

MGW

MOM GUESS WHAT NEWSMAGAZINE

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**Proposition 8
Upheld**

LGBT News Since 1978 • FREE

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SACRAMENTO



CAPITAL CROSSROADS GAY RODEO ASSOCIATION SIERRA STAMPEDE RODEO

THURSDAY
DINNER/DRINKS (NO-HOST)
@ HEADHUNTERS 6PM
COUNTRY DANCING AND RODEO
KICK-OFF @ FACES 8PM

FRIDAY
SIERRA STAMPEDE POOL PARTY
3PM-6PM
HOST HOTEL - RED LION HOTEL

CONTESTANT REGISTRATION
6PM-9PM
HOST HOTEL - RED LION HOTEL

RODEO PARTY @ THE BOLT
9PM - MIDNIGHT

• 2009 •
JUNE 4-7

SATURDAY
RODEO SLACK - 8AM
GRAND ENTRY - NOON
SIERRA STAMPEDE RODEO - FOLLOWING GRAND ENTRY
@ 848 ELKHORN BLVD, RIO LINDA, CA

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WITH SUNDANCE SALOON DJs - 8PM-MIDNIGHT
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SUNDAY
RODEO SLACK - 8AM
GRAND ENTRY - NOON
SIERRA STAMPEDE RODEO
FOLLOWING GRAND ENTRY
@ 848 ELKHORN BLVD, RIO LINDA, CA

AWARDS CEREMONY
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8PM

VICTORY CELEBRATION
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SACRAMENTO STONEWALL

Sacramento Stonewall is extremely disappointed with the California State Supreme Court's decision to uphold Proposition 8, the ballot initiative adopted by a slim majority of voters in November 2008 that stripped same-sex couples of their marriage rights.

"We are disturbed that our State Supreme Court could so eloquently affirm the equality of gays and lesbians in one court case and then allow a deceptive, well-funded political machine, to strip those rights away," said Christopher Moore, Vice President of Sacramento Stonewall, "However, we believe that more and more Californians will see the fundamental truth behind this issue - that gays and lesbians have no choice over their sexual orientation and can not be treated differently under the law because of a characteristic naturally ascribed to them."

"Thanks to the No on 8 campaign and the countless individuals that continue to march the streets, Californians' hearts and minds are changing on this issue," Said Ed Bennett, President of Sacramento Stonewall, "I am relieved that my marriage to my husband remains valid and I find hope in the knowledge that a future ballot initiative will restore equal marriage rights for all gays and lesbians. Stonewall will be there fighting for it."

The Supreme Court released their decision today in which they upheld Proposition 8, and simultaneously upheld the 18 thousand marriages that took place following the Supreme Court's decision to legalize same-sex marriage in May of 2008.

SAN DIEGO LGBT COMMUNITY

The San Diego LGBT Community Center today expressed deep disappointment in the ruling from the California State Supreme Court, which failed to overturn Proposition 8. While the court did not invalidate the marriages performed for same-sex couples between June and November of last year, today's ruling is a "major disappointment from a court that ruled for full equality just a year ago," said Dr. Delores A. Jacobs, chief executive officer of The San Diego LGBT Community Center.

"It's difficult to find joy in the fact that our state's highest court didn't forcibly 'divorce' the couples who were married last year," Jacobs said. "There can be no doubt that our outrage would be considerably greater had those marriages been invalidated, but there is no cause for celebration. The bottom line is that justice and equality did not prevail today for anyone, and the Court has declared that Californians can simply vote to strip away even the most fundamental rights to equality enjoyed by their friends, family and neighbors."

COURAGE CAMPAIGN

While we are pleased that the court recognized the legal marriages of the 18,000 same-sex couples married in 2008, we are saddened by the Prop 8 decision.

But we don't have time to mourn the failure of the state court to restore marriage equality to California.

It's time to go on offense. To be fearless in our fight for equality. Starting right now: couragecampaign.org/Fearless

Last week, we asked our members to

vote on which year -- 2010 or 2012 -- the Courage Campaign should support going back to the ballot to restore marriage equality. Your collective response was overwhelming -- 82.5% support a 2010 ballot measure. As a result, the Courage Campaign is announcing today its strong support for a 2010 initiative, while respecting that partner organizations are still discussing and deliberating this very important question.

In response to the court's decision, the Courage Campaign will hit the California airwaves with a 60-second TV ad version of "Fidelity" -- the heartbreaking online video viewed by more than 1.2 million people, making it the most-watched video ever in the history of California politics.

We are launching this provocative new TV ad in the spirit of Harvey Milk's call to "come out, come out wherever you are" and proudly tell the stories of the people most affected by the passage of Prop 8 -- in moving images set to the beat of Regina Spektor's beautiful song. Be fearless. We can't win without you.

EQCA

Our worst fears have come to pass. The California Supreme Court just ruled that a slim majority of voters could eliminate the right of same-sex couples to marry. This unjust decision flies in the face of our constitution's promise of equal protection.

Although we are relieved that the Court did not forcibly divorce the estimated 18,000 couples who married before Prop 8 passed, our community and our allies will not allow this on-going discrimination to stand. We will overturn Prop 8, but only with your support. eqca.org/overturn8

Qualifying an initiative and ensuring a victory will require us to raise more money than we've ever raised (and earlier), volunteer more hours than we've ever worked, and have more face-to-face conversations with people in areas where people voted yes on 8.

EQCA is ready; we've already hit the ground running. We have a plan to reach 300,000 Californians in the next 100 days. Are you willing to do what it takes to win?

Thanks to your support, we now have eight new staff on the ground in Sacramento, the Central Valley, Inland Empire, Orange County, and San Diego in addition to our staff in Los Angeles and San Francisco. These organizers are working in the field with other grassroots groups to talk directly to voters at their doors and at festivals, events, and shopping centers in their communities.

We will only get there with your help. Every dollar you donate in response to this email will support grassroots organizing in areas where people voted yes on 8.

We may have lost in court today, but together we will right this wrong and win marriage back. The fight will take everything we have, but with your help, we know we will be victorious.

HRC

The Human Rights Campaign, the nation's largest lesbian, gay, bisexual and transgender (LGBT) civil rights organization, responded to the California Supreme Court's split 6-1 decision today ruling that Proposition 8, the narrowly approved measure which eliminated the right of same-sex couples to marry, is valid. As a result of the court's decision in *Strauss v. Horton*, California becomes the first

state in the nation to strip away marriage rights for same-sex couples. As same-sex couples and allies from across the country react to the news, HRC is releasing an online, YouTube video set to the song "I Won't Back Down": www.HRC.org/California.

"Today's ruling is a huge blow to Americans everywhere who care about equality. The court has allowed a bare majority of voters to write same-sex couples out of basic constitutional protections," said Human Rights Campaign President Joe Solmonese. "This ruling is painful, but it represents a temporary setback. There will be a groundswell to restore marriage equality in our nation's largest state, and HRC will not give up until marriage equality is restored in California."

One significant effort already underway is a strategic partnership between HRC and California Faith for Equality (CFE), a statewide group established to educate, support and mobilize faith communities on LGBT equality. The partnership joins CFE and its 6,000 supporting faith leaders with both HRC's Religion and Faith Program expertise as well as HRC's National Field Department to broaden, diversify and deepen religious support for marriage equality in California.

"This ruling couldn't be more out of step with what's happening across the country," said Solmonese, pointing to recent marriage victories in Iowa, Vermont and Maine. "We have no choice but to return this basic question of fairness for the estimated 1 million LGBT Californians back to the voters."

"While we are relieved that the 18,000 couples who married before the Prop 8 vote will still have valid marriages, it does not in any way remove the sting of this ruling," added Solmonese.

Over the past decade, public acceptance of marriage equality for same-sex couples has changed dramatically. For the first time, more Americans say they support marriage for same-sex couples (49%) than oppose it (46%), according to the latest Washington Post/ABC poll released in late April.

Where marriage stands today:

Twelve states plus Washington, D.C. have laws providing at least some form of state-level relationship recognition for same-sex couples. Massachusetts, Connecticut, Iowa, Vermont (as of September 1, 2009), and Maine (as of mid-September 2009, pending possible repeal effort) recognize marriage for same-sex couples under state law. Five states—California, New Hampshire, New Jersey, Oregon, and Washington (as of July 26, 2009, pending possible repeal effort)—plus Washington, D.C. provide same-sex couples with access to the state level benefits and responsibilities of marriage, through either civil unions or domestic partnerships.

Hawaii provides same-sex couples with limited rights and benefits. New York recognizes marriages by same-sex couples validly entered into outside of New York. Legislatures in New Hampshire and New York are considering marriage legislation that would permit same-sex couples to marry in those states, and the D.C. Council has passed legislation that would recognize marriages by same-sex couples legally entered into in other jurisdictions (that legislation is going through a Congressional review period).

For an electronic map showing where marriage equality stands in the states, please visit: www.HRC.org/State_Laws.

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FRED E. FOLDVARY TEACHES ECONOMICS AT SANTA CLARA UNIVERSITY, WHERE HE IS ALSO AN ASSOCIATE OF THE CIVIL SOCIETY INSTITUTE. HIS MAIN AREAS OF RESEARCH INCLUDE PUBLIC FINANCE, PUBLIC CHOICE, SOCIAL ETHICS, AND THE ECONOMICS OF REAL ESTATE. HIS BOOKS INCLUDE SOUL OF LIBERTY, BEYOND NEOCLASSICAL ECONOMICS, PUBLIC GOODS AND PRIVATE COMMUNITIES, DICTIONARY OF FREE-MARKET ECONOMICS, AND (CO-EDITED) THE HALF-LIFE OF POLICY RATIONALES.

Keep the Two-Thirds Rules

Imagine being very ill with an iatrogenic disease. "Iatrogenic" means a disease caused by the doctor. The doctors are giving you medicine that is slowly poisoning you, because they mistake it for food. Now you are getting ever sicker, and the doctors are debating about whether to increase the poison. Would you prefer that they decide with a two-thirds vote or a majority vote? I would want to make it more, not less, difficult to increase the poison, wouldn't you?

The same reasoning applies to the requirement in California for a two-thirds vote of each house of the legislature to pass budget bills and to approve tax increases. There is an attempt now to have the voters decide whether to lower the budget passage requirement to 55 percent. Whether you are in favor of the two-thirds rule depends on whether you believe that an increase in taxes and spending is economic nutrition or whether it is economic poison.

Some sources of government revenue provide nutrition to the economy, while others are poison, shrinking production, making enterprise flee, and driving transactions underground. Pollution charges are beneficial, for instance, because they reduce pollution while providing revenue. Public revenue from land value is efficient, because land does not shrink, flee, or hide. Tapping the land value is also equitable,

because public works increase land value, so tapping that value pays back value received. Private communities such as homeowner associations get their funds that way, from fees and assessments based on benefits, rather than extracting money just because it is there.

The California legislature has chosen to poison the economy with punitive taxes on wages, enterprise, the sale of goods, and the value of buildings. These taxes impose what economists call an excess burden, also called a "deadweight loss." By decreasing gains and increasing costs and prices, such taxes reduce production, exchange, income, and growth. The two-thirds requirement to increase taxes or to spend the loot is therefore a wise defense against increasing the economic poison.

The two-thirds budget rule also helps to limit excessive borrowing. When politicians say that a bond measure will not raise taxes, they are deceiving us, since government spending eventually is paid for by taxes. As we have seen this year, large budget deficits create pressure to increase taxes. To spend is to tax, so if the people make it easier for government to spend, they are also making it easier for government to eventually impose more bad taxes.

If I were a member of a voluntary club, I would not want a two-thirds rule for adopting the club budget, since majority rule would be reasonable, and anyone who didn't like that could quit the club. But government is imposed on people and takes its revenues by force, so the people need protection from being inflicted with ever more poison. Taxpayers also need protection from those who seek to impose greater spending

requirements on the state or on local government.

If the state constitution prohibited punitive taxation and instead embraced a libertarian position by requiring public revenues to come from voluntary user fees, pollution charges, and the land value generated by governmental public goods, then a majority vote to spend that money would be reasonable. But as long as the state chiefs insist on cannibalizing the economy with punitive taxes, we need that two-thirds rule to stop them from imposing greater ruin on the economy.

