbian, has been named Chief of Police. She will oversee a department with 1300 employees and a budget of \$ 133 million. She is one of nine female police chiefs in Florida and about 300 female chiefs out of 18,000.

**Arizona:** Domestic partners are being removed from employee benefits by the State of Arizona. A new law signed by Gov. Jan Brewer redefines "dependent" to change a ruling by former Gov. Janet Napolitano. The law also eliminates children of domestic partners. It affects about 800 state employees. It has cost the state about \$ 3 million dollars to cover domestic partners as compared to \$ 625 for married couples.

**New York:** George Takei (Mr. Sulu on Star Trek) and his husband, Bob Altman, will appear on an upcoming episode of the Newlywed Game Show seen on the Game Show Network. The show has been on and off the air since 1967. They will be the first same sex couple to appear on the show which returned to TV two years ago. Takei and Altman have been together for 22 years and were legally married shortly after the California Supreme Court ruled same sex marriage were legal.

**Washington, D.C.:** A coalition of over 40 religious, labor, health and GLBT organizations, including the Human Right Campaign, National Gay and Lesbian Task Force, Lambda Legal, and the National Center for Lesbian Rights have urged U.S. Attorney General Eric Holder to revoke a rule regarding "faith-based" funding which allows religious groups to discriminate in hiring on the basis of religious beliefs and sexual orientation.

**IRAN:** President Mahamoud Ahmadinejad, the same president Ahmadinejad who denied there were homosexuals in Iran, continues to deny the fact the Holocaust occurred. He spoke to the United Nations General Assembly the last week of September. Prior to that speech Ahmadinejad reiterated his denial of the Holocaust calling it a pretext used by the Jews to trick the West into backing the creation of Israel which was

created out of "a lie and mythical claim."

**Houston:** Someone identifying themselves as Christians for Better Government on Sunday, 20 September 2009 sent emails to thousands of Houstonians opposing Annise Parker, Houston's City Controller and former city council member and open lesbian in her campaign for mayor of Houston.

The email stated, "Annise Parkers lifestyle that of being a HOMOSEXUAL is not the proper role model to lead the fourth largest city in the United States. The Bible speaks clearly against the lifestyle she represents, James 1:8 says, "A double minded man is confused in all his ways". She does not believe in what the scripture says about her lifestyle which in return means she doesn't believe in God."

The minister who filed papers for Christians for Better Government denied sending the email and Gene Locke, Parker's opponent, vehemently denounced the email.

## "Thank You"

BY LESTER NEBLETT

Before I express my appreciation and gratitude to have served as the Executive Director of the Sacramento Gay & Lesbian Center I would like to acknowledge the homicide of "Pops." The first time I met him I was touched by his kind nature and groundedness. I thought to myself what a unique blend of traits. I remember thinking there is no greater honor than being entrusted to protect the well being and safety of others. I not only thought about how special a person "Pops" is but also how special all people are who commit their self to protecting others from various forms of harm and violence. "Pops" belongs to this very unique and special group of people. This was evident at the evening memorial the day of his death. Those who knew him better than myself confirmed the goodness and uniqueness of this man. It was clear to me from those who spoke that "Pops" did what he enjoyed most — protecting and keeping others safe.

As the Executive Director of the Center I have had the privilege of meeting a lot of wonderful, caring, and dedicated people. Each have an important role in our community. All of them live each day knowing how vulnerable they are to the injustices and inequalities of our legal system. With the loss of a community member, for any reason, we feel this vulnerability. The loss hits us hard. And, the vulnerability is even greater with we lose someone that has been there to keep us safe. We all know this place and the feelings that come with it. I know I do. "Pops" will be missed.

My heart goes out to "Pops" family, friends and to all those that he worked to keep safe. I have no doubt you miss him.

Four years ago when I accepted the position as Executive Director of the Sacramento Gay & Lesbian Center I was

honored by the confidence demonstrated in the Board's decision to offer me the position. In that moment I felt the tremendous responsibility that comes with the position and at the same time realized a dream come true - a dream of being in a leadership role to affect positive change for my community.

The past four years, by no means, have been easy. The diversity that makes our community rich and dynamic brings with it a special challenge. These challenges are rooted in real needs, affect real people, and require genuine attention. A daunting task.

My first public speech in 2006 focused on the role, value and purpose of GLBT Community Centers. In that speech I emphasized the Sacramento Gay & Lesbian Center belongs to the community, that it is our home, and is a reflection of our Pride. Sacramento is fortunate to have a Center. It has been a positive and invaluable resource for many people over the years. There are many cities throughout our nation and around the world that dream of having their own Center.

What has been accomplished over the past four years is a reflection of the dedication, commitment, and follow through of Center staff, volunteers and the community. Events like Lambda Awards and SacPride have reached new highs. Programs such as our successful youth program, our new counseling program and our expanded legal clinic have met the increasing demand for these services. The Center has received more coverage from local TV stations, radio stations and newspapers than at any other time in it's history. This is a testimony of our diverse community coming together for the common good.

The next couple of years are going to bring new challenges. As a community we are going to have to be open to looking at new ways to provide needed services. This will include stronger, more effective collaborations. Mergers will be necessary to reduce expenses and maximize resources. Community needs are going to have to take priority over individual needs and agendas. The future of the Sacramento LGBT community depends on all of us working together.

I have the utmost confidence in Bill Otton, interim Executive Director, and the Board of Directors to see the Center and the community through the next couple of years. Bill brings with him an inclusive leadership style and wants to facilitate what is best for Sacramento.

It has truly been an honor and privilege to serve as Sacramento Gay & Lesbian Center's Executive Director. It is my hope that I have given as much to the community as it as given me. A heart felt thank you.





## Sugarland To Release Holiday CD

SUGARLANDMUSIC.COM



Grammy award-winning duo Sugarland will release a 10-track holiday-themed record titled *Gold And Green* October 6, which includes 5 original songs co-written by lead members Jennifer Nettles and Kristian Bush. With the purchase of *Gold And Green*, available everywhere, fans will be able to access exclusive content such as downloads and the chance to enter special sweepstakes.

Nettles and Bush make up country duo Sugarland who've sold over 8 million records since exploding onto the music scene in '04 with *Twice The Speed Of Life* ("Baby Girl"/"Something More"). *Enjoy the Ride* ("Want To"/"Settlin'"/"Stay") quickly followed in '06 and their third studio album *Love On The Inside* ("It Happens"/"Love"/"All I Want To Do"/"Already Gone") in July '08, which skyrocketed them to superstardom, drawing fans from all genres and critics abroad. Sugarland is credited with co-writing all tracks from all three albums and co-producing the last two.

As a thank you to their loyal fans, in August '09, the duo released *Live On The Inside*, a CD/DVD set of live tracks, covers and footage from their tour. They've performed in six European countries and are now headlining a U.S. tour that runs thru the fall. They've received trophies from the Grammys, American Music Awards, Academy of Country Music, CMT Music Awards and the Country Music Association. Nettles was recently chosen to perform for the Obama Presidential celebration, as the duo performed together on Oprah. In August, ABC aired an hour-long network special featuring the duo in their most beloved setting...on stage.

Here, Nettles talks about singing with the B-52's on the CMT Awards and her longstanding and passionate connection with

the gay and lesbian community.

**Q:** Your new Christmas album is a mix of new songs and classic holiday songs like "Silent Night" and "Winter Wonderland." You are known for your cool re-interpretations of songs made famous by others. How do you keep continuity, musically, between your own songs and the songs that aren't your own?

**JN:** Well, there's my voice—I'm the one singing all of these songs, so that's a cohesive piece. Ultimately, the songs we choose all make sense conceptually. Like "Sex on Fire" by Kings of Leon—we said, "What if we arrange this with just me on piano and Kristian on acoustic guitar? It turned out great. On the other hand, when you think about a country act doing hip hop, you just wouldn't go there. While I enjoy dabbling in rap, I don't think that would translate as authentic.

**Q:** Some of the covers you've chosen have a particular appeal to gay people, like the B-52's "Love Shack" and Beyonce's "Irreplaceable." Have you gotten any feedback from gay people regarding these covers?

**JN:** I got feedback back from Fred Schneider of the B52's, and he loved it! We sang that song with them on the CMT Awards. It was such fun.

**Q:** There's kind of an irreverence to your cover choices. Your Christmas album *Gold and Green* includes the novelty holiday classic "Nuttin' for Christmas," which is definitely not a mainstream Christmas carol. It feels like you're continually trying to expand the boundaries of country music.

**JN:** Irreverence can be really powerful. It's like subversive rebellion. You're not screaming, "I'm going to change the world" Performing with the B52's, we weren't waving a flag and saying "Look at us—we're bringing

this iconic gay band into CMT." We just did it, and people had to accept it. They loved it without even thinking about it.

**Q:** Last year, you launched Common Thread, a music and lifestyle celebration for a cause. The first event featured Sugarland, Emily Saliers from the Indigo Girls and Amos Lee. Can you talk a little bit about your goal for Common Thread?

**JN:** Common Thread brings together musicians to sing and to celebrate the things they care about. Music can make a difference not only through the power of song but also through the causes that are important to musicians. In this way, we can turn art into money that can go toward causes that can affect change.

**Q:** How does it feel to have become country music superstars—how has your life changed, if at all?

**JN:** In some ways, I'm no different. I think there's a core of human experience we all share and that remains the same no matter what's happening in your life. I work very hard not to become the mayor of crazy town, though sometimes she shows up. I can see how easy it can be to slip into self-destruction if you aren't living consciously with awareness. I've had to decide to do this in a healthy way—physically, emotionally, and spiritually. But overall, this is fun! You're not going to hear me whining and crying about my life.

**Q:** Although your success has been in country music, you have fans of all types—rock fans, pop fans, young, old, gay, straight. Do you consciously strive for your music and live shows to have an inclusive quality?

**JN:** I consciously strive for our music and our shows to comment on and to celebrate the human condition, and that includes all humans. As I said, I believe there is a core human experience that transcends any sort of demographic category that one would want to name—age, sexual orientation, race—it doesn't matter. There are things we all share, like laughter, tears, frustration, things in our daily lives. Some people celebrate a specific lifestyle in their music, but that's not us.

You don't have to wear gangsta jeans and a wife beater to listen to rap music, just like you don't have to wear a cowboy hat to like country music. Life can be so isolating. If you can share something with an artist, or with other members of an audience and feel that you're not alone, that's the biggest gift.

**Q:** Are you conscious of having a gay and lesbian fan base? If so, what is that like for you?

**JN:** I am aware of that, and interestingly enough, I've been aware even before Sugarland. I've actually performed at Gay Pride in Atlanta three times in my career. I've always had a large gay following, particularly in the lesbian community. I am grateful for that. To me, it means my music transcends categories. It also means that I'm a cute girl singing a rock song in an alto voice. I had a friend write me that our music was being played at Gay Pride in New York, which is a big compliment. In the biggest city in the country with the most culture and the most grit—I love it. It makes me feel proud.



Sacramento PFLAG invites you to attend the 11th Annual  
**SERVICE OF REMEMBRANCE**

In memory of our children\* who have died violently simply because they were,  
or were perceived to be gay, lesbian, bisexual, transgender or intersex

**Sun., Oct. 18, 2009, 4 p.m.**  
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**Rev. Jerry Sloan**  
**Founder and President Emeritus**  
**Lambda Community Fund**  
**Honorary Chairperson**

Please join us as we remember their lives with love, bear witness to the atrocity of their deaths and affirm together that hatred and violence must end. This service will embrace a variety of spiritual expressions and we will honor the name of over 750 people (and the countless others whose names are not known to us) who died at the hands of hatred, ignorance and fear.

**Please contact Sacramento PFLAG if you know of someone whose name should be included on the List of Lost Lives.**



PFLAG (Parents, Families and Friends of Lesbians and Gays) promotes the health and well-being of gay, lesbian, bisexual, transgender and intersex persons, their families and friends through support – to cope with an adverse society, education – to enlighten an ill-informed public and advocacy – to end discrimination and to secure equal civil rights. PFLAG provides an opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.  
[pflagsacramento.org](http://pflagsacramento.org)

\* In PFLAG, we consider ALL gay, lesbian, bisexual, transgender and intersex people to be “our” children.