California is not alone in requiring super-majorities to enact budgets. Rhode Island also requires a two-thirds vote, and Arkansas requires a three-fourths vote for some of its spending. Several other states require super-majorities to pass budgets or increase taxes in particular circumstances, such as when spending would exceed an upper limit.

Budget battles can be avoided by adopting a constitutional rule that if a balanced budget is not adopted by the closing date, the previous year's budget is automatically extended, and if the budget is in deficit, all spending categories are cut by the same proportion to balance the budget. The fact that the state has not adopted this rule implies that the people and legislature prefer budget battles to automatic extensions and cuts.

The people voted in the two-thirds rules, which implies that the people sought to protect themselves from unwise taxing and spending. Eliminating the two-thirds rules without simultaneously stopping the economic poison would just encourage further iatrogenic economic damage.



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Prop 8 Is Upheld

BY NATHAN FELDMAN

The nation watched as Californians gathered early on the day after Memorial Day, eagerly awaiting the decision of the California Supreme Court on Prop. 8. The crowd began gathering as early as 5 a.m.

Nervously optimistic was the best way to describe the crowd as the expected time of announcement neared. A team including members from Equality Action Now, the Sacramento Gay & Lesbian Center, The Rainbow Chamber of Commerce, EQCA and others held fort in the corner of Headhunters with laptops logged into the justices website waiting for the release of the decision, only to have the website flooded and temporarily crash due to heavy traffic at 10.

As the news broke across the local television station the crowd was deathly silent. The vote was 6-1 to uphold Proposition 8 but the existing same-sex marriages remained valid.

The moments following were surreal

as stunned LGBT and friends composed themselves. More than a few tears were shed, tempers flared and hopes crashed.

The full decision, over 100 pages of writing, revealed something more interesting than the simple uphold of Proposition 8.

The Justices had to follow their interpretation of the law, and the decision, in an almost sympathetic tone held a few glimmers of hope for the LGBT community. The ruling was not a complete loss: while upholding Proposition 8 it further defined the proposition in the narrowest interpretation possible as to mean that same-sex couples could not get "married" but that they "maintain" all of the "same" rights as opposite-sex couples like we did the day before the election.

Basically it says we have all of the rights of the title but not the rights to the title. If this is followed by the State of California, LGBT couples should in 30 days, be able to get a certificate not of "marriage", but with another name, that will have all of the same legal rights, costs and benefits of a regular marriage certificate. Considering that our

Marriages were not federally recognized before Prop. 8 anyway, we really have not lost anything. In a few years, possibly a majority of people will feel comfortable calling our significant others our "married partners" but until then we should enjoy all of the same rights we had on November 3rd, 2008.

Instead of passing cash to large campaigns perhaps as individuals we need to reach outside of our community, to win the hearts of those old conservatives and ask how much a title is worth.

With funding being cut from local HIV and cancer programs, homeless shelters and others in need we really do have better places to spend our money. The battle for marriage will one day be fully won, but won with hearts, not cash.



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FRUSTRATION IN NEW HAMPSHIRE

In early May it appeared that the LGBTI community had racked up another victory. The New Hampshire Legislature passed legislation (HB 436) that would legalize same sex marriages in that state. The bill also contained language allowing clergy to refuse to perform same sex marriages. The bill said; "Members of the clergy, or other persons otherwise authorized under law to solemnize a marriage shall not be obligated or otherwise required by law to officiate at any particular civil marriage or religious rite of marriage in violation of their right to free exercise of religion."

However, the New Hampshire Governor said the bill does not protect completely enough the rights of those who object to same sex marriage. He threatened to veto the bill. And the supporters of the bill did not have the votes to override the Governor's

veto. So the legislature put the bill aside. It has not been sent to the Governor.

Then supporters of same sex marriage in the legislature took another bill (HB 73) and amended it in the New Hampshire Senate. The bill, in its original form as approved by the New Hampshire House of Representatives, merely defined who was authorized to perform marriages of any type in their state. The amendments, added to the bill by the Senate, describe in excruciating detail everyone and every type of organization that would be permitted to refuse to participate in, or take any action in support of, a marriage that violated their religious beliefs.

Clergy would be permitted to refuse to perform same sex marriages. But also, any religious organization could refuse to provide any services in support of such a marriage. In the words of the bill religion related non-profits, organizations, agencies, or societies

could refuse to provide any "services, accommodations, advantages, facilities, goods or privileges or housing" in connection with the solemnization or celebration of a same sex marriage. For example a Knights of Columbus (Catholic) chapter could refuse to rent its hall for the performance of a wedding ceremony or reception.

The plan was to approve this revised version of HB 73 and then send it, together with HB 436, to the Governor. He had indicated he would sign the bill legalizing same sex marriage if HB 73 was sent to him at the same time.

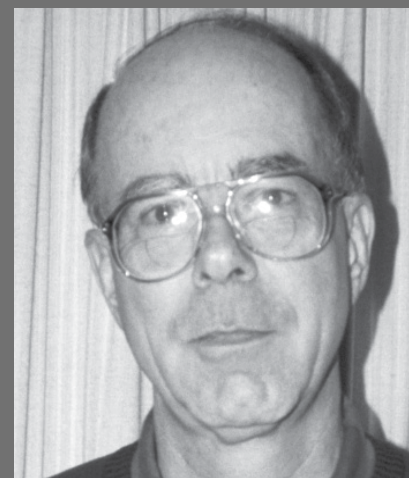
But HB 73 had the new language added to it in the Senate, after the earlier version of the bill had been approved by the House. So the bill had to be returned to the House for its agreement to the changes made by the Senate. In the House, the motion to approve the changes to HB 73 failed by two votes.

Mo Baxley, Executive Director of the New Hampshire Freedom to Marry Project, said the defeat resulted mostly from a number of absences of House members who were attending the graduation ceremonies of their children. However, one Republican member, who had voted for the earlier marriage bill, voted against HB 73 because he was angry at the Governor for not inviting him to a press conference.

So where do they go from here? The House and Senate will appoint a joint conference committee to create compromise language for HB 73. Then the bill must go back to both houses for final approval. Finally, it and HB 436 will be sent to the Governor. Ms. Baxley expressed confidence that the bills will be approved and then signed by the Governor.

"In my view, the aim of Proposition 8 and all similar initiative measures that seek to alter the California Constitution to deny a fundamental right to a group that has historically been subject to discrimination on the basis of a suspect classification, violates the essence of the equal protection clause of the California Constitution and fundamentally alters its scope and meaning. Such a change cannot be accomplished through the initiative process by a simple amendment to our Constitution enacted by a bare majority of the voters; it must be accomplished, if at all, by a constitutional revision to modify the equal protection clause to protect some, rather than all, similarly situated persons. I would therefore hold that Proposition 8 is not a lawful amendment of the California Constitution."

CALIFORNIA SUPREME COURT JUSTICE CARLOS MORENO, THE ONLY DISSENTING JUDGE IN THE 6-1 DECISION UPHOLDING PROPOSITION 8.



BY BOYCE HINMAN
CALIFORNIA COMMUNITIES
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Proposition 8 "D-Day"

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Nor Cal AIDS Challenge - Photos and comments by Nathan Feldman - Over 330 miles in the springs first triple digit heat wave these cyclists and heros made and passed the course all while raising money for people with AIDS that depend on the generosity of community and events like this.





Headhunters Women's Softball League — Photos by Janet, comments by Nate Feldman - With spring and summer sports moving along the Headhunters Women's Softball team swung into action. The ladies looked fierce with bats as they smashed balls and reminded me why I respect my lesbian friends as much as I do. Why go to a huge sporting event when you can hangout with a small group of friendly locals and have a great time! Stop by headhunters and ask for Janet and find out when the next time the ladies play!



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Magic in MoTown

As I've ventured outside the boundaries of the Central Valley to travel and explore, I've often been met with a sense of pity at my lack luster origins. Growing up in Modesto, CA it's hard to explain to outsiders where exactly that is (besides headlining crimes, everyone knows of Modesto in relation to Laci Peterson and Chandra Levy). My typical response then was to offer the close proximity of Modesto to more interesting and well noted areas. One and a half hours from San Francisco, an hour from Sacramento, three hours from Yosemite National Park, an hour from Dodge Ridge Ski Resort, etc., etc. Now I'd like to take a bit of time to point out some of the magical little wonders right in and around the Modesto area. The truth is this town offers an abundance of rustic beauty and charm, with warm social atmospheres, permeated with kindness and the sense of a tight knit community.

In the summer, weekends start a couple of days early in downtown Modesto. On Thursday nights, Graceda Park's infamous Mancini Bowl, hosts concert in the park. The young and the young at heart swarm the grassy areas surrounding the bowl shaped stage with their blankets and picnic baskets to secure a patch of land for the evening's entertainment. A walk around the event will show you the huge contrast of style of those who've turned out. You have everything from fine dining, complete with candles, table, chairs, china, silver ware, and elaborately planned dishes, to old blankets thrown down with hastily packed peanut butter and jelly

sandwiches and room temperature juice boxes. Of course none of these differences matter though because everyone is there for the same reason, to relish the sense of togetherness and community that only exists at such events, and to enjoy a carefree evening full of live music and fun activities for the whole family. The wine flows like water and the kids run like track stars at different areas of the park. Behind the domed shaped bowl of the stage looms bounce houses, water shooting fountains, drenched kids, game show hosts, balloon tying artists, ice cream men, and hot dog vendors. Really, what more could a weekday evening ask for?

On Thursday and Saturday mornings from seven to twelve, Modesto holds its Farmer's Market on 16th st. between H and I. Living not far from this location, I could smell the buttery kettle corn from my porch many Saturday mornings as I was getting ready to start my weekend. Local farmers and merchants crowd this single block with their goods, smiling, and ready for their customers. Often times live musicians are performing as well, as people navigate the booths picking the freshest produce and sweetest berries for the upcoming week. Nestled conveniently next to my favorite public building, the library, I ritually walked through Farmer's Market to treat myself to the most delicious smells and treats any one location had to offer.

Modesto's revamped downtown offers a lot in dining and going out options. My absolute favorite spot though, is the Queen Bean Coffee House at 1126 14th st. Move over Starbucks, you've got nothing on this sometimes quaint, sometimes bohemian atmosphere. The Queen Bean was a house that was converted into a business, while managing to maintain all of the comfy vibes of a home. It's artistically decorated with crown molding, lavish colors, comfy seating, and an original design. There are front and back patios. The front has stone fountains, benches, and a variety of flowers. The back has a stage for live bands, tons of seating, and areas to talk, play games, read a book, or just space out and enjoy the free thinking atmosphere. Great both day and night, the only other places I've found coffee houses like this one, are in San Francisco.

Our final destination in this tour of great things to do Modesto, starts in Knights Ferry and ends at the McHenry Recreational Park via the Stanislaus River. The Central Valley

is insanely hot in the summer, cranking out temperatures well into the 100s, sometimes every day for a couple of weeks in a row. I was one of the unfortunates who didn't have central heat and air and tended to swelter on those hotter days. Fortunately, there are several ways to cool down and keep from going mad during such periods. Here are a few mottos I adopted: everyone knows someone with a pool, I'm not afraid of a cold shower, and tons of places that are open to the public are equipped with air conditioning (the grocery store, the mall, the gym, etc.), but the best way to beat the heat and enjoy a beautiful day with some friends, is to float the Stanislaus River. A tour can be booked through a company for 17 bucks a person where they provide the raft, life jackets, and bus ride back to your car in Knights Ferry, but my friends and I preferred the do-it-yourself method. Drop a car off at McHenry Rec, drive to Knights Ferry, float down to the car, and drive back up at the end of the day. The float lasts about three and a half hours and the river is calm and doesn't require much assistance from the floater. You can lay back and relax, your tube or raft carries you under magnificent trees and alongside gorgeous houses and scenery, your feet leaving a wake of cool water behind you the whole way. We always designated an entire tube as a cooler keeping our refreshments chilly. We would usually wind a rope through all of our rafts to keep our group together, and prevent one person from getting caught or tangled in bushes. Laughing with friends, swimming, floating, snacking, drinking, this was the best way ever to get out of the house and enjoy the beauties of nature and the serenity of the river.

No matter where you live it's easy to get caught up in the hectic hustle and bustle of life. Work, family, relationships, and responsibilities can often times seem overwhelming and exhausting. Though it's easy and even instinctual to come home and plop on the couch and turn on the TV and veg. There is a whole green and wonder filled world out there waiting to be discovered and explored. I spent years living in Modesto, wishing I lived anywhere else because I thought it was so boring and the people were so conservative and closed minded. Once I opened up my mind to what my area had to offer, my heart was overfilled with a love and appreciation for what had been there all along, unbeknownst to me.



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It's Monarchs Time!

BY JENIFFER WERTZ

The Monarch's season opener is Saturday June 6 at 1 p.m. vs. the Seattle Storm at Arco Arena. This year we have Chelsea Newton back from her previous trade, have Ticha Penicheiro for at least one more season, Demaya Walker is listed as healthy, and we have added a new college phenom, 6'-4" All American Center Courtney Paris from Oklahoma. Oh yeah baby, we got Courtney!

Courtney Paris is the daughter of former SF 49er William "Bubba" Paris. She is originally from the Bay Area, and comes from a sports super star family. Her twin sister, Ashley Paris also played basketball at Oklahoma. During the 2007-2008 college season, Courtney was a first team All American, voted Big 12 Player of the Year for a second consecutive season and Big 12 defensive Player of the Year for a third season by the league's coaches.

She lead the nation in rebounds (466) and rebounds per game (15.3), had 3.5 blocks per game, a .571 field goal percent, an average of 18.6 points per game, and had double-doubles in all of their 31 games during the season. I can't wait to see our rebounding with her and Becky Brunson both on our team. Looks to be a pretty exciting combo.

I know that many of you are loyal fans, but if you are someone that has never been to a Monarch's game, you gotta go, even if you're not into basketball. The entertainment is great (especially the hip hop crew), the roar of the crowd is contagious, and the garlic fries are the best I've had anywhere. The team needs our support, and tickets start at only \$10. You can get tickets and more info on line at www.wnba.com/monarchs, or buy tickets at the door. Season ticket package are also very affordable and flexible. You can get the whole season, or select games that you want to go to. So come on out and support our girls.

2009 MONARCHS HOME SCHEDULE

Date	Opponent	Time
* Wed., May 27	Phoenix Mercury	11:00 a.m.
Sat., June 6	Seattle Storm	1:00 p.m.
Fri., June 12	Phoenix Mercury	7:00 p.m.
Tue., June 16	Minnesota Lynx	7:00 p.m.
Tue., July 7	Chicago Sky	7:00 p.m.
Sat., July 11	Phoenix Mercury	7:00 p.m.
Fri., July 17	Seattle Storm	7:00 p.m.
Sun., July 19	Detroit Shock	6:00 p.m.
Thu., July 30	San Antonio Silver Stars	11:30 a.m.
Sat., August 1	Los Angeles Sparks	7:00 p.m.
Fri., August 7	New York Liberty	7:00 p.m.
Sat., August 15	Los Angeles Sparks	7:00 p.m.
Thu., August 20	Indiana Fever	7:00 p.m.
Sat., August 22	Washington Mystics	7:00 p.m.
Tue., September 1	Connecticut Sun	7:00 p.m.
Fri., September 4	Atlanta Dream	7:00 p.m.
Thu., September 10	San Antonio Silver Stars	7:00 p.m.
Sun., September 13	Minnesota Lynx	6:00 p.m.

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REVIEW BY ROBERT APPLGATE
PHOTOS BY ROBERT APPLGATE
& NATHAN FELDMAN

Restaurant Roundup!

The past few months I have had the privilege of sharing some reviews of my old favorite restaurants as well as trying a few new ones. If you would be so kind to indulge me, in this months issue I want take you back to a few of my reviews and remind you what was so memorable from each one.

Zelda's Pizzeria located at 1415 21st Street in Sacramento. Pizza. Plain and not so simple. Just excellent pizza. Very different from your standard fair. This is knock your socks off, bold in your face different, unique, and down right delicious pizza. If you have not been to Zelda's, you are missing out. Great salads and wines also await your visit. Many of my friends are now converts and eat

here often.

Zocalo located at 1801 Capitol Avenue in Sacramento. Excellent upscale Mexican food with probably the most perfect Margarita in the area. The restaurant is very handsome and the food delicious. This is a great date place. As the weather permits, spend your time dining outside and watch all the good-looking folks of Sacramento stroll by.



Rick's Dessert Diner located at 2322 K Street in Sacramento. Simply put, every conceivable dessert you could ever dream of is here. If after dining out in the area, and your not quite ready for dessert, walk over to Rick's Dessert Diner and just smell the sugar in the air. All restaurants have a few desserts on the back of the menu, this place is nothing but desserts!! They are open late and if you have any remote sense of a sweet tooth, you will be in heaven. Go now and often! Once you have been here, desserts at other places will pale in comparison.

The Greek Village Inn located at 65 University Avenue in Sacramento. Greek food lovers rejoice! This is your home. Everything is made from scratch and is perfect. My favorite by far was the Spanakopita, a Greek spinach pie that was perfectly seasoned. I drive all the way up to this restaurant from my home in Stockton just for this dish.

Sarus located at 1315 21st Street in Sacramento near our Communities home bases. Vietnamese and Chinese cuisine made from the heart. They are open late for those leaving the bars and are well worth the stop. The food is fresh, clean, and tasty. Don't worry about not being able to pronounce some of the items, just point. The owner, Dawn is very proud of her restaurant and loves to share her food that comes from the heart. My dining Diva still talks of the iced tea they have there, so that in itself gives you reason to go!



Paragary's Bar and Grill located at 110 N. El Dorado Street in Stockton. Yes, I said Stockton, my hometown. Hands down the best hamburger in town. Everything is made fresh from the beef being freshly ground each morning, to the bun, to the pickles. Lunch here is perfect. Dinner is even better. The restaurant is in the old Stockton Hotel and is stunning. Perfect views of the Delta can be seen from the roof top terrace, which is referred to as the "Top of the Town Terrace". For those of you living in the area, if you have not tried this place you are missing out and shame on you. At night, Chef "Buddy" walks around to each table during slower times in the kitchen and asks if you are enjoying your food, which I assure you will be. The staff is professional and prompt. Don't let the white table linens scare you, this place is not fancy, just tasty! The only thing I can add is that this restaurant is ahead of its time here in Stockton, which is to bad. I eat here often and hold many meetings in the back area. I was delighted to hear that one couple came to the restaurant with a copy of MGW and ordered everything that I had recommended! What a compliment.



Celestin's located at 1815 K. Street in Sacramento. Okay, I have enjoyed every restaurant I have reviewed thus far. However, this restaurant is one of my favorites. Since reviewing it, I have eaten there on 3 separate occasions and have sent many of my friends from Stockton up there. This place is just fun! The food is outstanding, the colors that greet you can't help but cheer you up and the Mojito's are calling me as I write this. Celestine's is a blend of Caribbean and Cajun cuisine that takes you away from downtown Sacramento. Great music plays in the back, attentive staff, caring owners, what is not to like.

So, there you have my round up of recent reviews. If you go to a restaurant, tell them MGW has sent you, they need to know.

A new feature of this column is your suggestions. If you own a restaurant you want reviewed, if you know of a secret place that is yet undiscovered, if you have a favorite place you think our readers would enjoy or if you have tried one of the restaurants that has been reviewed, please drop me a note at roberta@momguesswhat.com. This is your magazine and we want you to be a part of it. Please take the time to contact us with your thoughts, suggestions, and opinions. It's so important to support those in the community that support us. Finally.....tip your servers well!



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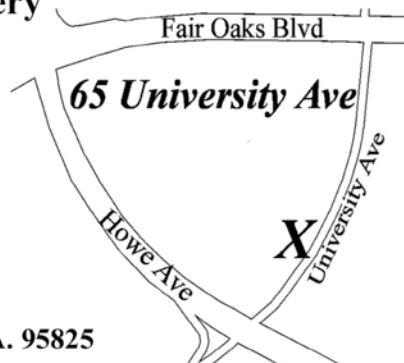
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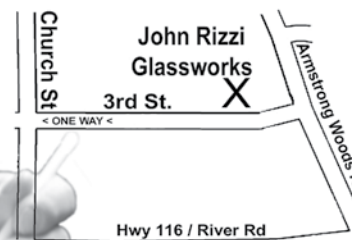
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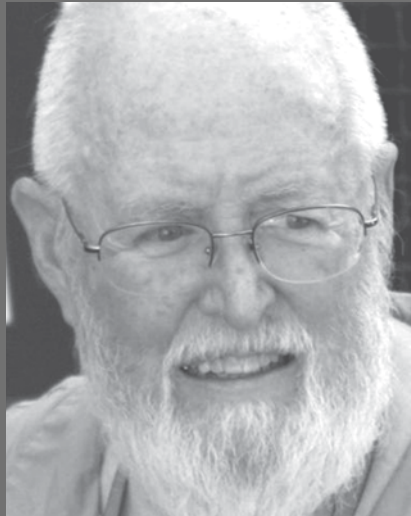


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JERRY SLOAN AT AGE 71 IS AN OUT PROUD GAY MAN AND HAS BEEN FOR 48 YEARS, HE SUCCESSFULLY SUED THE LATE REV. JERRY FALWELL AND THE PROCEEDS HELPED FOUND THE LAMBDA COMMUNITY CENTER (1986), HE IS ALSO COFOUNDER OF THE ANNUAL LAMBDA FREEDOM FAIR (1984) AND A FORMER MCC CLERGY WHO IS NOW A HAPPY ATHEIST. MRLAMBDA1937@GMAIL.COM

Sloan's Soliloquies

SOLILOQUY: TALKING WHEN ALONE (TO ONE'S SELF AND NOT BEING CRAZY, LOL): THE ACT OF SPEAKING WHILE ALONE, ESPECIALLY WHEN USED AS A NEWSPAPER COLUMN THAT ALLOWS THE WRITER'S IDEAS TO BE CONVEYED TO THE READER

ON THE HOME FRONT

Congratulations to the Stonewall Democratic Club which had its Four Freedoms Award dinner at the Radisson Hotel on May 20. It was a lovely affair with a tasty chicken breast and more than delicious chocolate cake for desert.

One of the more interesting silent auction items was a pair of Dick Chaney cuff links. No, they were not hand cuffs.

The Four Freedoms Awards was the brainchild of Sam Catalano as he was inspired by a quote from President Frank Roosevelt's 1932 State of the Union address where he proclaimed: "In the future days, which we seek to make secure, we look forward to a world founded upon four essential human freedoms.

The first is freedom of speech and expression--everywhere in the world. The second is freedom of every person to worship God in his own way--everywhere in the world.

The third is freedom from want--which, translated into universal terms, means economic understandings which will secure to every nation a healthy peacetime life for its inhabitants--everywhere in the world.

The fourth is freedom from fear--which, translated into world terms, means a world-wide reduction of armaments to such a point and in such a thorough fashion that no nation will be in a position to commit an act of physical aggression against any neighbor--anywhere in the world.

That is no vision of a distant millennium. It is a definite basis for a kind of world attainable in our own time and generation. That kind of world is the very antithesis of the so-called new order of tyranny which the dictators seek to create with the crash of a bomb."

Lofty goals which humanity is still trying to establish.

Kudos to the award winners, Sacramento Councilor Ray Tretheway was given the Freedom of Speech Award, The Reverend Dr. Brian Baker, Dean of Trinity Episcopal Cathedral, the Freedom of Religion Award, Mike Whiteside, the Freedom From Want Award and last but not least, Tina Reynolds, the Freedom From Fear Award for her and Equality Action Now's tireless efforts in organizing the many rallies opposing Prop 8.

Former California Governor and current Attorney General Jerry Brown gave rousing speech supporting marriage equality but no explanation as to why he signed a bill as governor which denied us that equality. He spoke very confidently the California Supreme Court will overturn Prop 8.