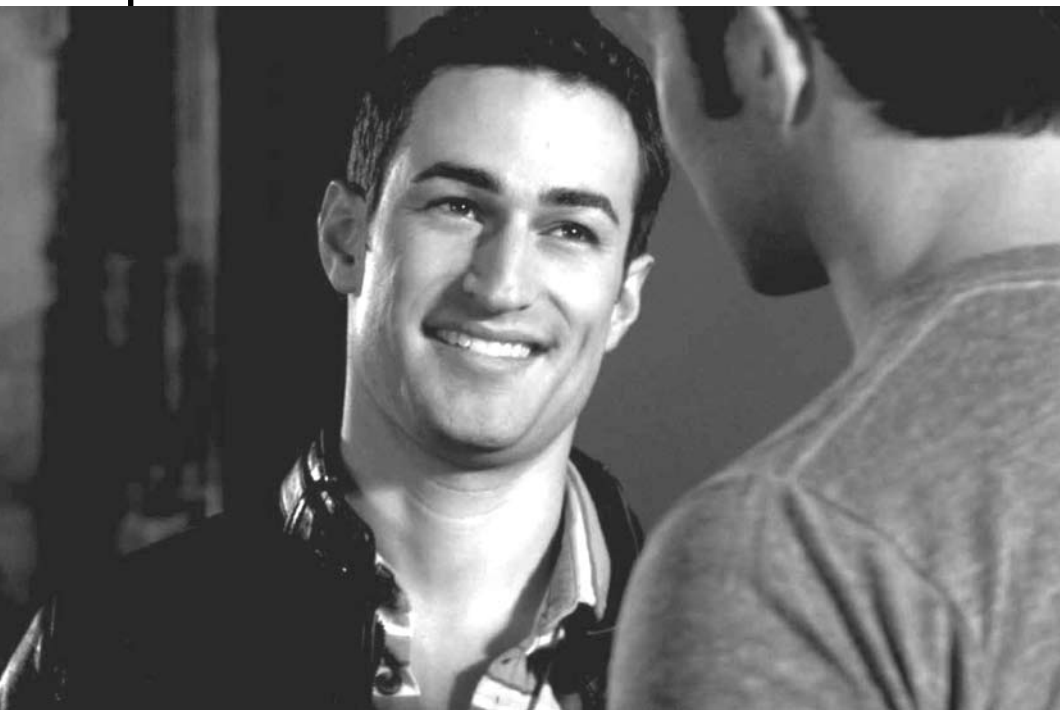
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**SIGLFF 2009**





## REVIEWED BY TOM SWANNER & BRIAN JUDD

Swanner: Coming up in October is The Sacramento International Gay and Lesbian Film Festival and Brian and I got the first look at it. The festival runs three days, October 8-10, and we're going to look at it day by day. On Thursday we start with a musical...Yes, I said musical. It's called The Big Gay Musical. The storyline follows the cast of a new off Broadway musical called "Adam and Steve, Just the Way God Made 'Em" and how their characters are going through similar in their own lives. One man looking for true love while another tries

to come to terms with his family and his faith.

Judd: I'm usually unduly harsh on the film festival, but this year I'm going to try to be objective. Gay cinema hit it's heyday in the mid-to-late '90s, so it must be hard picking watchable films. I didn't like The Big Gay Musical. The dancers suck, the songs suck, the plot sucks, even the title sucks, but for the readers can stomach half rate made-for-TV movies on Logo, then The Big Gay Musical isn't that bad.

Swanner: I think what Brian is trying to say is that this is no big budget film. It's got unknowns singing funny songs by

someone you haven't heard of in a "Big" "Gay" "Musical". Chicago and Sweeny Todd have spoiled Brian from the joys of a really cute gay musical. The Big Gay Musical is entertaining and poignant and I had a great time watching it. It's not going to win an Oscar but I'm sure it's going to win over the audience. I'm sure Brian read some Jacqueline Susann novel while screening the movie. He forgets what a fun night at the theatre can be with 900 giggling queens. He's sad.

Judd: What's sad is that the casting agent blew the 5¢ budget on cute singers and dancers with lead feet and tin ears instead of getting people who could honestly perform. The movie was filmed in NYC, I'm sure there wasn't a lack of available talent.

Swanner: Ignore him. He's like the monkeys at the zoo; if you pay attention to him he'll throw feces at you. The Friday feature is called "I Can't Think Straight" and is about two women from very different cultures that fall in love. Believe me, if you thought it was hard coming out in America try being from India or Palestine. Shamin Sarif, the director, does a wonderful job of keeping this romance light without loses it's message of acceptance and tolerance. The good news is Brian didn't see this feature so we won't have to listen to him rant. I really liked this movie and may I say that I haven't seen such sexy lesbian love scenes since "Bound". So Brian, on to Saturday and Shorts night. Any favorites?

Judd: There were several shorts that I enjoyed. I thought "Dinx" was an interesting concept, very well written, funny and entertaining. "A Day at the Beach" was a lot of fun; I loved the animation. "Judgment Day" was good – but anything featuring the vocal styling's of Judy Garland is going to be good. I also liked the short musical "How Do I Say This? I'm Gay" which featured talented singers and good songs – What A Big Gay Musical should have been.

Swanner: I really liked a "Day at the Beach" as well. It was very funny and it's really hard to find good animated pieces. I also liked the short called "James" about the high schooler who is struggling with his feelings and feels only his teacher will understand. It really showed the struggle of discovering one's feelings and not knowing how to express them and scared if he does. I also liked "On The Bus" about a shy teenager who has a major crush on the school jock he's never talk to before. "Peking Turkey" was also a really nice film and I liked the musical "How Do I Say This? I'm Gay" at the end as well.

Judd: I liked James though it is extremely depressing. On The Bus was only alright, but I can see why you enjoyed it. I think it will be a favorite for a lot of sentimental queens out there. I hated Peking Turkey. It's tired and clichéd, and the story has been told 100 different times exactly the same way. A gay couple deals with announcing their relationship to conservative and culturally different parents. This one even had the foul-mouthed old lady. Yawn.







BY JENNY B.

## Foreign Film Frenzy

For as long as I can remember, I've loved watching movies. A good film can have the power to visually express the ideals, hopes, frustrations and beauty lurking in the mind of a film maker, and in the talents of the actors and crew. There aren't many genres of art that can lead one through such an array of human emotions the way that film can. The viewer can be transplanted to another place and time, laugh, cry, and discover things previously unknown, in the brief period of an hour and a half. What an amazing feat for any artist.

While I was growing up I would watch the same movies over and over until I knew all the lines by heart. Like all little girls I aspired to be like Ariel from The Little Mermaid and Belle from Beauty and the Beast. I marveled at Dorothy's strength and courage on her trek down the yellow brick road, and I yearned for Charlie to find the golden ticket and make his dreams come true. My mom often declared certain weekends as "movie weekends" and we would all find places on the couches and floor, equipped with blankets and pillows, and start in on the trilogies. Star Wars and Back to the Future were her personal favorites, but due to her membership in Columbia House, we had a huge video library and

managed to watch everything at least thrice. At the time I considered these weekends as totally lazy and boring, but in hindsight we managed more bonding and family fun piled on the couch, than we did during some of our more expensive family vacations and outings. Just goes to show, it's the little things that count when looking back on the past with a broader perspective.

As I got a bit older I discovered that I wasn't attracted to the big flashy explosions and spine tingling terror that so often ensnare today's movie audience, but that I was drawn to the well thought out, subtle, and brilliantly flawed characters that make up many independent and foreign films. I like films that address human issues and frailties. A good plot in no way needs to be action packed; so much beauty and poignancy can be portrayed in the mundane. What really makes a film stand out as unique and singular are the portrayal of the plot and the detail of the characters. My desire for movies void of hot celebrities and dreamy, beautiful, complicated (mostly unrealistic) characters led me once again to the vast halls of the public library. As usual it was here that I found exactly what I was looking for, aisles and aisles of foreign and independent films

at the mere cost of a dollar a week per rental.

In the last six months I've checked out at least thirty films from all over the world. Not all of them were amazing, but most were able to touch that soft spot in me that marvels at the preciousness of being alive and living the human experience. Of the films that I watched, three stood out as absolute gems. Babette's Feast, a treasure from Denmark about a devoted French chef, and the unforgettable meal that she prepares for the kind, religious sisters that she serves, along with their elderly congregation of pious, yet squabbling devotees. Elling, a quirky, feel good flick from Norway about two misfits that meet in a mental institution and are assigned together by the state to adjust to life in the "real world" outside the comfortable familiarity of the institution. Finally, my favorite, Autumn Spring, from the Czech Republic, about an old man who refuses to give up his vast imagination and his devious yet good natured dealings with the world at large.

It's so easy to get caught up in the day to day tasks and responsibilities of life. It's a true gift to be able to watch a film that reminds you of how fortunate you are to be alive, and how important it is not to take that life for granted.

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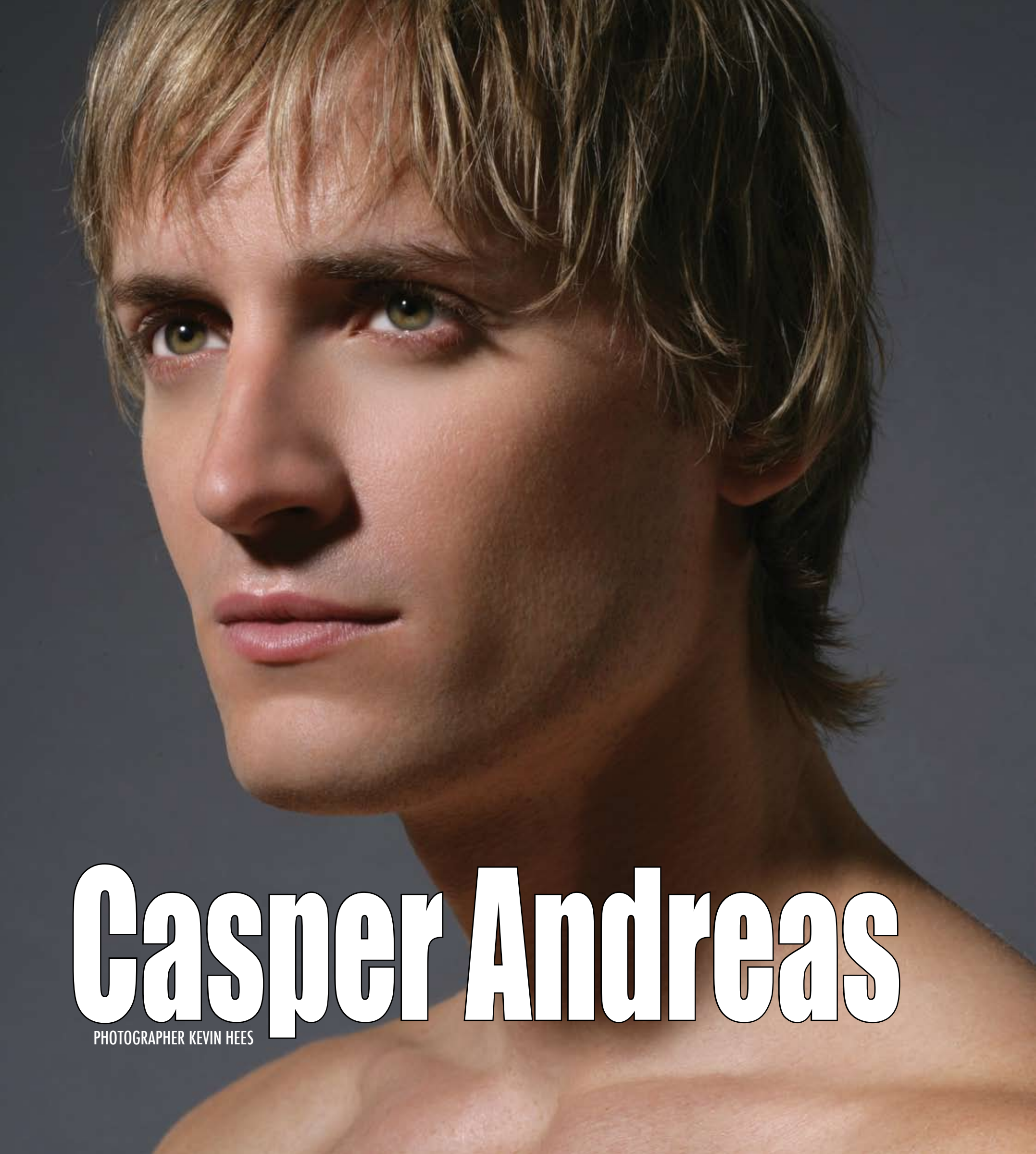
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# Casper Andreas

PHOTOGRAPHER KEVIN HEES



# CASPER ANDREAS, DIRECTOR OF SIGLFF'S MEN'S NIGHT FEATURE "BIG GAY MUSICAL" TALKS ABOUT THE INS AND OUTS OF MAKING THIS FUN COMEDY FILM!

INTERVIEW BY MICHAEL SHANAHAN

**Tell us about the film in your own words.**

"The Big Gay Musical" is about the production of an off-Broadway show called "Adam & Steve, Just the way God made 'em" and about the lives of the two actors playing Adam and Steve in the show. One of them deals with finding love and the other one deals with coming out to his Southern Baptist parents and accepting himself as gay. The film has great musical song and dance numbers, lots of comedy and some drama too. It's a lot of fun!

**Coming off the success of "A Four Letter Word", did you worry about how this one might be received?**

I actually made another film in between there -- "Between Love & Goodbye". You know the success of a film can be measured in so many different ways, and I find that the more films I make (this being my 4th) I worry less and less about critics and people's opinions. "Between Love & Goodbye" is actually the film I'm the most proud of but it's a very polarizing film. People seem to either hate it or love it. "The Big Gay Musical" is much more of a crowd-pleaser. It has an upbeat message, a happy ending and some amazing hot song and dance numbers. But at the same time it's a very simple story so I'm sure some people won't like it because of that.