While Brown was governor he had a number of firsts benefiting glbt people. He signed Willie Brown's AB 489 which decriminalized homosexual acts between consenting adults. He issued an executive order forbidding discrimination on the basis of sexual orientation in our state government and he established a gay liaison in state government.

So, it is puzzling as to why he signed a bill which amended our non-gender specific marriage law which had been on the books since 1879 to one that was gender specific requiring people in California to be of the opposite gender if they wanted to be legally married. Also in attendance at the dinner was the besieged pastor of the Westminster Presbyterian Church, the Reverend Dr. David Thompson and his lovely wife, Louise.

Dr. Thomson continues to need the support of our community in his struggle with the Sacramento Presbytery. He has still not been given a list of charges against him nor

been able to face his accusers as required by Presbytery rules.

I find the secretive process used against Dr. Thompson to be so different than the trial of the group of United Methodist ministers who were brought up on charges because they conducted a Holy Union for two women.

In that situation the charges were filed, a tribunal of their peers was formed and each minister was allowed to tell as to why he/she participated in the ceremony. Their accusers were given an opportunity to say why they thought the accused had broken the laws of the United Methodist Church.

Ultimately the ministers were found not guilty by the tribunal.

The Sacramento Presbytery should give Dr. Thompson opportunity according to the rules of the Presbyterian Church, USA, to refute all the charges against him and to, if necessary, have an open trial and his conduct be judged by a tribunal of his peers.

ON THE FOREIGN FRONT

In the last four years in Russia, countries of the Russian Federation and former republics their pride celebrations have been held at the end of May because in 1993 homosexuality was decriminalized.

But, this year many of the pride organizations decided to hold their celebrations on May 16th as it was the finals of the Eurovision talent contest being held this year in Moscow. The Eurovision contest has contestants from 28 countries and a television audience of 100,000,000.

Poland: for the fifth time glbt persons and their supporters marched peacefully through the streets of the city of Cracow but 20 anti-glbt protesters were arrested for attacking police protecting the marchers.

The Baltic States: Despite strong opposition from the New Generation Church in Riga and last minute attempt by the city council to scuttle the celebration over 600 people from Latvia, Estonia and Lithuania celebrated in Riga's Vermanes Park. Protesters shouted and attempted to disrupt it but there was no violence as in previous years.

Russia: May 12th saw Irina Fedotova and Irina Shiptko in their attempt to become Russia's version of our own Shelly Bailes and Ellen Pontac as they presented themselves at the Marriage Registry in Moscow. Naturally they were turned down with the rebuttal marriage was only for man and a woman. The couple said they will appeal the registry's decision. They are now planning on a Canadian wedding and then return to Russia to continue the fight for glbt equality.

May 16 saw the most progay activity ever as celebrants in over 20 cities held demonstrations. As previously noted because of the Eurovision contest being held in Moscow the city was overrun with journalists and photographers so the attempts by Russian authorities to stop gay demonstrators have been well documented.

Police had threatened to arrest attorney Nikolas Alekseev, 33, chief organizer and other leading planners before May 16th but they evaded arrest by moving from one location to another a week before the demonstration and using a different cell phone each day and also at the last minute changing the location of the demonstration.

The demonstration was held in a popular Moscow park where weddings take place. Nikolas Alexeyev arrived in a limousine along

with a young man from Belarus dressed in a wedding gown. The couple distracted police while other demonstrators started chanting against homophobia, unfurled a banner and signs with the words "Gay Rights" in Russian and English.

Alexeyev and 39 other demonstrators were arrested. Most were released after paying a fine but he and six people from Belarus were held for twenty-four hours and were not allowed to see an attorney. It was feared the Belarusians would be deported but were not.

He will appear in court on May 26th to answer a bevy of charges. Meanwhile on May 17th, The International Day Against Homophobia (IDAHO) in St. Petersburg and about 20 other cities other cities across Russia small groups of people walked through their cities without incident distributing flyers and carrying balloons of with the colors of the Rainbow Flag which they released at a focal point in their respective cities. Some also decorated statues along the way with pieces of rainbow colored cloth.

Singapore: The very first glbt pride celebration was sponsored by Pink Dot Sg in Hong Lim Park with about 1000 in attendance wearing pink clothing and carrying pink umbrellas and pink balloons. This historic celebration seems to show lessened hostility toward glbt people by the Singapore government. At one point in the celebration the crowd with their umbrellas raised formed a large pink dot which made a spectacular picture from the air.

Bagdad: Incredibly, that gay U. S. embassy employees according to a May 10th invitation have scheduled a glbt pride party on May 29th. It is unclear if local glbt persons who are fleeing Bagdad for their lives were invited to the party. Prizes were to be awarded for "The Best Dressed Gay Icon" and "The Best Lip Synch Performance."

As we approach the 40th anniversary of the Stonewall Riot let us not forget the many people both gay and non-gay who have contributed to the advancement of our freedom and equality as American Citizens.

Let us remember people like the late Harry Hay who started the Mattachine Society which held its first meetings behind a locked door.

Let us remember Frank Kamendy and the late Barbara Gittings who picketed at the Liberty Bell and the White House and zapped the American Psychiatric Association to start the dialogue which resulted in it changing its definition of homosexuality from a sickness to a variation of human sexuality.

Let us remember the late Del Martin and her surviving widow Phyllis Lyons who founded the Daughters of Bilitus.

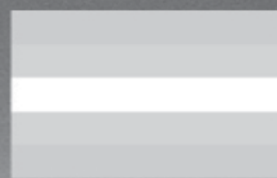
Let us remember the Reverend Troy Perry who founded the Universal Fellowship of Metropolitan Community Churches which caused both Jewish and Christian bodies to reconsider their understanding of God and Gays.

Most of these actions took place before Stonewall but Stonewall was the shockwave that rose up a new generation of activists just as Prop 8 has awakened a new generation of activists. The drag queens and male hustlers who resisted the police raid at the Stonewall Inn should be forever remembered for their courage on that fateful night in June.

So let us all support the Gay and Lesbian Community Center (formerly the Lambda Community Center) as it presents the Sacramento Pride Parade and Fair (formerly the Lambda Freedom Fair) on June 20 and celebrate our freedom and equality.

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Midge Marino

LGBT people and those perceived as LGBT are being targeted for violent crimes in Sacramento. ***Now is the time*** to take responsibility for our personal safety and self-defense. We, the gender community, are pledging to take action in partnership with families, allies, working professionals, and law enforcement. Promoting crime prevention and its principles is the first step. Building a foundation to put an end to hate crimes within our community through mobilization, education, and organization is essential to protecting ourselves, our children, and our loved ones. ***Together we can make a difference!***

Lt. Stephan Thorne of the San Francisco Police Department is the highest-ranking out transgender law enforcement official in the country. Lieutenant Thorne will speak about



safety awareness and interacting with your local police.

Central Area Commander Capt. Dana Matthes and officers from the Sacramento Police Department will discuss measures being taken by local law enforcement and how we can help improve



our personal and public safety.

David Nylund PhD, MSW will discuss from a counselor's perspective personal safety, avoiding danger and coping with the emotional trauma of abuse, harassment and violence. Dr. Nylund is an author, associate professor of social work at



California State University, Sacramento and clinical supervisor of counseling services to the Sacramento gender community.

Self-defense instructor Midge Marino will give a workshop on self-defense and personal safety techniques.



Midge Marino is a self-defense expert and Kinesiology professor at California State University, Sacramento.

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INTERVIEW AND PHOTO BY
NATHAN FELDMAN

SCCGRA's "Just John"

CAPITALCROSSROADS.ORG

How long have you been involved with SCCGRA? Since January of 2007.

What are your official titles, past and present? I'm new to SCCGRA, so I have no titles within this association. However, last year I was MR. GSGRA (Golden State Gay Rodeo Association) and worked with SCCGRA to support the rodeo.

Why did you decide to join the rodeo? I joined SCCGRA late last year because I really enjoy the support of the members, the leadership within the association and the amount of fun I have at all the events.

How did your non-rodeo friends/family react both before and after your joining?

It was a shock to most of the people that know me. A lot of my friends laughed at me and thought that I was joking. However, after buying a horse, traveling to 20 rodeos and three finals and winning a buckle in roping, the laughing has stopped. All my family and friends are now supportive of both me and my horse. There isn't a local event that my family hasn't attended.

What have you helped SCCGRA do for the community so far? Raise money for local gay and lesbian non profit groups and provide education on gay rodeo to outsiders.

Tell us about how you found your horse? Funny story! In January 2007 I snuck into the contestant/horse area at the Phoenix rodeo and saw this tough looking cowboy smoking a cigarette and washing off this horse. I walked by and said, "Wow, she's a pretty horse." The cowboy asked if I would mind holding her for a minute? Without hesitation I agreed and stood there talking to her, looking at her and petting her. I was in love with her a first sight! When the cowboy came back he said it looked like she really liked me. He said she was for sale and gave me his number. A month later I drove to his ranch in Southern California for a test ride and more information on her. Three days later I called him and said I wanted her, and he delivered her on March 3, 2007.

How has this impacted you financially? Financially it took some adjusting. The horse was a large up-front sum and then all of the little things started to add up: feed and board, trailer, truck, vet bills, shoeing and the list goes on and on. I have since adjusted and sacrificed some things for the horse, but I have so much enjoyment being around horses and competing with her I couldn't imagine not doing this. I am horse rich!

What memories will you take with you if you were never able to be in the rodeo again? I have hundreds of amazing stories that I have collected while competing and learning about rodeo. One of my favorite stories is summer 2008 when I broke my wrist. I was really depressed that I couldn't compete and ride at the rodeos. I ended up convincing SCCGRA rodeo committee to let me carry the American Flag for the grand entry ceremony with a my cast on. I had the doctor make a groove in the bright pink cast to hold the flag when I rode. I was nervous right before I went out there, but when the announcers mentioned I was wearing a pink cast for breast cancer awareness and carrying the American Flag, my anxiety disappeared and was replaced with pride. A few weeks later I roped left-handed in San Francisco and surprised everyone when I walked away with my first buckle. I wear pink in memory of my grandmother who died of breast cancer and when I won that buckle in San Francisco, the impact of overcoming a broken wrist and spreading awareness to others about breast cancer influenced others to do things they never thought they could do. I will always remember that.

What advice would you give someone with no experience interested in the rodeo? Do it. No matter how scary it may seem, or how much it may feel like you may not know what is going on, just do it! In the gay rodeo circuits, there is someone there that will always step in, give advice on how to improve and pick you up when you fall down.

What does SCCGRA do for the community? SCCGRA does several things for the community — for example the royalty team raises money and donates to different nonprofit organizations in the area. Last year they donated to Shriner's hospital. The

association also brings people together to learn how to compete, stay active and offers a forum to meet new and fun people.

What do you say to folks who claim the Cowboy lifestyle and rodeo is obsolete these days? For anyone that would say the cowboy lifestyle is obsolete, I would say have you ever seen goat dressing? Or Wild Drag? Cowboys are alive and well and riding harder then ever before.

Some cowboys describe their horse as a member of the family? Is this true for you? My horse is family. I would do anything for her and she does everything I ask of her. Last year I tripped at my ranch while working with my horse and fell directly under her and couldn't get up right away. There was a ranch hand who saw this and came running over to offer assistance. As soon as he came near me, my horse spun around pinned her ears back and dropped her head. This was her "attack mode" I told the ranch hand to stop because she was going to charge him. I got up gave her a pet on the neck and she relaxed. Due to this fall I was unable to use my right arm and I walked her back to her stall using my left arm. The entire time she looked at my arm and moved very slowly and gently, she knew I was hurt and was helping me by protecting me from the ranch hand and making slow and quiet movements. After I went to the emergency room I came back the next day and showed her the cast, she put her head on my shoulder and gave me a "horse-hug". She is family and has a heart as golden as her coloring.

How do you care for your horse? What type of maintenance does she require? Depending on the events that we do together, her care and maintenance changes. For example, to stay healthy and in shape we ride every day in the summer time and in the winter we ride two to three days a week and also in parades. She's fed twice a day, and also given supplements because she is so active. Her stall is cleaned daily and she is also brushed daily. When we travel to rodeos we ride twice as much a week before to build her muscles and prepare her for competition. When we compete in parades she is scrubbed squeaky clean, her face and feet are shaved, her hooves are painted and then she is wrapped in a light sheet and her tail is put in a bag to keep clean the night before a parade. When we are at the parade, she is brushed down several times, her hoofs are painted again and all of her show tack is put on. We rarely take anything but first place at parades. For all events she requires love and respect and I make sure she is happy before we do anything. Yes, she is spoiled.

What's next for you? I am planning on taking more lessons to improve on our speed events, and in the next two years or so may learn to ride English [style]. It's a better way to ride, but a lot for the horse and rider to learn. I also am planning on qualifying with the horse for flag racing, pole bending and roping for finals in 2010.

Let me clarify. As a fat man, I dread the locker room at my gym. First off it's cold, in a damp, dank basement sort of way. As a run of the mill, red blooded American male, I usually do my best to avoid being cold in any place where I'll be naked.

Secondly, there's the nakedness. As someone whose spent my entire life doing my best to hide my body whenever possible, every time I change at the gym I sort of feel like I should apologize to the guy next to me for catching a glimpse of my "amply proportioned posterior" (read: fat ass). And I go to a "straight" gym. I have a feeling if I went to a West Hollywood gay gym I might need to bring my therapist along whenever I needed to slip out of my gym shorts.

"Well, Don, how are you feeling right now changing in front of half the cast of Chi Chi LaRue's Frat Brother Bangers III? What's that, Don? I can't hear your answer from underneath the arctic weather parka you're changing under."

Changing at the gym for me is always an awkward experience involving standing facing the wall like a child in a timeout, hasty switches between underwear to gym shorts that take place in the blink of an eye, and of course artfully draped towels. While I do this,

doing my best to hide my horrible body from all the imaginary eyes in the locker room, there's usually another man in the gym who has a very different take than me.

It's a different man every time, but there's always one. This man plops his naked butt down on one of the benches while he pauses to consider his day. He'll frequently scratch himself while he does so. Naked, he'll tuck his clothes into the bottom locker, balls hanging free and slapping gently into the faces of anyone unfortunate enough to be sitting on the bench next to him when he bent over. While my shirtless dash to the showers usually has me still in my gym shorts with a towel slung over one shoulder to hide at least half my chest, this man can't be bothered. This man shuffles past me, towel in hand, naked as the day he was born, testicles swaying like a pendulum, a modern day leper's bell warning of his approach.

At my gym, this man, so free with his body, so secure in himself, is invariably an Asian man in his 70s or 80s. The age, race or gender of the person who does this at your gym may vary.

I suppose for a lot of people, the naked old guys at my gym would be far from exciting. In our society, we stress

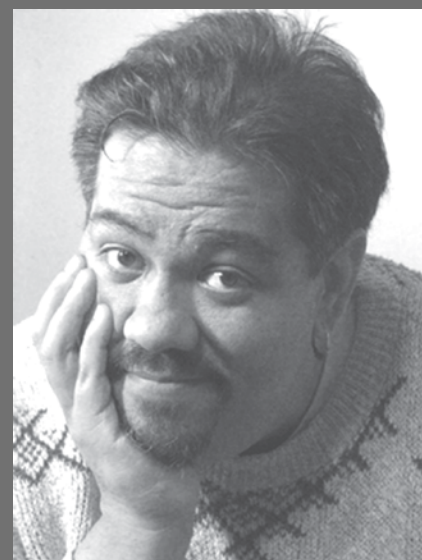
the feelings of the person forced to look at the unwanted nudity. How many times have you heard people talking about nudists with the phrase "the only people who are nudists are the ones you don't want to be"? This means, pretty much, that if you're not a cast member of Chi Chi LaRue's Frat Brother Bangers III keep your damn shorts on.

The connection of nudity to sexuality seems to be the downfall of nudity. Nudity is supposed to only occur before sex. With this mindset, seeing anyone naked has the scent of foreplay on it. We cannot look at any naked form without thinking that person is making a sexual overture to us, even if they're just changing, breast feeding or just enjoying the freedom of feeling the sun on themselves.

Because of this connection Popes have cut the genitalia off of priceless works of art, attorney generals have required that the statue of Justice in the Justice Department have clothes made for it, movies have been banned, video games have been turned away from stores.

The old Asian man at my gym cares nothing for any of this. He's just happy to be able to air out the boys for a few minutes on the way to the showers. From beneath my arctic weather parka, I envy him. Imagine the state of knowing that your body is flawed and accepting that. Imagine knowing that others may not want to see your body but being able to value your own freedom and pleasure above the shame that their eyes would put on you.

I want to be an old Asian man when I grow up.



HUMORIST AND SATIRIST DONALD E. MARSHALL IS A 35-YEAR-OLD GAY MAN LIVING IN HOLLYWOOD, CA WHO RECENTLY MADE SOME CHANGES IN HIS LIFE. OVER THE PAST YEAR, HE'S LOST 180 POUNDS BETWEEN DIETING, EXERCISE AND GASTRIC BYPASS SURGERY. HIS LIFE IS CHANGING QUICKLY, AS IS THE WORLD HE LIVES IN. THE LOCAL ALL YOU CAN EAT CHINESE BUFFET HAS GONE OUT OF BUSINESS. TRAINERS AT THE GYM NO LONGER HIDE UNDER THE DESK WHEN HE WALKS BY AND HE'S EXPLORING THE WHOLE NEW WORLD OF FASHION, DESPITE THE PROTESTS OF LOCAL SALESGIRLS. BEST OF ALL, HE'S LOVING LIFE IN A WAY HE HASN'T IN YEARS! SHRINKINGFATMAN@GMAIL.COM

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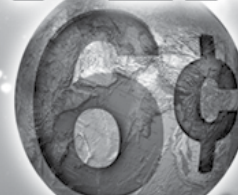
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BRIAN JUDD HAS BEEN A FILM REVIEWER FOR 6 YEARS. HE LIVES IN SMALL APARTMENT WHERE A PORTRAIT OF ANITA BRYANT HANGS OVER HIS BED SO HE CAN POINT AT HER AND LAUGH DAILY. HE IS ALONE AND BITTER AND LIKES IT THAT WAY.

Swanner & Judd

SWANNERANDJUDD.COM

TERMINATOR SALVATION

Swanner: In this fourth installment of the Terminator series, Christian Bale plays John Connor a man who has been fated to lead the human resistance against the machines. On he learns that his father has been captured by Skynet (the machines) and is set to be terminated. So John and a mysterious stranger Marcus Wright venture to Skynet's operations to save his father and stop the machines. I could go on but I'm sure I've already lost Brian.

Judd: Lost me? I've seen commercials for breakfast cereal with loftier plot lines. I know that this is supposed to be a summer movie with lots of action and explosions, but that's all it served up. I bet you the script is five pages long, including the title page, list of characters and scene breakdown. What's worse is that it felt like the scenes were written explicitly to set up the next action sequence. You seriously gave an in-depth summary in one sentence.

Swanner: Well there is the fact that John Connor's father is younger than him and that he must save him because his father has to be sent in the past where he meets John mother Sara. If the machines kill his father...will he no longer exist??? How is that for storyline? What about the fact that this mysterious stranger turns out to be part human and part machine? How's that for a twist? I will admit it was really loud. I'm not talking too loud for Grandpa I'm talking too loud for everyone. If one more thing blew up I don't know what I'll do...and it did.

Judd: Oh wow, you just gave me the plot of Back to the Future with a dash of Star Trek Next Gen. Anyone with half a brain will know the mysterious stranger is a cyborg right off the bat; it's hardly a twist. I'm sorry but the whole thing – acting included – felt like a sub-par B-Movie with an A-Movie budget. Christian Bale once again trots out his growly Batman voice – if he does anymore action flicks he's going to damage his reputation as a serious actor, not to mention his vocal chords.

Swanner: I've never been a big Christian Bale fan so beat him down all you want. It's the two newcomers that I was watching. Anton Yelchin as Kyle Reese and Sam Worthington really are the ones to watch here. Yelchin is having a great year so far, he plays Chekov in Star Trek and was amazing in last years Charlie Bartlett and here he enters into another franchise as John Connor's father. Worthington plays Marcus Wright, our human terminator, and he is delicious...can I say that? The Aussie born actor with very little experience has made a big impression on me.

Judd: The only reason Yelchin was cast is because he's scrawny and makes the perfect underdog. It had nothing to do with his acting chops, which he definitely has. Sam Worthington is hot, I'll give you that, but we'll see what he's capable of later, because this movie wasn't exactly an actor's showcase. Now before you call me elitist I know that action movies aren't supposed to have Oscar worthy performances, but this hit a new low. Common's acting skills makes Ben Affleck look like Lawrence Olivier.

Swanner: You really need to let that one go. I love how Oscar nominee Jane Alexander has two lines in the movie but was in many different scenes...I think she plays a bigger role later down the line. She plays Virginia but I bet her real name is Sara. I feel like a really nerd here but I liked the movie. It's a popcorn movie. I had a good time...it was too loud but it's a war movie

so they tend to be loud. Did I mention how hot Sam Worthington is? He's playing Perseus in the new Clash of the Titans which means he won't be wearing much. hehehehehehe

Judd: The movie sucked. The plot was stupid, it was too loud and the acting was horrible. I know that this kind of summertime fluff isn't my thing, but when it's properly executed I love a good popcorn movie. Live Free or Die Hard is a perfect example of a dumb, loud, outlandish yet excellent action film. Terminator was a waste of time.

Swanner: **1/2

Judd: *



NIGHT AT THE MUSEUM 2

Swanner: This weekend I got to see the sequel to the very popular Night at the Museum which this time has Ben Stiller at the Smithsonian. What has happened is the Museum of Natural History from the first film is being transformed into an interactive museum so most of the exhibits have been moved to the Smithsonian and now they are being threatened by exhibits at this new museum. I'm serious... that's what it's about. Brian's been bitching about thin storylines I wonder what he'll think of this one?

Judd: Unlike you, I knew better than to waste my Saturday morning seeing a crappy Ben Stiller movie. I still can't figure out why you went.

Swanner: It is a major summer release. I'm a movie reviewer. So I felt it's my duty to see all shows...not just the ones I want to see. Don't forget, we do have readers that have kids and would like to know our thoughts on kids movies too. I thought the movie was fine. I mean it was made well and the special effects are really top

notch. The main problem I had with the movie was that it felt too much like a kids movie.

Judd: Fuck the kids and fuck people with kids! How about that! If they're so concerned about what little Johnny or Suzy are going to see, let them pick up a parenting magazine, not a gay "alternative press" magazine! I sure as hell am not going to waste sleeping in on a Saturday morning to put myself through hell for some fags and dykes with gaybies. Which, by the way, I don't believe in and will not condone by lending my opinion from a parent's perspective!

Swanner: I'm sure you wanted to remind me that the movie is a kids film so of course it felt

too kidsy. You're right it is a film for the "family" but as an adult that likes kids movies... this felt too kidsy to me. This movie just wasn't doing it for me. For example is how we felt when we watched Cars, it felt like they were appealing to a much younger audience...same here. I liked the first Museum much better than this one. I should mention that I still don't really like Ben Stiller that much.

Judd: Fuck Ben Stiller! Goddamn, gays and their kids. Taking them to movies that I have to review. I'm not going to do it, I tell you! I've had it! Where's my peanut brittle?

Swanner: It sounds like someone missed their meds this morning. All in all, the movie is good and I'm sure that their targeted audience will love it. I just found myself yawning and that's not usually a good sign for a movie that's moving fast enough to keep the life spoilers...I mean to keep the children occupied. I'm hoping that this is the end of this franchise, I just don't see where it will go from here and frankly I don't care.

Swanner: *1/2 (for adults) * (for kids)**

Judd: Where am I?

Exercise Tips & Secrets

FINDING TIME TO MAKE FITNESS HAPPEN

Not exercising regularly because there's not enough time? Make finding time to exercise a Top Priority! Busy lives need time set aside for exercise. Fitness will happen when there's a working plan in effect and nothing is left up to chance. Waiting for schedules to ease up, for the weather to cool off or heat up, for school or job to start or end? Here are some insider "Top 10" tips for finding the time to make fitness happen.