**What sparked the idea for this film?**

This is the first film I made that I didn't also write. Fred Caruso who wrote the script had originally written the musical within the film years ago as a stage play. He then ended up writing the screenplay around that. Fred put together a staged reading of the script early last summer that I attended. Seeing the script come to life with singing and dancing I felt this could really be fantastic and I asked him to consider me for directing it. Fred hesitated since I have no musical theater background, but then we agreed on us co-directing the film, with him directing the song and dance numbers on-stage and me directing the real life stuff off-stage.

**How easy was the casting for this film?**

It was hard and easy at the same time. Fred was very set on us finding a cast who could both sing, dance and act, and didn't really want to consider anyone but Broadway talent. Since I know very little about singing and dancing I was all focused on finding actors that could act. It was hard because the pool of actors that fit the bill for the leads wasn't very big. There were only so many people we could see for these roles and not everyone we wanted to come in for an audition were interested in doing a gay no budget movie. In the end this also made casting easy. When we found Joey and Daniel it was basically down to the two of them so it was a no-brainer to cast them! I think we were very lucky to find them, and in Daniel's case, it was literary just the week before we started shooting.

**There's has been a few rumblings from the religious folks about the biblical spoofing in the film. What are your thoughts?**

Really? I haven't heard. I hope the religious-right starts a campaign against the film! Sure there are some spoofing. Eve is portrayed like a real bitch (but then again some Christians have vilified Eve -- and in extension women -- for thousands of years). The point though, with the film, is to say that God loves everybody. In my mind it teaches a much more Christian message than some of the Christian Evangelists that we are also spoofing in the film.

A lot of gay kids are still growing up with a lot of self-hatred, and I truly hope -- and I know this is a one of the reasons Fred wanted to make this film also -- that young gay people around the country who have grown up being told that God hates

them for being gay will see "The Big Gay Musical, and that the film will help them realize that it isn't true. That God does in fact love them -- just the way he made 'em!

**Looking back several films, did you think you would become one of the leaders in the LGBT filmmaking?**

Wow! I so don't feel like a filmmaking leader. Perhaps one day, but for right now I'm still learning the craft of filmmaking and trying to become a better story teller for each film that I make. My goal is to keep making films that entertain but also has something to say, and I'm hoping that my work will have some meaning to at least some of my audiences.

**How do you feel about the current LGBT film market?**

I wish it was possible to tell gay stories with a big budget, but since the market is limited, as a producer I can't justify -- or even fathom -- trying to raise money for a big budget gay themed feature. The reason I've been able to get so many films made is because I keep my budgets very small.

Thanks to the fact though that it is possible today to make films cheaply, more gay films are being made than ever before. A lot of people have stories they want to tell and they are doing it! I think that is great. Not everything is good of course but there are a lot of great films being made and we deserve to have a lot of films telling our stories.

**Were you excited to be working with Embrem Entertainment?**

Well I am Embrem Entertainment! :) It's my production company that I started when I shot my first feature "Slutty Summer" in 2003. I wish I could just focus on the creative side of filmmaking -- writing and

directing but I have found that the best way to get my films made it to produce them myself. "The Big Gay Musical" was actually the first time I was hired to direct, and I wasn't supposed to be involved in producing at all. After it was shot however, the original production company was out of money and unable to get the film finished. So I came onboard as a producer and got the funding together to finish it.

**You've shown in several film festivals, and now Sacramento. How does it feel seeing your films on the big screen?**

Well that is the really the best part of being a filmmaker! After all that work prepping and shooting, and months in the editing room struggling to cut it all together and figuring out how to best tell the story -- it's fantastic to watch your work with an audience and have them react to it and be moved by it.

**What's your next project?**

I shot a comedy back in June called "Violet Tendencies" that was written by Jesse Archer who co-wrote the script and stars in "A Four Letter Word".

"Violet Tendencies" stars Mindy Cohn (who played Natalie on "Facts of Life"), and she is fantastic in the role of a fag hag who decides to leave all her gay friends behind to find a man on her own.

I'm also working on an adaptation of the book "Going down in LALA Land" that I'm planning to shoot in LA this coming winter.

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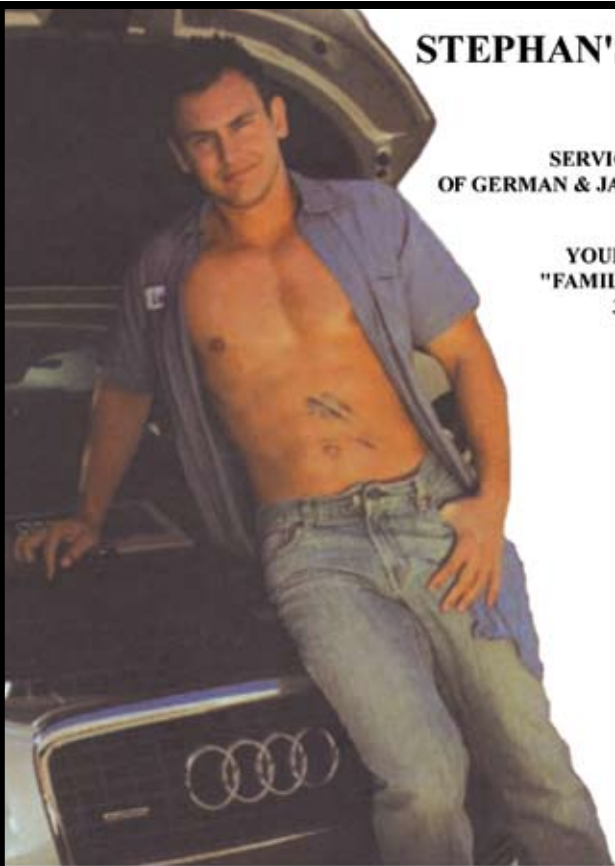
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BY OWEN EDWARDS

## What's Raging at Russian River

PHOTOS: THE RUSSIAN RIVER SISTERS OF PERPETUAL INDULGENCE SOCK HOP; RRR'S ETHEL MERMAN AND CONNIE CHAMPAGNE; KIM KUZMA'S PERFORMANCE AT THE RRR; BOLLYWOOD PARTY AT CLUB YAMAGATA; IDA SLAPTER HER AND FRIENDS AT THE RRR; THE WHITE PARTY AT CLUB YAMAGATA. ALL PHOTOS BY OWEN EDWARDS

So we start off October with a bang, three snaps and a scream. With the usual warm days and crisp nights around the river it's still a great time to come out and hang. This is a great time of the year to do a river visit. With the official season being over, even on the weekends you will find that the crowds have gone home and you really get a feel for all the best the river has to offer.

First lets start with the bang. The second through the fourth of the month the area is hosting a Western themed weekend. You know the old saying, save a horse and ride a cowboy don't ya? Well I think it's safe to say that would be in effect all weekend long. Starting with the meet and greet at the Rainbow Cattle Company.

I've heard tell of a mechanical bull will perhaps be making a appearance. But what sounds like fun to me is the lasso and rope demonstrations. Over at the RRR you've got a big old pool party and some good old fashion BBQ for the weekend. And of course Club Yamagata is hosting the Western Themed dance party. With tons of stuff going on around town this should be a fun weekend. Who knows where the best scene is going to be with events also at Dawn Ranch Lodge and the Woods Resort it's shaping up to be a truly town wide event.



Now onto the Snap. First lets talk about a fun filled drag show over at none other than the RRR. A great performer from San Francisco is making the trip up. Pippi Lovestocking is starring in "A Fag, A Hag and a Drag." Along with friends including Ronn Vigh and Candy Churilla. This event is billed as a Fabulousness Explosion of Hair and Make-up. The fun starts at 8 pm for the show but you know it's always fun around with pool with a cold bud or a hot friend. So the third may very well be the night to be seen at the RRR.

Another drag event, though this one is on going all the time here in Guerneville is Dungeons and Drag Nuns BINGO. With the Russian River Sisters. It's going to be on the Tenth of the Month. Now if you have never been to BINGO with the Sisters I first want to know why not? Then of course I'll ask you to hurry up and make a date to do so. Between the fact that you'll never have a chance to have more fun in a night and perhaps win some cash or prizes it's the best fifteen bucks you'll ever spend.

Though you might want to drop that extra five and get two sets of cards for just twenty you can double your chances

to win. The best part of the night is the fact that this is a benefit for Food for Thought. Second best about the evening is a chance to say hello to me in the Kitchen. The doors for the event open at 6 pm with some yummy snacks and such. Though I've noticed that the line for the event starts to form somewhere around 5. Who would have thought that a BINGO tale-gate party could be so much fun. If you aren't inline by say 5:30 ya may or may not be able to get in.

And of course let's not forget the Scream. Now it's October and Dr. Evil wants everyone to know that he's back and with a vengeance. It seems that the old house over at the abandoned



amusement part has had some odd things going on. Personally I have seen some extremely weird looking folks coming and going out of the place. Friday and Saturday nights, starting on the ninth of the month you can have the bejesus scared out of you. This is not some cute little haunted house. It's scary as hell. Really I'm not kidding. Do not bring you kids to this one. I love what they do. But unless you have a trust fund set up for you kids mental health when they are older; don't do it.

So besides the best scare in the Redwood Empire it's also a benefit for various charities. This year it's all about Mill Street Thrift. Now the store has some of the best deals in town on stuff. You never know what your going to find. But it also supports so many of our community that need it. Between putting clothing on the back of folks who need it, providing a tent for someone who is with out shelter or just helping hand when anyone of us may be in need of such. The folks who run the shop are good people and a inspiration.

And finally I want to talk a bit about one of my favorite stores in town Rainbow



Fabrics and Stump Town Bikes. They used to be in parking lot at Coffee Bazaar but have since moved across the street. So they are still just in from the corner of Main Street and Armstrong Woods. But now in a much bigger space. And Shannon has some of the most fun cotton prints and other fabrics that I've ever seen.

You can find all sorts of prints to match just about any mood or need. From prints with hunky firemen on them (My favorite of course, I'm learning to sew just so I can make a full ball gown out of this print. I'm not kidding.) to more serious prints. But you can also pick up some off the wall nicknacks and such. But the other great thing is the Bike Shop and Rentals in the back.

You can just get a bike for a couple of hours or a couple of days at very reasonable prices or if you just have a flat and need a quick fix on your bike they can usually take care of it pretty quick. They



are located at 14028 Armstrong woods road You should also check them out on line at [HTTP://rainbowfabrics.blogspot.com](http://rainbowfabrics.blogspot.com). And you should know that they are also going to be offering some classes on crafty stuff, sewing, crochet, knitting and the likes. Schedules to be listed on the website.

So that about wraps us up for the first part of October. I'm looking forward to Halloween and all the fun that goes along with that. Feel free to as always drop me a line at [Mzalicedee@gmail.com](mailto:Mzalicedee@gmail.com) or tune into my radio show on KGGV 95.1 LP FM The Bridge all but the fourth Sunday of the month at 9 PM (Streaming at [KGGVFM.org](http://KGGVFM.org)) for The River Dish; Dishing about all things dishy and swishy on the River.





## ADVICE OF THE WEEK: TRY IT, YOU MIGHT LIKE IT.

As I lay on the floor in my first yoga class, chanting "Sat Nam" over and over, bent into the shape of a Bavarian pretzel and staring at my own backside, I can't help but wonder if Yoga is for me.

My latest attempt to find a type of exercise I don't hate has led me into the Yoga studio. While I'm not clear on how this stretching, panting and occasional chanting are going to make me physically fit, lying down for a couple of minutes with my feet behind my ears does give me an opportunity for introspection. Or, at least, to consider the benefits of manscaping.

While having gastric bypass surgery may help you control the food side of weight loss, one thing it can't help you with is exercise. While I've lost the last

220 pounds, I've sampled a smorgasbord of physical fitness "fun". To date, I've tried every cardio machine in my gym, boxing, tai-chi, aerobics, swimming, weight lifting, water aerobics, wrestling, biking, walking, hiking, and jogging. Yoga's the latest in my desperate bid to find a type of exercise that I don't want to pay someone else to do for me.

I've started taking "gay yoga" (Gyoga? Yogay?), which is not nearly as interesting as I thought it would be. Truthfully, I'm not sure what I expected. Stretching out to Abba? Deep breathing beneath a spinning disco ball? At the very least long, languid deep knee bends while surrounded by exceptionally flexible, hot young men in very short shorts.

Instead, I find myself in a small, brightly lit room with two other students: a plump, upbeat woman with a pleasant grin and a shy, slightly older man who may have dropped the brown acid at Woodstock considering the way he keeps zoning out and staring in rapt fascination at his left hand. They're both very kind, and sweet enough to overlook the fact that I do Yoga like a drunken epileptic. About the only position I'm good at is downward facing dork. It's like downward facing dog but significantly less graceful.