Make exercise a priority. We all make time in our lives for the things that are most important to us. If you were given a million dollars for every day you exercised for the next 30 days, would you do it? You bet, because then it would suddenly become a priority. If you're serious about finding time for exercise, then it must become a priority in your life.

Wake up earlier to exercise. Try going to sleep a little earlier and getting up a few minutes earlier. Make exercise time the first thing in the morning when it's less likely to be interrupted by other things. Not usually an early riser? The morning can provide quiet time to try a yoga DVD and slowly wake up while getting the body energized.

Block out the same exercise time each day. Make exercise part of your daily routine. Guard this time period as if your health and well being depended on it!

Exercise over lunch or while traveling for

work. Join a gym or training studio near work and spend 30 minutes or so exercising on your lunch break. Even a 20-minute swim can leave you feeling re-energized and ready to face the rest of the workday. Bring your sneakers to work and go for a walk or run during your lunch break. Ask a co-worker to join you to pass the time and make exercise more fun. Always take the stairs, never the elevator. Extra walking can count as part of your workout! Remember, just a 10-minute workout each day equals over 300 exercise minutes by month's end. Traveling for work? Pack some sneakers and shorts, and hit the hotel gym first thing in the morning.

Television and cell phone time. Have a favorite television show or like watching movies? Don't just sit on the couch. Yoga positions, leg lifts, sit-ups, push-ups, or stretching enable you to get in your exercise time as well. The average adult spends 16 hours per week watching television. Try exercising three days a week (ie. Monday, Wednesday, Friday) and only watch television while exercising (stationary bike, treadmill, elliptical, stretching, etc). Take advantage of talking on the cell phone by stretching or taking a walk while talking.

Check out the library. Libraries stock up on all sorts of exercise DVD's. Find some titles on your library's shelves, or build a home library of exercise videos. Check a few titles out a week to mix up your workout routine at home and keep things interesting. Popping in a DVD can be a fun and convenient way to squeeze exercise into your busy schedule.

Make date night include fitness. Get some exercise in before, during or after date night.

Hit the treadmill, go for a long walk or jog, play tennis, take dancing lessons, or go on a bike ride. Do something you can do with your partner that builds in exercise time together.

Neighborhood Walks. Visit with your partner, friends and neighbors while walking around the neighborhood rather than sitting on the couch.

Errands and chores count. Build exercise into daily chores: Try standing calf raises while making dinner or take extra trips carrying smaller piles of clothes while doing laundry. Bike ride, or walk to the places you need to go. Don't circle to find the closest parking spot at the mall. Park at the furthest end of the parking lot. Walking counts as exercise! Instead of squeezing in a lunch date with a friend, exercise together. This will save money and calories, and still allow for quality time together.

Gardening counts too. Go outside, dig up some weeds, plant some new plants, and start raking up the leaves. Gardening is great exercise that involves squatting, lifting, digging, bending, and hauling yard refuse away.

Everything makes a difference. Take a couple of days to write down how you spend your time every day, and then determine how you can better use your time to fit in exercise. Make exercise as enjoyable as possible and you'll be much more likely to find time for fitness to happen.

"Fueling Your Workouts!" and Working with Experts!" were last issue's topic. Remember today's tip, clip it out, save it on the fridge, and make sure to read next issue's topic, "Top 10 Reasons to Exercise" and "The Best Workout Time."



BY MICHAEL COOK
FITNESS-HAPPENS.COM

FEEL FREE TO CONTACT MICHAEL A. COOK, AT 916.813.9009, WITH QUESTIONS, COMMENTS OR SUGGESTIONS. MICHAEL HAS 15-YEARS EXPERIENCE AS A CERTIFIED PERSONAL FITNESS TRAINER, AND IS OWNER OF FITNESS-HAPPENS.COM AND THE EAST SACRAMENTO TRAINING STUDIO.

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SONYA COX HAS BEEN MGW'S HIV/AIDS EDITOR SINCE 1986 (22 YEARS). SHE BEGAN AT MGW AS A VOLUNTEER PROOFREADER BEFORE BEGINNING THE HIV NEWSWIRE COLUMN. SHE ALSO BEGAN THE "IN LOVING MEMORY" COLUMN IN EARLY 1993 (15 YEARS AGO). THE JUNE 1993 COLUMN CONTAINED 6 NAMES; JUNE 2008 CONTAINED 77. THE ENTIRE YEAR'S LIST NOW CONTAINS OVER 1000 NAMES—MOST BEING DEATHS FROM HIV.

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WAL-MART WORKERS TO GET HEPATITIS TESTS...

A Yuba City Wal-Mart has been fined \$16,500 for not giving employees proper hand protection after a worker there was diagnosed with hepatitis B in December. The Dept of Occupational Safety (Cal-OSHA) has ordered about 20 other employees to also be tested for the disease. Workers have often complained about being stuck by the hollow needles inside inventory tagging guns, and Cal-OSHA said it wants additional testing to see if sharing the guns may have spread the virus.

Wal-Mart says that, even tho they believe they have always been in compliance with state law, they have agreed to supply workers with individual guns in the future.

FARRAH PUTS SPOTLIGHT ON ANAL CANCER...

The recent TV special about actress Farrah Fawcett's battle with anal cancer has placed the disease in the national spotlight.

Many cases of anal cancer are linked to certain types of the sexually transmitted human papilloma-virus (HPV). It is also associated with unprotected anal intercourse, especially with a person who has genital warts. Most people with HPV clear the infection and do not go on to develop cancer. Anal cancer is rare, compared to the more common colon cancer. It is, however, found ten times more often in people with HIV than in the general population because of their often-suppressed immune system.

Early detection by way of a rectal exam and microscopic study of the tissue structure can identify anal cancer, which is treated with a combination of chemotherapy and radiation. Symptoms of the disease include bleeding and pain with bowel movements. Maintain a close and open relationship with your physician, and share with him or her any concerns you may have about symptoms or discomfort that worry you.

UTAH NOW TREATS STDs WITHOUT SEEING A DOCTOR...

A new state law in Utah now allows doctors to write antibiotic prescriptions for the unnamed partners of their patients with chlamydia and gonorrhea. Doctors are not required to provide the anonymous prescriptions, but may if they wish. The law allows the program, called expedited partner therapy, to be implemented in various ways, with individual health districts setting up their own restrictions or options about the program.

One of the more controversial issues is whether prescriptions should be

written for youths under the age of 18. The Salt Lake Valley Health Dept, for example, will write extra prescriptions only for those who are 18 and older. Utah County will require people to bring in the partners' birth dates and names before it will release a prescription. In contrast, Weber-Morgan Health District will provide extra prescriptions for those as young as 14. "It's so much more important for their partners to get treated than to just leave them hanging out there," said that district's program manager.

FEDS DIRECT \$1.79 BILLION TO RYAN WHITE PROGRAM...

The federal Health & Human Services Dept is releasing \$1.79 billion through the Ryan White HIV/AIDS Program to help nearly 530,000 Americans with HIV to obtain care. The figure includes \$780 million earmarked for the ADAP (AIDS Drug Assistance) Program. Another \$41 million in ADAP funds will be distributed through supplemental grants.

"These grants will provide state-of-the-art treatment for people currently in care, and critical services to newly diagnosed individuals who are being brought into care," said the director of the White House Office of National AIDS Policy. "The care and services these grants will support can help Americans living with HIV/AIDS to live longer, healthier lives."

OBAMA DISAPPOINTS NEEDLE-EXCHANGE PROPONENTS...

Needle-exchange activists are disappointed that President Obama's federal funding proposal for 2009-10 reverses one of his campaign promises, allowing no funding for the needle-exchange prevention strategy.

During his campaign, Obama pledged his support of needle exchange programs to slow the spread of HIV/AIDS. After his election, the White House web site posted the statement, "The President also supports lifting the federal ban on needle exchange, which could dramatically reduce rates of infection among drug users." That statement has now been removed (...an eerie reminiscence of the removal of condom information from the CDC web site soon after the election of Bush...).

"We had hoped the president would seize the first opportunity for lifting current federal restrictions" on syringe exchange for intravenous drug users, said the Physicians for Human Rights. "Denying people at risk for HIV a proven prevention intervention is a denial of their basic human rights."

Nearly 200 needle exchange programs have been established across the country with local and regional funds, but a White House spokesman said the administration isn't yet ready to lift the ban on federal funding for the programs.

"The President is looking forward to working with Congress and the American people" to build support for needle exchange, said Obama's AIDS policy director, "and his administration is committed to moving forward to address the ban" on federal funding for syringe exchange programs as a part of the national HIV/AIDS strategy.

ROSE GARDEN MEETING SCHEDULED FOR JUNE 20...

A public meeting has been scheduled in the Rose Garden of McKinley Park for 9:30 on Sat June 20 to discuss the feedback received by the Parks & Recreation Dept regarding their plan to refurbish the Rose Garden, including the removal of roses and memorial plaques placed there by the friends and loved ones of more than three dozen people who have died throughout the years of the AIDS epidemic.

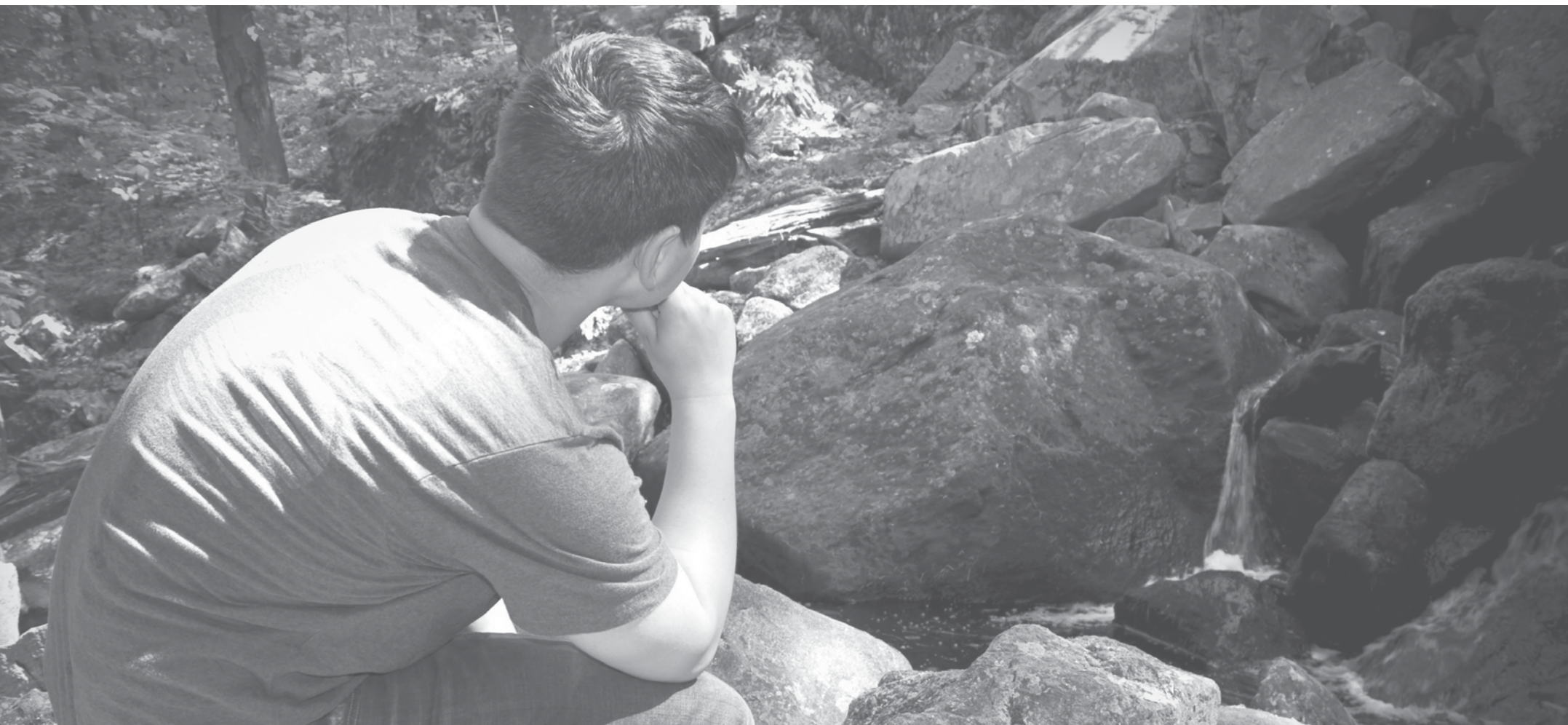
Since this is the same day as the Pride Parade and Fair, there have been requests to the Parks&Rec Dept and city council (Steve Cohn) to change the date so that more individuals from the gay and lesbian community may attend. (Therefore, please call 808-7590 to confirm date or to offer comments.)

The garden's irrigation system needs replacement or repair, pathways need upgrading to meet ADA requirements, and old rose bushes need replacing. The Rose Society, charged with taking care of the garden, has been considering a simple plan to make the needed changes, that would take into account the safekeeping of surrounding trees and wedding arches, as well as interior roses, memorial plaques, and benches sponsored over the years in honor of partners, family, and friends.

The Parks&Rec Dept, which manages the entire park, proposed an alternate plan — one that would involve a complete overhaul, a new "master plan," removal of dedicated roses and plaques, and construction of additional "enhancements" to replace the existing historic design of the garden. This came as a disturbing surprise to many of the families and friends of those honored in the garden — many of whom were not notified about the recent first meeting on this topic. The Dept has promised, however, that these contributors would somehow be notified "before the date of removal with a window of time to come and secure their roses and plaques that were part of a dedication."

After the first meeting, the city and the Rose Society received numerous public comments, many of which expressed discontent and anxiety over the city's aggressive restructuring plan. It is hoped that these concerns will be discussed at the upcoming meeting, and that common ground can be found among the agencies and the citizens who feel a strong kinship with the memorial aspects of this garden.

To verify the date and time, or offer comment if you cannot attend, or if you



know of families who need to be notified about the city's proposal, please call or write Jonathan Rewers, 916-808-7590, rewers@cityofsacramento.org, or Lori Harder, 916-808-5129 or -5172.

EMERGENCY ROOM VISITS FINDING MORE POSITIVES...

Since 2007, as part of a nationwide initiative of the Centers for Disease Control, more emergency rooms have begun offering an HIV test to visiting patients. (At San Francisco General Hospital alone, HIV testing has increased from about 150 people per month to 500.)

This may explain a 15 percent increase in new US HIV cases – from 37,000 in 2006, to 42,600 in 2007.

"I can't say it's all due to emergency room testing, but it's certainly suggestive that that's what's occurring," said the associate director with CDC's Division of HIV/AIDS Prevention. "We're finding the positives who are out there... we're beginning to work down the backlog of these cases, and in the process not only identify more people, but identify them earlier, so with effective therapy and treatment they can have a normal life expectancy."

IN LOVING MEMORY OF FRIENDS LOST IN JUNE

JUNE 1985:
DAN RUNDLE

JUNE 1987:
JIM WARD
GLEN MILLER
JOSEPH RUNZO

JUNE 1988:
KEN ROSS
ALBERT FRANKIE COOK

JUNE 1989:
GARY LARGENT
JAMES PATRICK
LAWRENCE
THOMAS WILLIAMS
WILLIAM WALLER
SCHONN MICHAELS
MARC ELLIS

JUNE 1990:
TIM WARFORD
LARRY MILLER
DAVID ARLEN LEWIS

JUNE 1991:
TIM DOLLSON
JOANNE RUIZ
MIKE MCDOLE
GREG CHEEVER
DALE HENRY

JUNE 1992:
MICHAEL BRYANT
GLEN HUMFLEET
ELOY GARCIA
KEVIN LEE PRICE
JOHN MUSGRAVE
BART HECK
CRAIG MITCHELL

JUNE 1993:
DAVID KESSNER
JOE MCDONALD
KIRK RADER
EUGENE HARVEY
DONALD BEHNKEN
DUANE A. RUSSELL
JOE PITCHER, JR.

JUNE 1994:
NIKKI (PORTER) HIATT-
HAMILTON
ARLIS ZIMMERMAN
DAVE CROWLEY
GUILLERMO PENA
DENNIS TESCH
RICK TOLEMAN
RICKY WATSON
VERNE OLIVER
LETHA KNOX
MICHAEL JACKSON
ROGER HARLOW
RUBIN "TITO" VIGIL
THOMAS E. STEVERSON
STEVEN MABS

JUNE 1995:
DAVID V. NYSTROM
MARCUS M.
DAVID C.
JACK R.
IRENE B.
GARY SIMON

JUNE 1996:
LARRY BELL
BILL SPENCER
WILLIE A.
CHARLES EVANS

JUNE 1997:
BOB GRIFFITH

JUNE 1998:
FRANK "CISCO" ORTIZ
DORE TANNER

JUNE 1999:
DANNY FREER (DIAMOND)
DAVID C. JAY
JOEY "GINO" GUERRERO

JUNE 2002:
JOE LOPEZ

JUNE 2004:
THEODORE "THEO"
MAREFOS

JUNE 2006:
TERRY LOESSER
STEVE KENWORTHY
MURIEL FOLLANSBEE
MICHAEL BROWN
ERIC ROFES

YEAR UNKNOWN:
NEAL LOMONACO
CURTIS LYMAS
TONY MARTIN
DUTCH MARTIN
JOHN MAYFIELD

IN LOVING MEMORY
OF FRIENDS RECENTLY
LOST

APRIL 2009:
KEN JOHNSON
DANA SAVORY

THOUGH NOTHING CAN BRING BACK THE HOUR OF SPLENDOR IN THE GRASS OF GLORY IN THE FLOWER,
WE WILL GRIEVE NOT — RATHER, FIND STRENGTH IN WHAT REMAINS BEHIND. REMEMBRANCE COLUMN.

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What is "nanotechnology?" I've heard that nanoparticles are already in consumer products, yet we haven't really studied their potential health impacts.

Nanotechnology makes use of minuscule objects—whose width can be 10,000 times narrower than a human hair—known as nanoparticles. Upwards of 600 products on store shelves today contain them, including transparent sunscreen, lipsticks, anti-aging creams and even food products.

Global nanotechnology sales have grown substantially in recent years, to \$50 billion in 2007, according to Lux Research, author of the annual Nanotech Report. And the final tally isn't in yet, but analysts had predicted 2008 sales to be \$150 billion. The National Science Foundation says the industry could be worth \$1 trillion by 2015, when it would employ two million workers directly.

What makes nanoparticles so useful is their tiny size, which allows for manipulation of color, solubility, strength, magnetic behavior and electrical conductivity. Nanoparticles do exist in nature, and they're also created inadvertently through some industrial processes. What's new—and potentially hazardous—is the widespread engineering of these particles for commercial purposes.

While there is no conclusive evidence that nanomaterials are either unsafe or not, health advocates worry that we're already putting them on our bodies and ingesting them as if they'd been thoroughly tested and proven safe. Animal studies, including one with rats at the University of Rochester, have shown that some nanoparticles can cross the blood-brain barrier, which protects the brain from toxins in the bloodstream. And inhaled nanoparticles have also harmed the lungs of animal test subjects.

Despite these and other studies, nanomaterials are virtually unregulated in the U.S. And of \$1.3 billion budgeted for research in 2006, only \$38 million went to examining risks to health and to the environment.

"While the benefits of nanotechnology are widely publicized, the discussion of the potential effects of their widespread use in consumer and industrial products is just beginning to emerge," reports the Journal of Nanobiotechnology. "Both pioneers of nanotechnology and its opponents are finding it extremely hard to argue their case as there is limited information available to support one side or the other."

Europe's regulators are far more wary about nanotechnology than their American counterparts. Britain's Royal Society recommended in 2004 that nanoparticles be viewed as brand new substances, and the European Commission is examining them on a case-by-case basis. The U.S. Environmental Protection Agency is loosely charged with regulating nanotechnology here, but has barely dipped its toe in the water.

Taken together, the evidence suggests considerable uncertainty about the use of nano-ingredients in consumer products. It's just not known if they're safe, which begs the question: Why have we gone ahead and approved them for commercial use? Indeed, we may look back at our current decade and

see it, for better or worse, as a time when tiny things caused big and momentous changes in our lives.

Contacts: EU's REACH Law, www.ec.europa.eu/environment/chemicals/reach/reach_intro.htm; U.S. Environmental Protection Agency Nanotechnology Page, www.epa.gov/ncer/nano.

How is the fur industry doing these days? Has it been impacted by activism from PETA and similar groups?

An accurate source of up-to-date numbers is hard to come by, but it's safe to say that the fur industry has been hurt by the ongoing and very visible anti-fur campaign—sometimes featuring top supermodels—by People for the Ethical Treatment of Animals (PETA) and other animal rights groups.

Whether or not activist efforts are the cause, the governments of the United Kingdom and Austria have banned fur farming in their countries altogether, while The Netherlands has phased out fox and chinchilla farming. The U.S. has not taken any action against the industry, but the number of mink farms in the U.S. has plummeted from 1,027 in 1988 to less than 300 today, according to Weekly International Fur News.

But while the fur industry's sales numbers may have trailed off through the 1990s, resurgence in the popularity of fur—especially among newly affluent high-fliers in Russia and China—has meant that business is booming for those furriers serving such far-flung markets.

By 2004 the industry was reporting banner sales—some \$11.7 billion worldwide—despite the slumping post-9/11 economy. "Fur remains big with international designers and is set to continue as an integral part of fashion," International Fur Trade Federation (IFTF) chairman, Andreas Lenhart, told reporters.

According to IFTF data, the vast majority of the fur industry's pelts—upwards of 85 percent—now come from farm-raised animals. (This does mean, though, that 15 percent are still caught in the wild, often by trapping methods that are painful as well as indiscriminate, catching unintended quarry, including endangered species and domestic pets.) The most farmed such animal is the mink, followed by the fox. Chinchilla, lynx, muskrats and coyotes are also farmed for their fur. PETA reports that 73 percent of the world's remaining fur farms are in Europe, while about 12 percent are in North America.

IFTF argues that fur farming has environmental benefits, such as providing good use for 647,000 tons of animal by-products each year from Europe's fish and meat industries alone (they are fed to the captive animals), and generating a lot of manure, sold as organic fertilizer. Mink farming also provides fat for soaps and hair products, says IFTF.

Of course, anti-fur activists don't see it this way. "The amount of energy needed to produce a real fur coat from ranch-raised animal skins is approximately 15 times that needed to produce a fake fur garment," says PETA. "Nor is fur biodegradable, thanks to the chemical treatment applied to stop the



fur from rotting." PETA adds that these same chemicals contaminate groundwater near fur farms if not handled responsibly.

Activists are also concerned, of course, about the conditions animals endure on fur farms. "The animals—who are housed in unbearably small cages—live with fear, stress, disease, parasites and other physical and psychological hardships..." reports PETA. The group adds that the animals are killed in very inhumane ways—such as by electrocution, gassing or poisoning—to preserve the quality of the pelts above all else.

Contacts: PETA, peta.org; IFTF, iftf.org.

Earth Talk

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Someone in the bleachers yells "On the ground!"

The batter swings, grunts, connects. The ball sails into deep left. The fielder hustles, snags it, retires the inning. Sweaty players jog toward the bench. Red-brown dust swirls around their cleats, their running shoes, sneakers, whatever they've got. It's D-league City softball.

In cut-offs, bicycle shorts, and holey sweats, the ragtime team my gal and I are rooting for finally gets their turn at bat. Our friend Nelson steps up to the plate. She's tall and strong and still pretty fast, even though she hasn't played ball for years. She chokes up on the bat, ready to swing. A warm gust ruffles her short, sandy blonde hair.

"Look 'em over, Nelson," I call out from the bleachers. My wife adds her voice to the chatter. "Make her pitch to ya."

Nelson is the Banshees' newest player. She's a little unsure of herself and invited Wifey and me here for moral support. Otherwise we'd be spending this sweltering evening in an air conditioned movie theater. But what are friends for?

"Out of the park!" Wifey yells.

"You can do it," I add, the aluminum bench imprinting grooves into the backs of my thighs. Unwritten lesbian law requires at least one season on the diamond. I did my time. My softball career ended when I caught a high fly with my face.