For years I thought that if I could just lose a good chunk of weight then the exercise would be easier. I'd spend the rest of my life in the gym, happily running on the treadmill, huffing and puffing my way to good health. Somehow I always imagined that eventually, somehow, against all logic, it would become fun.

I was wrong.

Don't get me wrong. I go. I work out, I spin those wheels, I lift those weights, but that mystical experience of exercise bliss, that runner's high, that mythical endorphin rush continues to elude me. I'm beginning to think my body doesn't make endorphins. People around me INSIST they exist, but I'm convinced that someone's putting me on. Perhaps the tooth fairy stole my endorphins after Santa gave them to me before riding off on a magic unicorn to the place where they keep Dick Cheney's heart and soul for safekeeping.

It's not that I don't believe that exercise can be fun — it's just that I've never had

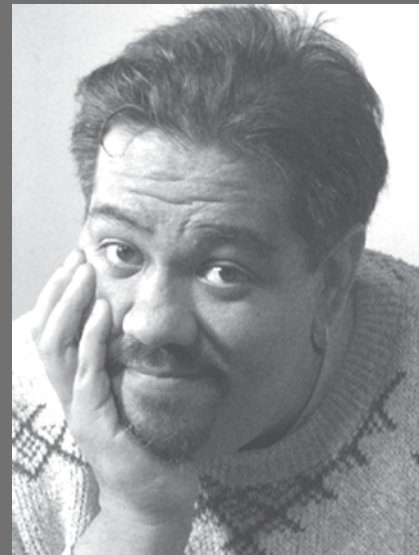
proof of it. And it's not surprising, when you think about it. Ask your fat friends how they feel when they go to the gym. We feel watched, judged, condemned, as though people are watching us thinking "who are they kidding?" And it's not just at the gym — when I played sports, I was always aware of how absurd I looked, trying to compete with thinner, more fit guys who were always better than me. I always associated sports — or exercise — with shame.

Part of my weight loss journey has been to accept my own shame and to no longer avoid situations that shame drove me away from. I always thought I was too fat for the gym, so I avoided it. I always thought I was too fat for any gay activity, so I avoided them. Too fat, too fat, too fat — it was a mantra that ran my life for a long time, a phrase I repeated to myself whenever I approached any situation where I would be seen, where I would be judged, where I believed that no one would ever bother to care what was inside of me because they were so repulsed by my wrapper. With that in mind, sitting on my butt in Yoga and chanting "Sat Nam" over and over suddenly seems less strange to me — I'm used to having a single thought repeating in my head for years at a time.

If I hadn't faced my shame, I'd never have lost the weight. Having done that, I can now go out and try new things that I would never have allowed myself to try before. Last week it was hiking. This week it's Gay Yoga. Next week — who knows? Whatever it will be, it may or may not be for me, and that's okay. At this point, victory isn't mastering these new types of exercise, or even loving them — it's being here. It's trying them, it's giving them a fair chance, and daring to take part in something new.

Maybe exercise is like dating. Maybe you need to kiss a lot of frogs before you find your prince. Maybe he's waiting for me with whatever new activity I try next week. I intend to find out; be he frog or be he prince, I'm ready to pucker up. There's nothing to hold me back now.

As long as one of these nice people next to me will help me pry my elbow out of my ear and help me get out of the downward facing dork position.



HUMORIST AND SATIRIST DONALD E. MARSHALL IS A 35-YEAR-OLD GAY MAN LIVING IN HOLLYWOOD, CA WHO RECENTLY MADE SOME CHANGES IN HIS LIFE. OVER THE PAST YEAR, HE'S LOST 180 POUNDS BETWEEN DIETING, EXERCISE AND GASTRIC BYPASS SURGERY. HIS LIFE IS CHANGING QUICKLY, AS IS THE WORLD HE LIVES IN. THE LOCAL ALL YOU CAN EAT CHINESE BUFFET HAS GONE OUT OF BUSINESS. TRAINERS AT THE GYM NO LONGER HIDE UNDER THE DESK WHEN HE WALKS BY AND HE'S EXPLORING THE WHOLE NEW WORLD OF FASHION, DESPITE THE PROTESTS OF LOCAL SALESGIRLS. BEST OF ALL, HE'S LOVING LIFE IN A WAY HE HASN'T IN YEARS! SHRINKINGFATMAN@GMAIL.COM

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**TOM SWANNER HAS BEEN A FILM REVIEWER FOR 11+ YEARS. HE LIVES IN SACRAMENTO WITH HIS 26-YEAR-OLD BOYFRIEND SEAN AND THEIR GROSSLY OBESE DAUGHTER (READ DOG) "HONEY".**



**BRIAN JUDD HAS BEEN A FILM REVIEWER FOR 7 YEARS. HE LIVES IN THE BURBS WHERE HE FRIGHTENS HIS NEIGHBORS AND A PORTRAIT OF ANITA BRYANT HANGS OVER HIS BED SO HE CAN POINT AT HER AND LAUGH DAILY. HE IS ALONE AND BITTER AND LIKES IT THAT WAY.**

**Swanner & Judd**

SWANNERANDJUDD.COM

## THE INFORMANT

Judd: September is a curious month. It's the month when the studios release the last of their throwaways, it's also the month that some brave studio releases their first Oscar movie. The Informant, starring Matt Damon and directed by Steve Soderbergh, is based on a true story about a man who decides to turn to the FBI when his employer engages in a world-wide price fixing racket.

Swanner: I love how Cohen Brother-ish this movie is. It's got an antihero who is charismatic but definitely no angel. He wants to do good but his own mistakes are catching up with him. I think it's interesting how these characters seem to speak to movie audiences...well at least to the art house audiences. I certainly can see why Matt Damon would want to play this character because not only is it a blast to play but it does have "give me an Oscar nomination" written all over it

Judd: I don't know if I'd call in Cohen Brother-esque. I felt that it seemed more like The Office — that stuttering and stammering type of dry humor that I don't understand or like. The Informant is one of those movie where the sum of it's parts are greater than it's whole. Technically, it's a good movie. The soundtrack is excellent. The acting from every person in the cast is top notch. The story is good. But when it was put all together it became sort of a sputtering mess.

Swanner: I totally disagree. This movie was fun. I couldn't see how far Whitacre (Damon) was going to dig himself into a hole. The script, written by Scott Z. Burns, dragged me along keeping me just confused enough that I almost always had things figured out without ever really getting there. The film is based on Kurt Eichenwald's book of the name and if it's as much fun as the movie, the book should be a great read.

Judd: "Should be a great read," — like you'll ever find out. I thought the film tried too hard to be fun. Soderbergh took a dry topic and a bumbling protagonist and tried to turn it into a white-collar comedy. It seems to me that the result was as clumsy as Whitacre. Even the soundtrack, which I loved, seemed forced.

Swanner: I didn't say I was going to read it, I said it should be a great read. I never thought it felt forced, my only complaint was that I think the first act of the movie took too long. Once the second act kicks in it moved really well. I'm not sure what you were expecting but I was surprised and amused the whole time. I especially liked that the majority of the supporting cast was made up of stand-up comedians. I guess Soderbergh got use to working with large casts with Traffic and the "Ocean" movies and moves them beautifully through the film. The score by Marvin Hamlisch was unexpected and wonderful but not forced at all.

Judd: I will say the second half the movie moved better than the first because it was picking up momentum and stopped tripping over itself. As I mentioned at the beginning of the review, I liked the soundtrack and I, too, liked all the actors. I thought they all gave fantastic performances, especially for standup comics that were cast in semi-serious roles. The movie, as an entity itself, was no good. I think back to our reviews of this summer and how we said that



several movies were horrible but ultimately watchable. The Informant! is the exact opposite; it's an excellent movie that I found grating and unfunny.

Swanner: Did you notice Joel McHale from The Soup and the new NBC comedy Community was Scott Bakula's partner in the movie?

Judd: I noticed.

**Swanner: 3½ Stars**

**Judd: 1½ Stars**

## JENNIFER'S BODY

Swanner: Megan Fox stars as a high school girl who gets in the wrong van after a concert and shows up later covered in blood with a change of attitude. Has she been altered or is she possessed? These are the questions running through your mind as you watch the new movie Jennifer's Body

Judd: Those were not the questions running through my mind. The only question running through my mind was how the fuck did Diablo Cody win an Oscar if this is her follow up effort? Or as Ms Cody would say, "Like, Doubleyou Tee Eff. How did this dried up pole jockey acquire the golden man? So Vanity Unfair."

Swanner: I'll admit that the movie looks good. The production design definitely says scary movie but the story is goofy at best. I know Megan Fox is 23 but some of these high schoolers look like they've been going to the Grease school of adults playing

teenagers. The real adults in the movie look ancient so to not make these "kids" look too old...it didn't work. The script was the problem for me but more from a "this is really stupid" plot line and not because of the trendy dialog

Judd: I was wondering if you noticed the geriatric teenagers. The only one that looks like he could pass for an actual teen is Johnny Simmons — and he looks absolutely baby-faced compared to Megan Fox and Amanda Seyfreid who look like they ought to be wing slingers at the local Hooters.

Swanner: Did you think it was scary at all? I thought it had a few scares but I wasn't really sure if I was watching a horror film or a black comedy. Maybe that was suppose to be it's charm. I know you hated the dialog but I like the trendy crap.

Judd: Scary? No, the movie was not scary. It's being advertised as a horror comedy, and it's neither. Twice they made subtle reference to Evil Dead, and I was insulted. And as far as her witastic dialogue, I'm so totally whatevs about it. Cody is the Bush Admin Wall Street, she gets too much credit. I mean, her dialogue is like a one legged dog — totally lame. Her only tal' is recycling Janine Garafalo and Heathers quotes.

Swanner: At least Megan Fox was sexy and the "kiss" was pretty good if you like that kind of thing.

Judd: I don't.

Swanner: Me either.

**Swanner: 1½ Stars**

**Judd: No Stars**



## SAFE EXERCISE GUIDELINES!

Maximizing results, working out safer and staying in the game is what it's all about. Check out these exercise guidelines below to get the most out of your workout.

**Warm up properly** (before stretching) to prepare for exercise. Warming up increases your heart and blood flow rates and loosens up muscles, tendons, ligaments, and joints. Run in place for a few minutes, breathe slowly and deeply, or gently rehearse the motions of the exercise to follow.

**Stretch** slowly and carefully until reaching a point of muscle tension. Hold each stretch for 10 to 20 seconds, then slowly and carefully release. Never stretch to the point of pain, always maintain control, and never bounce on a muscle that is fully stretched.

**Start exercising slowly** - Take your time and gradually increase intensity with time. Move through the full range of motion with each repetition. Avoid mixing exercise and food - Wait 2 hours after eating before exercise.

**Use Proper Equipment.** Replace worn-out athletic shoes. Wear comfortable, loose-fitting clothes that let you move freely and release body heat. When exercising in cold weather, dress in removable layers.

**Use level, soft surfaces** - Look for dirt paths, tracks or level fields. Hard or uneven surfaces are more likely to cause foot and joint injuries.

**Take precautions when on the road** - Wear light-colored clothing and/or reflective bands in the evening. Face traffic when on foot. Ride with traffic when on a bike. Don't restrict your hearing with headphones in traffic. Use sun-block, a hat, and/or sunglasses to protect your skin and eyes during the day. **Never exercise in isolated areas alone** - Tell someone where you will be and how long you'll be gone.

**Drink plenty of water** to prevent dehydration, heat exhaustion, or heat stroke. Drink 2 cups of water 15-20 minutes prior to exercise. Drink every 15 minutes or so while you exercise. Have another cup after you cool down.

**Stop exercising** if you experience;

Chest, jaw, neck or back pain or pressure, severe shortness of breath, wheezing, coughing or difficulty breathing, nausea, light-headedness, dizziness, fainting, cramps or severe pain or muscle ache, severe, prolonged fatigue or exhaustion after exercise. Seek medical help if any of the above symptoms persist after stopping exercise.

**Rest** - Don't exercise if you are extremely tired or don't feel well. After an extended illness, start off slowly, building back up gradually. Schedule regular days off from exercising and rest when tired. Fatigue, soreness, and pain are good reasons to not exercise.

**Overuse Injuries** - Repetitive stress muscles, tendons, cartilage, bones, and nerves can lead to injuries that would typically heal with enough rest. When exercising too frequently, the body never has a chance to repair. Without rest and repair, over time, the body can become prone to overuse injuries.

**Alternate exercises** - Alternate high intensity and lower intensity exercise to avoid overuse injuries and to prevent over-training and fatigue.

**Cool down** should take twice as long as the warm up period. Slow your motions and lessen the intensity of your movements for at least 10 minutes. Before stopping completely, check if your skin is dry, as this indicates your body has cooled down. **Use tepid water to bathe or shower** - After exercising warm or hot water can cause dizziness and/or fainting.

**Too Much, Too Soon** - Don't make the mistake and learn the hard way by pulling muscles and experiencing joint inflammation. Muscles that have been sedentary need an opportunity to gradually ease back into exercising.

**Risk Factors** - In general, injuries during exercise are more likely if: The duration, intensity or frequency of an exercise is excessive or rapidly increasing. The terrain or weather conditions are extreme or irregular. Incorrect equipment (including athletic shoes) is used. You have been injured in the past. You smoke, drink, or have led a sedentary lifestyle. You have low aerobic or muscle endurance, low or imbalanced strength, or abnormal or imbalanced flexibility. You have high arches in your feet, bowed legs, or legs of different lengths.

Playing hard doesn't have to mean getting hurt. Remain injury-free and exercise safely from the start. If you have questions, need help, or require instruction, hiring a certified personal trainer is the perfect solution for many people today.

"Fitness Trends - Pros & Cons!" was last issue's topic. Remember today's tip, clip it out, save it on the fridge, and make sure to read the next issue's Fitness Happens topic.



MICHAEL A. COOK, AFAA (AEROBIC AND FITNESS ASSOCIATION OF AMERICA) HAS OVER 15 YEARS EXPERIENCE AS A CERTIFIED PERSONAL FITNESS TRAINER, AND IS OWNER OF FITNESS-HAPPENS.COM AND THE EAST SACRAMENTO TRAINING STUDIO. AS A REGULAR CONTRIBUTOR TO THE SACRAMENTO MGW NEWSPAPER, MICHAEL INTERVIEWS AND WRITES ON HEALTH AND FITNESS TOPICS. MICHAEL (COACH COOK) WELCOMES YOUR QUESTIONS, COMMENTS OR SUGGESTIONS WRITE TO MICHAEL COOK AT 3112 "O" ST., SACRAMENTO CA 95816 OR CALL 916.813.9009

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SONYA COX HAS BEEN MGW'S HIV/AIDS EDITOR SINCE 1986 (22 YEARS). SHE BEGAN AT MGW AS A VOLUNTEER PROOFREADER BEFORE BEGINNING THE HIV NEWSWIRE COLUMN. SHE ALSO BEGAN THE "IN LOVING MEMORY" COLUMN IN EARLY 1993 (15 YEARS AGO). THE JUNE 1993 COLUMN CONTAINED 6 NAMES; JUNE 2008 CONTAINED 77. THE ENTIRE YEAR'S LIST NOW CONTAINS OVER 1000 NAMES—MOST BEING DEATHS FROM HIV.

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## NO ADOPTION FOR ELTON JOHN...

Elton John and his long-time partner David Furnish will not be able to adopt the 14-month-old Ukrainian child who had "stolen their heart" because, said Ukraine's minister for family affairs, the 62-year-old pop star is too old and isn't considered married.

The singer had recently toured a hospital for HIV-infected children in eastern Ukraine as part of a charity project, and said that he and David Furnish wanted to adopt an HIV-infected boy named Lev he met there. But officials said that adoptive parents must be traditionally married, and Ukraine does not recognize same-sex marriages. The two were married in 2005 in one of the first legalized civil unions in the United Kingdom.

"Foreign citizens who are single have no right to adopt children ... and the age difference between the adopter and the child cannot be more than 45 years," one official said. "The law is the same for everybody -- for a president, for a minister, for Elton John."

He said Ukraine was grateful for the singer's charity work and expressed hope that his desire to adopt Lev would spur the domestic adoption of more children with health problems.

## SAFE-SEX AD FEATURING HITLER STIRS GERMAN ANGER...



A Berlin AIDS awareness group has come under fire for creating posters featuring an image of Adolf Hitler, with the message "AIDS is a mass murderer." They also posted an online video that starts off with a young couple

having sex before revealing the male to be a grinning Hitler. It contains the same "mass murderer" closing message. A prominent German Jewish group as well as some AIDS prevention advocates have demanded the ad be withdrawn.

"It is disgusting and we're asking the producers of the campaign to pull it back," said a representative from German AIDS Assistance, an awareness group. He said the ad seemed designed only for shock value and was offensive to people who have HIV. Ad creators responded, "It was in no way our intent to depict those with AIDS or HIV positive as mass murderers." We just wanted to give a face to the virus, they said.

The Central Council of Jews in Germany also issued a statement, calling the ad "a defamation and mockery" of Holocaust victims. They said the initiators and producers of this campaign apparently have no consideration for others' emotions.

Ad creators noted that the movie Mein Fuehrer and the play The Producers, both with Nazi themes, had played over recent

years in Germany without public resistance, and they were not expecting the backlash. The ad was set to run both on German TV and in movie theaters. Ad creators said the "mass murder" campaign was also scheduled to include radio spots, music videos, print ads and posters featuring former Iraqi dictator Saddam Hussein and former Soviet leader Josef Stalin.

However, as criticism mounted, a ad spokesman said plans for the video and the broader campaign were not final. Talks with TV stations and theaters are continuing, he said, but he could not disclose when and where the ads would appear.

## MERCK'S GARDASIL CAN ALSO HELP MALES...

The human papilloma-virus (HPV) vaccine Gardasil has already been approved by the Food & Drug Administration for use in females ages 9 to 26, based on its ability to block HPV strains linked to 70 percent of cervical cancers and 90 percent of genital warts. The vaccine, says manufacturer Merck, is also 90 percent effective in preventing genital warts in males, and the drug company is now asking FDA to approve Gardasil for males ages 9 to 26.

The vaccine will target the strains that cause irregular growths and rare types of genital cancer in males. An FDA advisory panel is expected to consider the new use, and make a recommendation regarding approval.

About 20 million Americans are currently infected with HPV, with another 6 million newly infected annually. Most of the 40 or so HPV strains are spread through sexual contact and are symptomless. In about 90% of cases, these clear from the body on their own within about two years. Other types cause genital warts, and others can lead to cancer (these are the types being targeted by the proposed Gardasil for males). Genital warts do not turn into cancer.

Only about 15 of the 40 or so strains cause cancer, often after lingering in the body for years. Penile and anal cancers are rare, with approximately 3,000 cases reported annually. Some experts recommend yearly anal Pap tests for all gay and bisexual men as well as for HIV-positive people. Condoms can lower the risk of developing HPV warts or cancers, but HPV can infect areas that are not covered by a condom, leaving abstinence as the most reliable safety measure.

While the number of cancers is relatively low, said Merck's head of research, the burden of these diseases in men is high and understated. "Gardasil is highly efficacious and we should see an impact on men's health because of that," he noted.

## BIG CONSEQUENCES POSSIBLE AS GIRL REJECTS GARDASIL...

A teenager's quest for US citizenship is in jeopardy because she refuses to comply with an immigration requirement to be vaccinated against human papilloma-virus (HPV).

The girl, a devout Christian who has taken a virginity pledge, said she does not plan

to have sex "anytime soon." She and her adoptive American mother sought a waiver of the requirement for moral and religious reasons but were recently rejected by the US Citizenship & Immigration Service.

The 1996 Immigration and Naturalization Act requires females within a certain age range who desire to become US citizens to be vaccinated against specific diseases. Gardasil was added to the list of recommended vaccines in 2008. The family was given 30 days to appeal or the girl would face being "removed."

## COMMUNITY TURNS OUT FOR WALK

Thank you to all who contributed to, or participated in, the annual Sacramento Valley AIDS Run/Walk, coordinated through the efforts of the Capital City AIDS Fund, the NorCal AIDS Challenge, and numerous sponsors and organizations. At a time when HIV services are feeling the huge impact of the state budget crisis, your generosity and support is desperately needed and greatly appreciated.

## SERVICES DEPENDENT ON STATE FUNDS FEEL CRUNCH...

HIV service providers are dependent in varying degrees (some completely) on state and federal funding assistance to keep their doors open. To help address the state's \$24 billion deficit, funding for programs has been cut, resulting in drastic cuts in services.

But a joint legislative budget committee recently rejected a number of the Governor's original proposals to cut \$80 million from California HIV/AIDS programs, and voted to reduce the original proposal by nearly \$50 million, to a cut of \$33.5 million.

Even the reduced cuts, however, create a crisis in many of the state's 58 counties. A Solano County Dept of Health & Social Services spokesman, who estimates between 1,500 and 2,000 people are living there with HIV, reports that, "As we speak, there are virtually no programs" there, but notes that the approximately 500 HIV-positive prison inmates in the county are not affected by the cuts. Counties in the Bay Area are particularly impacted due to a variety of issues that include massively declining property values, little new construction that for years generated fees that were a large part of the revenue stream, and employee salary and benefit issues.

Many services in Santa Cruz remain intact, but after 12 years of operation, the Santa Cruz AIDS Project's Drop-In Center will close due to the loss of all its state funding. It served about 900 people per month, offering needle-exchange, testing, and prevention workshops. They are still negotiating with the Dept of Health & Human Services regarding their federal funding allocation.

In Sonoma County, "budget cuts and the recession are leading toward the likely closure of the HIV clinic in downtown Santa Rosa, leaving county health officials to search for options to maintain medical services that have kept people alive for two decades," reports their local paper. The county has begun a review to determine how best to continue providing HIV services.



The Desert AIDS Project in Palm Springs has laid off a dozen education and outreach staff after losing \$427,000 in state grants for those programs. "We did lose, basically, our education department," said one spokesperson. Palm Springs, West Hollywood, and the Bay Area (San Francisco/Berkeley/Oakland) have among the highest proportions of gay residents in the United States, and their HIV education and prevention programs are considered critical.

Sacramento County health officials estimate that more than 4,000 people here have HIV disease, and more than 2,500 are living with AIDS. Local AIDS organizations are becoming more dependent on private funds to ensure that existing levels of service are not cut back or eliminated. Your dollars contributed to local fund raisers are well utilized and make a difference. Northern (Nor/Cal) counties wisely came together a few years ago to position themselves against budget catastrophes, with 12 nonprofit agencies from Sacramento, Sutter, Yolo, Placer, El Dorado, Butte, Yuba, Nevada and Alpine counties receiving funds from the Sacramento Valley Run/Walk. Last year, walkers and runners raised over \$250,000.

More fund raisers are likely on the horizon. Help as you can. Starting in January, whenever you buy an airline ticket at a travel agency or online, there will be a new question to answer before you key in your credit card -- Would you be willing to donate \$2 to help fight HIV/AIDS, malaria, and tuberculosis in Africa? It's a small step to assist those in the most critical circumstances, and many airline travelers may decide to, or have to, ignore the request, or decide to keep their contributions within the local area, to assist those in our city or region. Stay tuned...

### HOPEFUL OUTLOOK FOR VACCINE...

Researchers in Bangkok say that they have created an experimental vaccine that shows promising results — against a strain that is common in Thailand — in one-third of the 16,000 volunteers testing it. After so many failures to create a preventative vaccine, even one with a modest success rate is an exciting surprise and could have a large impact, say experts.

"It gives me cautious optimism about the possibility of improving this result" and developing a more effective AIDS vaccine, said Dr. Anthony Fauci, director of this country's National Institute of Infectious Diseases.

The study tested a two-vaccine combo — the first vaccine primes the immune system to attack HIV, and the second one strengthens the response. The vaccines are not made from whole virus and cannot cause HIV. Neither vaccine in the study prevented HIV infection when tested alone in earlier trials, explained the Colonel who helped lead the study for the U.S. Army.

Half the men and women in the study received the vaccine, and half received a placebo. No one knew who got which until the study ended. All were given condoms, counseling, and treatment for any sexually transmitted infections during the three-year study, and were tested every six months for HIV. Any who became infected were given free treatment with anti-viral meds.



### IN LOVING MEMORY OF FRIENDS LOST IN OCTOBER

OCTOBER 1985:  
DAVID REEDER

OCTOBER 1987:  
GREG ROGERS  
JOHN HICKMAN  
RICHARD HENDRA  
ANTHONY TONE LOPEZ  
DAVID SCALF  
ROGER SMITH  
RON TAUZER  
JAMES G. WARD

OCTOBER 1988:  
MERWIN MORDINE  
ROBERT EAGAN  
LOUIS SCHENK  
JOHN PIPKIN  
ROBERT SEIBERT  
BRIAN DEAN PARKER

OCTOBER 1989:  
JOHN CAMOU  
JAMES ELLISON

OCTOBER 1990:  
JIM WESTON  
J. P. SULLIVAN  
LARRY NEMEI

THOMAS BLACK  
GARY JAMES MCDONOUGH  
ALLAN VOWELL  
ROBERT KOBERNUS

OCTOBER 1991:  
MICHAEL BILES  
MARK S. FAIRCHILD  
DAVID CATHEY  
JAMES THOMAS MARTIN

OCTOBER 1992:  
MICHAEL MOFFETT  
LEROY BRYSON  
DAVE ECKERT  
TERRY STEVENS  
JERRY D.  
PAUL SHAWVER  
MEL RENOUF  
ROBERT JAMES CURTIS  
JOHN FELTNER

OCTOBER 1993:  
DR. SANDY POMERANTZ  
BRADFORD LISZT  
RANDY RAIMUNDO  
CHARLES F. GREENE III  
DAVID TODD  
DONALD SEGEE

STEVEN WEISS  
DAVID BEST HJUL  
JOE ZYGLEBAUM  
ROBERT PERRY  
RICH JACKSON  
ALBERT JONES  
GILBERT LOPEZ  
JEFF COWDEN

OCTOBER 1994:  
BARRY BROWN  
GILBERT A. SMITH  
CHRISTOPHER BORNER  
LARRY E.  
KENNETH HARBOUR  
GARRY BROWNING  
JOHN HURLBURT  
OBE DEAN BYLSMA  
J. W. "BRANDY" MOORE  
JOHN ODOM  
ERNEST LARA  
JOE ELLIS  
JEFFREY ALAN JACKSON

OCTOBER 1995:  
PETER SCHWEHN  
DON ABBOTT  
TONY CLARK  
ROBERT ("ROB") CLARK, JR.

DALE RYZAK  
TIM F.  
TOM V.  
TERRY P.  
RAY LODAR  
KEVIN MICHAEL SCHRAM  
MICHAEL JOSEPH AUSTIN

OCTOBER 1996:  
RICHARD LOCKE  
TERRY KEITH WARNER  
CLIFFORD WARREN HAGAR  
JORGEN JEPPESEN  
LANCE MOELLER

OCTOBER 1997:  
ROYCE M. DAVIS  
GERALD M.

OCTOBER 1999:  
ALLEN N.  
REV. EDWARD R. SHERRIFF

OCTOBER 2000:  
KEVIN W. KOCI

OCTOBER 2001:  
RON C.  
PARIS (JON) CRAMER

OCTOBER 2002:  
SCOTTY FREE

OCTOBER 2003:  
JEANNE BARNETT  
PETER SMITH

OCTOBER 2004:  
K. O'BRIAN  
JERROLD WAYNE BRADLEY

OCTOBER 2007:  
ROBERT MARSHALL

YEAR KNOWN:  
MELISSA M. SCHULTZ  
BILL SCOTT  
PAUL SHELDON  
CHARLES W. SIMS

IN LOVING MEMORY  
OF FRIENDS LOST LAST  
MONTH

SEPTEMBER 2009:  
BETTY "MOM" CROUCH  
LEROY "POPS" FISHER

### REMEMBER THOSE TIMES OF LAUGHTER AND JOY WITH ONE ANOTHER.

TO ADD THE NAMES OF LOVED ONES TO MGW'S REMEMBRANCE COLUMN CALL 737-0309.





## Earth Talk

EMAGAZINE.COM

*Is it true that environmental non-profits have been hit hard by the economic downturn, and has this had an impact on their effectiveness?*

Non-profits of every stripe have been suffering from the economic downturn. In a recent survey of 800 U.S.-based non-profits, 75 percent reported feeling the effects of the downturn, with more than half already experiencing significant cuts in funding from both government and private foundation sources.

According to a recently released report from Civic Enterprises and the Democratic Leadership Council entitled "Quiet Crisis:

The Impact of the Economic Downturn on the Nonprofit Sector," few of these groups have strong reserves to weather the downturn—more than half have less than three months of operating funds on hand, while three-quarters cannot make it six months on existing cash reserves.

And the outlook is not promising. The Chronicle of Philanthropy, which reports on trends in grantmaking, says that foundation assets have declined by some 28 percent following the economy's nosedive; two-thirds of them expect to have reduced grants significantly by the end of 2009. Many grantmakers have, in fact, suspended grants altogether for the time being.

Despite their funding troubles, many environmental groups continue to provide core services. According to the Environmental Grantmakers Association (EGA), many cash-strapped groups are adapting by using more volunteers to get their work done, and actively seeking partnerships with other groups in order to make the most of limited resources and share overhead costs. And, of course, many green groups have cut costs through hiring freezes, layoffs and forced reductions in pay and hours for existing employees.

To Mark Tercek, president of the non-profit Nature Conservancy, the silver lining in the funding crisis for green groups is that it forces them to operate more efficiently and focus on core priorities: "Non-profits...have to be smart about adjusting to a tougher economic environment, including setting priorities," he says. "If resources are going to be constrained...then organizations have to ask the questions: 'What are we really best at? What are we uniquely positioned to do?'" Tercek adds that the recession also provides an "opportunity to connect the economic stimulus to environmental matters."

And that's just what the Obama administration hopes to do. By encouraging development of green technologies and services, the federal government aims to leverage environmental progress for an overall economic benefit. Most federal funding will go toward incentives for businesses and homeowners to adopt greener ways, but green groups with related expertise are in a good position to benefit as well.

Another boost for green groups could come if Congress passes the Edward M. Kennedy Serve America Act, which aims to flood non-profits with some 250,000 volunteers each year in a program akin to the Peace Corps but on the domestic front. Non-profits are also seeking changes to the federal tax code to further encourage corporate, foundation and individual donations.

**CONTACTS:** *Quiet Crisis Report*, [civicerprises.net/pdfs/quietcrisis.pdf](http://civicerprises.net/pdfs/quietcrisis.pdf); *EGA*, [www.ega.org](http://www.ega.org); *Serve America Act*, [nationalservice.gov/about/serveamerica](http://nationalservice.gov/about/serveamerica).

*I am considering upgrading some older appliances in my home. Where can I find information on which models are the most energy efficient?*

*There has never been a better time*

to upgrade some of those older creaky appliances that are gobbling up much more energy (or water) than they need to in your home. Fortunately, most of the sifting-through to find the best values has already been done for you.

The first thing to do when shopping for new equipment is to look for models emblazoned with the blue EnergyStar logo. This helps you zero in on those models that have been determined by the federal government—EnergyStar is a joint program of the U.S. Environmental Protection Agency (EPA) and the Department of Energy—to be at least 10 to 25 percent more energy-efficient (and often much more) than conventional models.

For dishwashers, for example, EnergyStar qualified models use 31 percent less energy and 33 percent less water than conventional machines while performing as well as or better, according to EnergyStar. With clothes washers, EnergyStar models can cut energy use by over a third and water use by half. EnergyStar-rated refrigerators will cut electrical use in half, compared to older machines made before 1993. With air conditioners, the savings is there, too, though at a more modest 10 percent over conventional models.

EnergyStar, which began in 1992 and first evaluated only computers and monitors, is a great jumping off point for evaluating everything from major appliances to home heating and cooling, lighting, home electronics, office equipment and more. The EPA recently extended the label to cover new homes and commercial and industrial buildings.

After first zeroing in on EnergyStar models, be sure to check out the accompanying yellow EnergyGuide sticker, which gets down to the nitty-gritty and estimates how much energy the appliance uses, compares its energy use to similar products and lists approximate annual operating costs. EnergyGuide labels also appear on appliances not EnergyStar compliant. Visit the EnergyStar website (address below) and immerse yourself.

Another way to help sort through the thousands of appliances out there that are EnergyStar-compliant is by checking out the Consumers Union (publisher of Consumer Reports magazine) free Greener Choices website, which compares a wide range of merchandise according to their relative environmental impact.

Greener Choices provides detailed information on dishwashers, washers and dryers, air conditioners, refrigerators and vacuum cleaners. Each appliance is assessed in comparison to other models via the website's Green Buying Guides, which can help consumers decide how green they should go. It also offers up a series of calculators to determine the energy use of your current appliances, new or old. By providing the efficiency and price of various models, the site helps consumers decide how much green "bang" they want for a specific amount of bucks.

**CONTACTS:** *Energy Star*, [energystar.gov](http://energystar.gov); *Greener Choices*, [greenerchoices.org](http://greenerchoices.org).





# LGBT NON-PROFIT AND COMMUNITY SERVICE DIRECTORY



**GAYSACRAMENTO.ORG IS AN ALL-INCLUSIVE, INTERACTIVE INFORMATION AND RESOURCE HUB FOR LGBT SACRAMENTO.**

**THE SITE OFFERS A SPRING BOARD TO ALL OTHER LGBT WEBSITES IN SACRAMENTO AND KEEPS OUR COMMUNITY INFORMED ON THE LATEST NEWS AND EVENTS AND WHERE TO FIND THE COMMUNITY RESOURCES THEY NEED.**

## NOW ON FACEBOOK!

**TO ADD YOUR LISTING: EDITOR@MOMGUESSWHAT.COM**

### ACTIVISM

Equality Action NOW, a Sacramento based grassroots organization dedicated to mobilizing concerned citizens to promote equality for all. Formed in the wake of Prop. 8 the group works to see that LGBT voices and concerns are represented in the larger community. 916.446.1082, equalityactionnow.org

### BARS

1099 Club: 1099 S. Virginia St. Reno NV, ten99club.com 775-329-1099

5-Star Saloon: 132 West St. Reno NV, 5starsaloon.com

Badlands Dance Bar: Mon - Sat 4pm to 2am, Sun 2pm to 2am, 2003 K St., 916.448.8790, sacbadlands.com

BoJangles: 18+, 1119 21st St. (Moving Next To Headhunters Soon)

Bolt Bar: Leather/Cowboy/Bear, Open 5pm-2am Mon - Fri, 2pm-2am Sat and Sun, 2560 Boxwood St., sacbolt.com

Brave Bull, 701 S 9th St., Modesto, 209-529-6712, thebravebull.com

Cadillac Lounge, 1114 E. Fourth St. Reno NV

Club 21: 1119 21st St.

Club Yamagata, 16225 Main Street Guerneville, clubyamagata.com, 707-869-9383

Depot Video Bar: 2001 K St., 916-441-6823, Mon - Fri 4pm - 2am, Sat and Sun 2pm - 2am, thedepot.net

FACES Nightclub: 2000 K St., 916-448-7798, faces.net

Mercantile Saloon: 1928 L St., 916.447-0792

Headhunters/ROK: Restaurant, Bar Service until 2am, 1930 K Street, headhuntersonk.com

Mustang Club, 413 7TH St, Modesto, 209-522-0393

Neutron Bar, 340 Kietzke Lane - Reno

Rainbow Cattle CO, 16220 Main St. Guerneville, queersteer.com, 707-869-0206

Russian River Resort (Triple R), 16390 4th St. Guerneville russianriverresort.com, 707-869-0691

The Patio: 600 West 5th St. Reno NV. 775-323-6565, thepatio.com

Tronix: 303 Kietzke Lane, Reno NV

### BUSINESS

Rainbow Chamber of Commerce: Business association promoting networking within the gay and lesbian business community and its supporters. rainbowchamber.com

Valley Rainbow Pages: A directory of LGBT-owned and LGBT-friendly businesses in the Greater Sacramento Valley. vrp.info

### FAMILY

Camp it Up: (August 3-10) A family camp known for one-of-a-kind gay family vacations, we respect and celebrate all unique families. www.campitup.org

Camp Lavender Hill: A week-long summer camp for children, ages 9-14, of LGBT families. (2008 camp date has passed). camplavenderhill.org

Lesbian Families: A forum for Lesbian couples with children. geocities.com/lesbianfamilies/index.html

PFLAG Sonora/Mother Lode Chapter: Meets on the third Tuesday of Jan., Apr., July, and Oct., 6:30pm, at the Tuolumne County Library. Other events scheduled through the year. pflagsonora.org

Sacramento PFLAG: Promotes health and well-being of LGBT persons, families and friends. Meets the third Tues. of each month at 7:30pm, St. Mark's United Methodist Church, 2391 St. Mark's Way. 916-978-0410, pflagsacramento.org

### FESTIVALS - EVENTS

Reno Gay Pride, August 15th 2009, renogaypride.com

Sacramento Pride: (June) Annual Pride celebration for Sacramento, hosted by the Sacramento Gay & Lesbian center. sacramento pride.org

Rainbow Festival: (Aug. 29 - 31, 2008) Annual LGBT street

**The Woods**  
RESORT at the RUSSIAN RIVER

877-887-9218 WWW.RRWOODS.COM  
16486 4th Street, Guerneville, CA 95446

**SeniorGays.org**  
Support Group for the Senior GLBT Community

As seniors we face common problems of aging, illness and the loss of friends, partners, and relatives. As LGBT people, we sometimes face estrangement from our neighbors and families. It would be good to unite to form a community of support for each other in Sacramento as well as online. In other cities such organizations have flourished and have provided companionship, fellowship, and mutual nurturing to LGBT seniors.



faire over Labor Day Weekend. Rainbow Festival is Run by CGNIE and takes place at 20th & K Sts. rainbowfestival.com

Sac. International Gay & Lesbian Film Festival: (Oct. 2009) Annual LGBT film festival takes place over 5 days. siglff.org

Sac. Earth Day: Annual Festival coordinated by Environmental Council of Sacramento (ECOS), 909 12th Street, Suite 100, 916-444-0022, sacramentoearthday.net

Sonoma County Pride. Guerneville May 31, 2009

## GALLERIES

Crocker Art Museum: The longest continuously operating art museum in the West founded 1885. crockerartmuseum.org

Kennedy Gallery: 1114 20th St. Tues.-Sat. Noon to 7pm and by appointment. mmkgallery.com

## HIV | AIDS

Anonymous HIV Testing Services: Harm reduction Services, 3647 40th St., Wednesdays 8am - 5pm; Appointments are required for testing. 916-875-6022  
Breaking Barriers: Provides a wide range of services for people living with HIV. 2200 21st St., 916-447-2437, breakingbarriers-sacramento.org

Capital City AIDS Fund: Raises money for HIV/AIDS services in the Sac. area. CCAF's activities include Oscar® Night (Feb. 2010), NorCal AIDS Challenge (May 14-17, 2009), and Sacramento Valley AIDS Run Walk (Sept., 2009). capcityaidsfund.org

CARES: HIV/AIDS health clinic, outreach, education and prevention. Free, rapid HIV testing M-F 9 am to 5 pm. 1500 21st St., 916-443-3299, caresclinic.org

Face to Face - Sonoma Co. AIDS Network www.f2f.org 707-544-1581

Golden Rule Services: A minority based organization that resolves health, education, employment and criminal justice disparities in People of Color communities through culturally competent programs and resources. 4433 Florin Road, Suite 760. 916-427-GOLD, goldenrules.info

NorCal AIDS Challenge: (May 15-18, 2009) A 4-day, 330 mile bike ride to raise funds and awareness for HIV/AIDS norcalaidschallenge.net

Northern Nevada H.O.P.E.S., P.O. Box 6420, Reno NV. nnhopes.org, 888-467-3144

Sacramento Valley AIDS Run/Walk: Sept. 14, 2008. 916-448-1110, sacvalleyaidsrunwalk.org

Sac. Valley Pozabilities: HIV+ social group. sacvalleypozabilities@yahoo.com, PO Box 161871, Sacramento, CA 95816-1871

Sierra Hope: Provides support for people with HIV & AIDS. Sierra HOPE, 1168 Booster Way, P.O. Box 159, Angels Camp, CA, 95222, 209.736.6792, sierrahope.org

Sunburst Projects: Providing support to families with children who are living with HIV/AIDS. 1025 19th Street, Suite 1A, 916-440-0889, sunburstprojects.org

## IMPERIAL COURT

Court Of The Great Northwestern Imperial Empire (CGNIE): Parent organization for Sacramento's Court, La Kish Hayworth Memorial Fund, Fairy Godfathers' Fund and Rainbow Festival. myspace.com/cgnie

## LAW | POLITICS

California Communities United Institute promotes the social, economic, and human rights of lesbian, gay, bisexual, transgender and intersex individuals, couples, and families; people affected by HIV/AIDS; people of color; women; and people of low economic status. We urge elected officials to enact and support legislation that accomplishes this goal. calcomui.org

Central Valley Stonewall Democratic Club: Helps elect qualified, openly LGBT people to public office, as well as Democratic Party candidates that support equal rights for the LGBT community. cvstonewall.org

California Capital Political Action Committee (CAP/PAC): A non-partisan, political action committee formed to provide a voice for the LGBT community in the political process. cappac.net

Green Party of Sacramento County: P.O. Box 2082, Sacramento, CA 95812, 916-484-4000, sacgreens.org

Libertarian Party of Sac.: P.O. Box 3003, Orangevale, CA 95662, lpsacramento.com

Log Cabin Republicans: logcabin.org/logcabinca/sacramento\_chapter.html

SAC Legal: Association of attorneys, legal professionals, and legislative advocates, affiliated with the Sacramento County Bar Assoc. that promotes equality the LGBT community. saclegal.org

Stonewall Democrats of Sac.: Helping elect qualified, openly LGBT people and Democratic candidates who support equal rights for LGBT. P O Box 161623 Sacramento, CA 95816-1623, 916-441-1787, sacstonewall.org

## NEW MEDIA

Being Gay Today: Sacramento's oldest, still-running LGBT TV show. Comcast Cable. Access Sac, channel 17. Thurs. 10pm, Now on myspace and youtube. beinggaytoday.com

Checkerred Nation Video Show: A gay-focused internet chat show in and around Sacramento. checkerrednation.com

Transponder Radio: Internet radio show covering many transgender issues. transponder.com

## PERFORMANCE

A Small Difference Women's Choral Ensemble: Women, under the direction of Sage Brown, dedicated to performing music with a message. smalldifference.org

Sac. Gay Men's Chorus: Produces up to three concerts a year, and performs throughout the year at events in and around Sacramento. sgmchorus.org

Sacramento DanceSport: The Largest Same-Sex Dance Program in the United States. Classes, performances and competition. sacdancesport.com

True Colors Women's Chorus: Women building a community through their love of music. 877-758-7827, truecolorschorus.org

## RELIGION - SPIRITUALITY

A Church For All: Fosters an all encompassing spiritual community. 721 North B Street, Sacramento, CA, 95816-2073, 916-502-5603, spirit@achurchforall.org. achurchforall.org

Atheists and Other Freethinkers: Promoting the civic understanding and acceptance of atheism in our community. afoonline.org

Atonement Lutheran: Welcomes all people, regardless of race, language, previous denominational affiliation, gender, or sexual orientation. at-one.org

Grove of the Oak: An eclectic group of Druids, Wiccans, and other Pagans who gather twice a month and on the eight annual Celtic seasonal festivals, to share community, perform ritual, create magic, and support each other in our chosen earth-honoring pagan paths. groveoftheoak.org

Lutheran Church of Our Redeemer: LGBT affirming and supports the Lutheran Lesbian & Gay Ministries. lctorsac.org

Pioneer Congregational Church: LGBT open and affirming. 2700 L Street, 916-443-3727, uccwebsites.net/pioneercongsacramentoca.html

Sacramento Friends Meeting (Quaker) 890 57th St, Sacramento., 916-457-3998 sacfriendsmtg.org

St. Mark's United Methodist Church: A Christian community welcoming a diverse congregation. stmarksurmc.com

St. Paul's Episcopal Church: A Christian community that embraces one and all to worship together at God's table. 1430 J Street, 916.446.2620, stpaulssacramento.org

Trinity Episcopal Cathedral: LGBT affirming. Christian worship, life and ministry. 2620 Capitol Ave., 916-446-2513, trinitycathedral.org

Valley Ministries: Existing to communicate God's love and accept all people. 4118 Coronado Ave, Stockton. 209-464-5244, valleyministries.com

## RESOURCES

Amador County LGBTQQ Support Group: Amador County Mental Health - call Mary Pulskamp at 209-223-6412

GaySacramento.org: Interactive online resource for LGBT Sac. news, events and community resources. gaysacramento.org

Lavender Library: Serves the LGBT community as a lending library and archives as well as houses LGBT activities. Loans books, periodicals, DVDs (general and erotica), to members. lavenderlibrary.org

yourgayreno.com Online resource for Reno residents

outsacramento.com: Internet links, photos, message board and news for LGBT Sacramento. outsacramento.com

Diversity R Us: Support group for Yuba City-Marysville LGBT. groups.yahoo.com/group/diversityrus

Foothill Lesbians and Gays Social Network (FLAG): An organization for the LGBT community in the Sierra Foothills of No. Cal. flagamador.webs.com

Gaysonoma.com: Online Guide to events, personals, gay businesses, community organizations, classifieds, for Sonoma County LGBT. gaysonoma.com

"If The Shoe Fits": Gay/lesbian organization in the Foothills of El Dorado County that provides social/recreational activities for members. itsfnews.org

Nevada County Pride: Social network of gays and lesbians in western Nevada County in California. nevadacountypride.org

Out In The Mother Lode: Social network for fun/support among the LGBT in the central sierra

foothills. outinthemotherlode.org

Rainbow Frontier: A website for LGBT adults in rural/frontier areas of Northeastern California funded Plumas County Public Health Agency, 1-800-801-6330 or 530-283-6358, rainbowfrontier.org

Sac. Gay & Lesbian Center: Serving the LGBT of Greater Sacramento and surrounding counties, providing facilitated discussion groups for LGBT youth and adults, counseling, legal services, HIV prevention and education services and programs for LGBT seniors, families and people living with HIV/AIDS. saccenter.org

Sierra Gay Men's Network: A newsletter & blog with news for Gay Men and their friends in the Sierra Foothills of California. sgmn.org

Solano Pride Center: Support for LGBT of Solano County. Solano Pride Center, 1125 Missouri St., Ste. 203-D, Fairfield, CA 94533, 707-427-2356, solanopride.org

Stanislaus Pride Center: Resources and support for LGBT persons in Stanislaus and surrounding counties. stanpride.org

Stonewall Alliance of Chico: Services and support for LGBT people in Chico and surrounding areas. stonewallchico.org

## SENIORS

Senior Gays: A resource for the senior LGBT and friendly community. SeniorGays.org

Prime Timers of Sacramento: Prime Timers is a social club for mature gay or bisexual menand their younger admirers. We will be having 4 or more meetups/events a month. Email PrimeTimersSac@comcast.net or call Denny at 916 647-9587.

## SOCIAL GROUPS

Capital City Squares: A square dance club for LGBT people who want to learn and enjoy Modern Western Square Dancing. iagsdc.org/capitalcity

High Sierra Primetimers, 1730 Aquila Dr. Reno, 775-324-6785

Males Au Naturel Sacramento (MANS) - A gay/bi male naturist organization for men who enjoy social naturism in positive. groups.yahoo.com/group/malesaunaturesacramento  
Natomas LGBTQ: A group to connect Natomas area queers for in-person social activities. An alternative to the bar scene. natomaslgbtq.wordpress.com

Sac Woof Society: A social group for bears and bear lovers. sacwoofsociety.net

Gay Men's Book Group: A literary group for Sac. gay men. Meets once a month (usually 3rd Wednesday). groups.yahoo.com/group/sacgaybookgroup

Pink Pistols - LGBT group with an interest in shooting sports and self defense. pinkpistols.org/local/sacramento

Sacramento Professional Men's Group: Alternative lifestyle men who get together for networking and social gatherings with other professional men. groups.yahoo.com/group/SacramentoProfessionalMensGroup

Sac. Valley Bears: A social and charitable organization for bears and bear admirers. sacvalleybears.org

Sac. Valley Knights: Northern California motorcycle club whose membership consists solely of those who own and ride motorcycles. valleyknights.org

Sac. Valley LeatherCorps: Gay men's and women's organization seeking to educate



and mentor members of the Leather/BDSM communities through classes and other club activities. [svclub.org](http://svclub.org)

Western Slope Men's Social Group: Online forum for gay/bi men on/near the Western Slope of the Sierra Nevada's (between Sac. and So. Lake Tahoe). [groups.yahoo.com/group/WesternSlopeMensSocialGroup](http://groups.yahoo.com/group/WesternSlopeMensSocialGroup)

Yuba-Sutter Unity: Social, education & community involvement. [gayyubasutter.com](http://gayyubasutter.com), [groups.yahoo.com/group/Yuba-Sutter-Unity](http://groups.yahoo.com/group/Yuba-Sutter-Unity)

## SPORTS

CHEER Sacramento: Volunteer cheerleading squad now cheering at games for West Sacramento Wolverines. [cheersacramento.org](http://cheersacramento.org)

Frontrunners of Sacramento: Social group inclusive of all types, sizes, dispositions, and levels of activities with running and running events as a main focus. [frsac.org](http://frsac.org)

Gay & Lesbian Sierrans: Lesbians and gay men who enjoy outdoor adventures and camaraderie. [motherlode.sierraclub.org/gls](http://motherlode.sierraclub.org/gls)

Gay Sport Bike Riders of Sacramento - Gay sport bike enthusiasts who meet, post rides and related links. Serious enthusiasts 18+ are welcome. [autos.groups.yahoo.com/group/SAC\\_GSR](http://autos.groups.yahoo.com/group/SAC_GSR)

River City Bowlers: Gay and Lesbian Bowling league. Winter league runs from Sept.-May and averages 22 teams per season. Summer league lasts 12-13 weeks beginning in June. [rivercitybowlers.homestead.com/about.html](http://rivercitybowlers.homestead.com/about.html)

Sac. Capital Crossroads Gay Rodeo Association (SCCGRA): Sacramento's gay rodeo chapter. [capitalcrossroads.org](http://capitalcrossroads.org)

Sacred City Derby Girls (SCDGD): Sacramento Women's Roller Derby team. [sacredcityderbygirls.com](http://sacredcityderbygirls.com)

## THEATRE | FILM

Lambda Players: LGBT theatre company now in its 21st Season. 1028 R Street, 916-444-8229, [lambdaplayers.com](http://lambdaplayers.com)

24th Street Theatre: Hosts Runaway Stage

which does musicals and larger well-known plays. Facilities for large meetings, lectures, film screenings and performances Sierra 2 Center, 2791 24th Street, 916-452-3005, [sierra2.org](http://sierra2.org)

Capital Stage - Capital Stage, Delta King: 1000 Front Street, [www.capstage.org](http://www.capstage.org)

Mondavi Center - 530-754-ARTS, One Shields Ave. Davis, [mondaviarts.org](http://mondaviarts.org)  
Shiny Object: Weekly showings of independent films and Rocky Horror Picture Show. 600 4th St. West Sacramento, [shiny-object.com](http://shiny-object.com)

The Crest Theatre: 1013 K St., 916-44-CREST. Shows independent and LGBT films. Often hosts Sacramento Gay & Lesbian Film Festival. [thecrest.com](http://thecrest.com)

## TRANS SUPPORT

Sac. Gay & Lesbian Center Trans Support: Counseling services available for transgender people. 916-442-0185, Ext. 102. 1927 L St., [saccenter.org](http://saccenter.org)

Kings of Drag: Performance troupe of women dressing in male drag. [kingsofdrag.com](http://kingsofdrag.com)

Sac. Gender Alliance: Provides recreational and educational needs of the trans community, their spouses, family members and related professionals. 916-442-0185, Ext. 141, [saccenter.org](http://saccenter.org)

Sigma Delta Gamma "Sac. Delta Girls": A chapter of Tri-Ess, an educational, social and support group for heterosexual cross-dressers, their spouses or partners and their families. 916-359-2328, [geocities.com/Sigma\\_Delta\\_Gamma](http://geocities.com/Sigma_Delta_Gamma)

Transgender Law Center — Works to make California a state in which we can all fully and freely express gender identities. 870 Market St., Room 823, San Francisco, 415-865-0176, [transgenderlawcenter.org](http://transgenderlawcenter.org)

Sacramento FTM Support Group, Lavendar Library located at 1414 21st St. Sacramento, First Tuesday of every month, A safe, supportive environment for individuals who were born female bodied and identify as male. [lavenderlibrary.org](http://lavenderlibrary.org)

Sacramento Transgender Coalition, SacTGC,

is an alliance of transgender groups who wish to strengthen the transgender community in Sacramento so we can collaborate to make changes and educate the general public about the proper terms and treatment of all transgender individuals, young and old. [sactgc.org](http://sactgc.org)

Trans Families Sacramento, Support group for families with transgender members. They meet on the third Sunday of every month in the Lavender Library (1414 21st St., Sacramento) from 6-8 p.m., [transfamilies@sactgc.org](mailto:transfamilies@sactgc.org)

River City Gems, Celebrating Feminine Expression, A social and support group serving the crossdressing and transgender community of Northern California, [info@rivercitygems.org](mailto:info@rivercitygems.org)

Sutter Gender Identity Support Group at Sutter General Hospital, 2801 L St (28th and L) Downtown Sacramento, The MCC group is an open, non-religious, non-profit, non-sexual social group for those who are serious about their transformation. Meets on the third Saturday of every month at 6:30 p.m. at the Sutter General Hospital, 2nd floor Conference Room C, 2801 L St, Sacramento, for a potluck and fellowship meeting.

Sacramento Trans Youth, Peer support group for young people in their teens through early twenties, [sactyouth-owner@yahoo.com](mailto:sactyouth-owner@yahoo.com)

Colage, Equal Justice For People with LGBT Parents & Our Families, a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parents. 1550 Bryant Street, Suite 830, San Francisco, 415-851-KIDS, [colage@colage.org](http://colage@colage.org)

Our Family Coalition, Bay Area LGBT Family Organization, Promotes the rights and well-being of Bay Area LGBT families with children 870 Market Street, Suite 872, San Francisco, 415-981-1960, [info@ourfamily.org](mailto:info@ourfamily.org)

TransGender San Francisco (TGSF), For all members of the Transgendered Community. 415-839-9448, [transgendersanfrancisco@yahoo.com](mailto:transgendersanfrancisco@yahoo.com)

Trans: Thrive, A drop-in center by and for trans. 815 Hyde Street, 2nd Floor, San Francisco, 415-409-4101

## WOMEN

Adventure Out Women: Business networking, social activities, special events and recreational adventures throughout California year-round. [adventureoutwomen.com](http://adventureoutwomen.com)

Lesbian Cancer Support: Meets third Monday of each month at 6:30pm. Bring partners or support people with you. [ROXANNE1040@aol.com](mailto:ROXANNE1040@aol.com)

Rainbow Womyn (Sac.): Online social group for Womyn. [groups.msn.com/RainbowWomynofSacramentoCA](http://groups.msn.com/RainbowWomynofSacramentoCA)

Sac NOW: Feminist news, actions, and

opportunities. Meets monthly on the 3rd Thurs., 7pm, at the Hart Senior Center at 915 27th Street (27th & J St.). [sacnow.org](http://sacnow.org)

Sacto Girls: Lesbian social group for women in the Sacramento and surrounding areas. [members.aol.com/sactogirls/index.html](http://members.aol.com/sactogirls/index.html)

Sisters of Scota Foothills Chapter: Women's Motorcycle Club who rides mostly in the foothills. [soswmcfoothills.org](http://soswmcfoothills.org)

Sisters of Scota Women's Motorcycle Club (SOSWMC): A tightknit sisterhood on women motorcycle riders who plan social events and raise funds for various charities. [SOSWMC@hotmail.com](mailto:SOSWMC@hotmail.com), [soswmc.org](http://soswmc.org)

Sac. Area Lesbian Health Resource Guide: A guide to help lesbians in the greater Sac. area identify and obtain services from providers who are sensitive to the needs of lesbian, bi and trans women. [saclesbianhealth.com](http://saclesbianhealth.com)

Single Lesbians of Sac.: A community of single lesbians in the Sac. area interested in meeting other lesbians for the purpose of dating. [groups.msn.com/SingleLesbiansofSacramento](http://groups.msn.com/SingleLesbiansofSacramento)

Women On Wednesdays: Social discussion/activity group meets each Weds. at the Gay & Lesbian Center, 1927 L St. 7-9pm. Open to lesbian, bi and trans women. [saccenter.org](http://saccenter.org)

Womyn Over the Rainbow: A group open to lesbian womyn over the age of 40 for the purpose of building friendship. [groups.msn.com/WomynOverTheRainbow](http://groups.msn.com/WomynOverTheRainbow)

## YOUTH

CSUS Pride Center: Open to Sac State LGBT students. Lassen Hall 3011, 6000 J Street, 916.278.8720, Email: [pride@csus.edu](mailto:pride@csus.edu), [csus.edu/pride](http://csus.edu/pride)

Delta Lambda Phi: A non-secret, non-hazing, national social fraternity founded by gay men for all men. [dlp.org/iota/DLP.htm](http://dlp.org/iota/DLP.htm)

Lambda Delta Lambda: Queer-friendly Sisterhood/Sorority social network on campus, accepting of all social identities and backgrounds. [ldlucdavis.org/about.htm](http://ldlucdavis.org/about.htm)

Modesto LGBTQ Youth: LGBTQ Youth in Modesto and surrounding areas. [myspace.com/lgbtqmodesto](http://myspace.com/lgbtqmodesto)

Rainbow Club Of American River College: LGBT students on the American River Campus. [geocities.com/arc\\_LGBTqclub](http://geocities.com/arc_LGBTqclub)

Queer Straight Alliance CSUS: Social/Activist group on campus. [myspace.com/queerstraightalliance](http://myspace.com/queerstraightalliance)

RESPECT Sacramento: A grassroots organization dedicated to creating safe schools for all sexual minority people in Sacramento area schools. Meets the second Weds. of the month, 6:30pm at Lavender Library, 1414 21st St. 916-733-2135, [RespectSacramento.org](http://RespectSacramento.org)

Sac Youth Yahoo Group: Forum for LGBT and friendly youth under 21 years old. [sacyouth.net](http://sacyouth.net), [groups.yahoo.com/group/sacyouth](http://groups.yahoo.com/group/sacyouth)

City College LGBT Club: 3835 Freeport Boulevard, 916-558-2111 Advisor: Gayle Pitman, Behavioral & Social Sciences, [PitmanG@scc.losrios.edu](mailto:PitmanG@scc.losrios.edu), [wservers.scc.losrios.edu/~LGBT/index.html](http://wservers.scc.losrios.edu/~LGBT/index.html)

U.C. Davis LGBT Resource Center: Campus Center for LGBT students. 530-752-2452, [lgbcenter.ucdavis.edu](http://lgbcenter.ucdavis.edu)

## LAVENDER LIBRARY ARCHIVES & CULTURAL EXCHANGE

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Eduardo



Miguel



Jose



Jesus



Arturo



Enrique



Juan



Ricardo



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BOOTBLACKING BY BOY DAVE  
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**CHILI COOK-OFF**  
**SUNDAY, OCTOBER 4, 2009**  
THINK YOUR CHILI IS THE BEST?  
ENTER THE BOLT'S CHILI  
COOK-OFF! CATEGORIES ARE  
BEST CHILI, SPICIEST CHILI,  
AND BEST NO-BEAN CHILI!  
\$3 GETS YOU A BOWL AND  
3 VOTES! CONTEST STARTS  
AT 5PM! PROCEEDS BENEFIT  
SUNBURST PROJECTS! NO  
COVER!

**CAPITAL CROSSROADS**  
**COWBOY/COWGIRL SOCIAL**  
**TUESDAY, OCTOBER 13, 2009**  
THE SECOND TUESDAY OF  
EVERY MONTH, JOIN THE  
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NACHOS, FREE POOL,  
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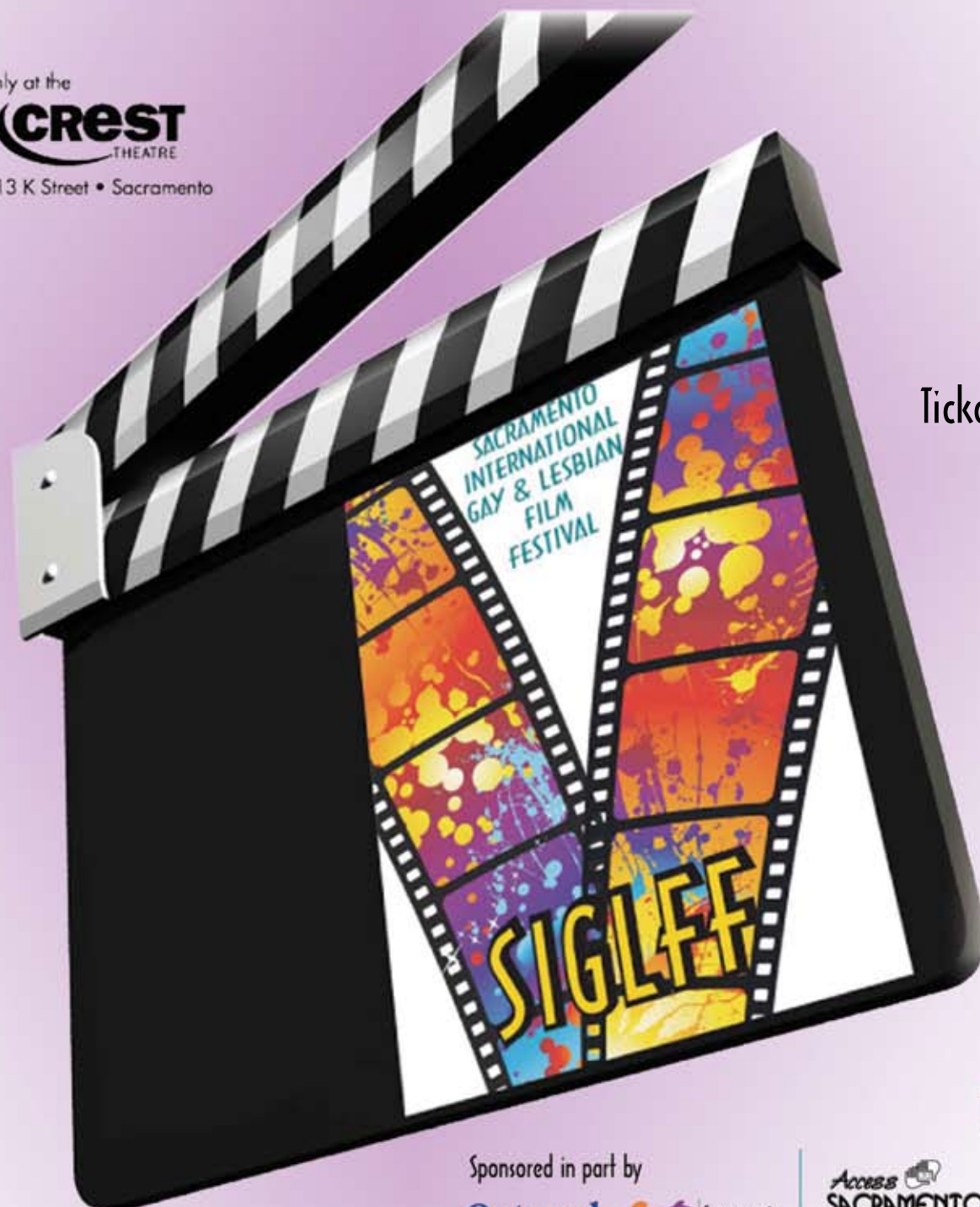
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