Now I prefer to enjoy the game from the stands, bring our dog, chat with the other fans, and hold hands with my girlfriend. The women in the bleachers all know each other—either old friends or just introduced. The gene that makes us lesbians apparently also makes us

turn every gathering into a potluck. Everyone share whatever snacks we've brought—sushi, cherries, home-made chocolate chip cookies.

"Wait for a good one," Wifey says.

"You can do it!" I add.

Nelson wallops the ball. I give my Wifey's sweaty palm a squeeze.

Nelson has had a tough time getting back into circulation after her last break-up. We've been advising her to get out more, meet new women, stop hanging around with her ex all the time. Her ex happens to be sitting next to us and passes us some lemonade.

"Three up three down," someone from the other side yells. Nelson's fly ball smacks into the left fielder's glove. The next two batters both pop out. The Banshees slog back onto the field.

The Banshees are playing the unbeaten Mid-Valley Valkyries. These women all used to play on the same team, but too many of them fell in and out of love last year. An army of lovers cannot lose, but a team of exes cannot win, let alone go out for beer and pizza after a game. So the old team split in two, recruited new players, and once-hostile former sweethearts are now at least sharing the ballpark in relative peace.

Now the Valkyries are at bat and our dog's veterinarian steps up to the plate. Doc's sinewy legs look like an anatomy chart—built to run. The slow pitch arcs high, drops toward the catcher's mitt. Doc torques her whole body into the swing. The aluminum bat pings and shoots the ball toward the back fence, a hard line drive. She rounds first. The center fielder throws it in fast, but not fast enough. Doc beats the ball to second base.

"Safe!" The ump crouches to the full extent

of the seam in her blue regulation shorts and flings her arms out wide. The crowd is too sparse and too hot to actually go wild, but both sides applaud the hit. Someone whistles. Our dog looks up briefly, thwacks her tail a couple of beats.

The Valkyries' next batter is Jessica, a stone butch cop. The pitch thuds off the plate. Someone from the Valkyrie bench says "Way to watch 'em, Jess!" and everyone laughs. "Oh and three!" The ump is serious and focused. She huddles up behind the catcher, leans in, follows the ball with her eagle eye.

Jess swivels her cleats into the dirt and faces the pitcher. "Hit it Mommie!" her son cheers from the bleachers. Jess is small and powerful. She smiles at the pitcher, or maybe that's a slight smirk. The next pitch is good. She belts it. Doc scores. The Banshee's sink further behind.

By the time the Banshees have their last ups, the score is something like 20 to 3, we've lost count. No one expected them to win since most of the hotshot players stayed on the Valkyries. But they've all made it through a whole game with no major eruptions of dyke drama—a victory in itself.

Nelson's happy with an RBI and the out she made catching what could have been a triple. She grins and waves at us from the bench, surrounded by new women and old friends, and out of her funk.

The game relieved tension, but there are still some tender hearts. You can see it in the way the players do their post game handshake. The two teams scuff past each other, dust swirling at their feet. They slap palms but avoid each other's eyes. Good game, good game.

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ACTIVISM

Equality Action NOW, a Sacramento based grassroots organization dedicated to mobilizing concerned citizens to promote equality for all. Formed in the wake of Prop. 8 the group works to see that LGBT voices and concerns are represented in the larger community. 916.446.1082, equalityactionnow.org

BARS

1099 Club: 1099 S. Virginia St. Reno NV, ten99club.com 775-329-1099

5-Star Saloon: 132 West St. Reno NV, 5starsaloon.com

Badlands Dance Bar: Mon - Sat 4pm to 2am, Sun 2pm to 2am, 2003 K St., 916.448.8790, sacbadlands.com

BoJangles: 18+, 1119 21st St. (Moving Next To Headhunters Soon)

Bolt Bar: Leather/Cowboy/Bear, Open 5pm-2am Mon - Fri, 2pm-2am Sat and Sun, 2560 Boxwood St., sacbolt.com

Brave Bull, 701 S 9th St., Modesto, 209-529-6712, thebravebull.com

Cadillac Lounge, 1114 E. Fourth St. Reno NV

Club 21: 1119 21st St.

Club Yamagata, 16225 Main Street Guerneville, clubyamagata.com, 707-869-9383

Depot Video Bar: 2001 K St., 916-441-6823, Mon - Fri 4pm - 2am, Sat and Sun 2pm - 2am, thedepot.net

FACES Nightclub: 2000 K St., 916-448-7798, faces.net

Mercantile Saloon: 1928 L St., 916.447-0792

Headhunters/ROK: Restaurant, Bar Service until 2am, 1930 K Street, headhuntersonk.com

Mustang Club, 413 7TH St, Modesto, 209-522-0393

Neutron Bar, 340 Kietzke Lane - Reno

Rainbow Cattle CO, 16220 Main St. Guerneville, queersteer.com, 707-869-0206

Russian River Resort (Triple R), 16390 4th St. Guerneville russianriverresort.com, 707-869-0691

The Patio: 600 West 5th St. Reno NV. 775-323-6565, thepatiobar.com

Tronix: 303 Kietzke Lane, Reno NV

BUSINESS

Rainbow Chamber of Commerce: Business association promoting networking within the gay and lesbian business community and its supporters. rainbowchamber.com

Valley Rainbow Pages: A directory of GLBT-owned and GLBT-friendly businesses in the Greater Sacramento Valley. vrp.info

FAMILY

Camp it Up: (August 3-10) A family camp known for one-of-a-kind gay family vacations, we respect and celebrate all unique families. www.campitup.org

Camp Lavender Hill: A week-long summer camp for children, ages 9-14, of LGBT families. (2008 camp date has passed). camlavenderhill.org

Lesbian Families: A forum for Lesbian couples with children. geocities.com/lesbianfamilies/index.html

PFLAG Sonora/Mother Lode Chapter: Meets on the third Tuesday of Jan., Apr., July, and Oct., 6:30pm, at the Tuolumne County Library. Other events scheduled through the year. pflagsonora.org


Sacramento PFLAG: Promotes health and well-being of LGBT persons, families and friends. Meets the third Tues. of each month at 7:30pm, St. Mark's United Methodist Church, 2391 St. Mark's Way. 916-978-0410, pflagsacramento.org

FESTIVALS - EVENTS

Reno Gay Pride, August 15th 2009, renogaypride.com

Sacramento Pride: (June) Annual Pride celebration for

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SeniorGays.org
Support Group for the Senior GLBT Community



As seniors we face common problems of aging, illness and the loss of friends, partners, and relatives. As LGBT people, we sometimes face estrangement from our neighbors and families. It would be good to unite to form a community of support for each other in Sacramento as well as online. In other cities such organizations have flourished and have provided companionship, fellowship, and mutual nurturing to LGBT seniors.

Sacramento, hosted by the Sacramento Gay & Lesbian center. sacramentopride.org

Rainbow Festival: (Aug. 29 - 31, 2008) Annual LGBT street faire over Labor Day Weekend. Rainbow Festival is Run by CGNIE and takes place at 20th & K Sts. rainbowfestival.com

Sac. International Gay & Lesbian Film Festival: (Oct. 9-11, 2008) Annual LGBT film festival takes place over 5 days. siglff.org

Sac. Earth Day: Annual Festival coordinated by Environmental Council of Sacramento (ECOS), 909 12th Street, Suite 100, 916-444-0022, sacramentoearthday.net

Sonoma County Pride. Guerneville May 31, 2009

GALLERIES

Crocker Art Museum: The longest continuously operating art museum in the West founded 1885. crockerartmuseum.org

Kennedy Gallery: 1114 20th St. Tues.-Sat. Noon to 7pm and by appointment. mmkgallery.com

HIV | AIDS

Anonymous HIV Testing Services: Harm reduction Services, 3647 40th St., Wednesdays 8am - 5pm; Appointments are required for testing. 916-875-6022
Breaking Barriers: Provides a wide range of services for people living with HIV. 2200 21st St., 916-447-2437, breakingbarriers-sacramento.org

Capital City AIDS Fund: Raises money for HIV/AIDS services in the Sac. area. CCAF's activities include Oscar® Night (Feb. 2010), NorCal AIDS Challenge (May 14-17, 2009), and Sacramento Valley AIDS Run Walk (Sept., 2009). capcityaidsfund.org

CARES: HIV/AIDS health clinic, outreach, education and prevention. Free, rapid HIV testing M-F 9 am to 5 pm. 1500 21st St., 916-443-3299, caresclinic.org

Face to Face - Sonoma Co. AIDS Network www.f2f.org 707-544-1581

Golden Rule Services: A minority based organization that resolves health, education, employment and criminal justice disparities in People of Color communities through culturally competent programs and resources. 4433 Florin Road, Suite 760. 916-427-GOLD, goldenrules.info

NorCal AIDS Challenge: (May 15-18, 2009) A 4-day, 330 mile bike ride to raise funds and awareness for HIV/AIDS norcalaidschallenge.net

Northern Nevada H.O.P.E.S., P.O. Box 6420, Reno NV. nnhopes.org, 888-467-3144

Sacramento Valley AIDS Run/Walk: Sept. 14, 2008. 916-448-1110, sacvalleyaidsrunwalk.org

Sac. Valley Pozabilities: HIV+ social group. sacvalleypozabilities@yahoo.com, PO Box 161871, Sacramento, CA 95816-1871

Sierra Hope: Provides support for people with HIV & AIDS. Sierra HOPE, 1168 Booster Way, P.O. Box 159, Angels Camp, CA, 95222, 209.736.6792, sierrahope.org

Sunburst Projects: Providing support to families with children who are living with HIV/AIDS. 1025 19th Street, Suite 1A, 916-440-0889, sunburstprojects.org

IMPERIAL COURT

Court Of The Great Northwestern Imperial Empire (CGNIE): Parent organization for Sacramento's Court, La Kish Hayworth

Memorial Fund, Fairy Godfathers' Fund and Rainbow Festival. myspace.com/cgnie

LAW | POLITICS

California Communities United Institute promotes the social, economic, and human rights of lesbian, gay, bisexual, transgender and intersex individuals, couples, and families; people affected by HIV/AIDS; people of color; women; and people of low economic status. We urge elected officials to enact and support legislation that accomplishes this goal. calcomui.org

Central Valley Stonewall Democratic Club: Helps elect qualified, openly LGBT people to public office, as well as Democratic Party candidates that support equal rights for the LGBT community. cvstonewall.org

California Capital Political Action Committee (CAP/PAC): A non-partisan, political action committee formed to provide a voice for the LGBT community in the political process. cappac.net

Green Party of Sacramento County: P.O. Box 2082, Sacramento, CA 95812, 916-484-4000, sacgreens.org

Libertarian Party of Sac.: P.O. Box 3003, Orangevale, CA 95662, lpsacramento.com

Log Cabin Republicans: logcabin.org/logcabinca/sacramento_chapter.html

SAC Legal: Association of attorneys, legal professionals, and legislative advocates, affiliated with the Sacramento County Bar Assoc. that promotes equality the LGBT community. saclegal.org

Stonewall Democrats of Sac.: Helping elect qualified, openly LGBT people and Democratic candidates who support equal rights for LGBT. P O Box 161623 Sacramento, CA 95816-1623, 916-441-1787, sacstonewall.org

NEW MEDIA

Being Gay Today: Sacramento's oldest, still-running GLBT TV show. Comcast Cable. Access Sac, channel 17. Thurs. 10pm, Now on myspace and youtube. beinggaytoday.com

Checkedred Nation Video Show: A gay-focused internet chat show in and around Sacramento. checkedrednation.com

Transponder Radio: Internet radio show covering many transgender issues. transponder.com

PERFORMANCE

A Small Difference Women's Choral Ensemble: Women, under the direction of Sage Brown, dedicated to performing music with a message. smalldifference.org

Sac. Gay Men's Chorus: Produces up to three concerts a year, and performs throughout the year at events in and around Sacramento. sgmchorus.org

Sacramento DanceSport: The Largest Same-Sex Dance Program in the United States. Classes, performances and competition. sacdancesport.com

True Colors Women's Chorus: Women building a community through their love of music. 877-758-7827, truecolorschorus.org

RELIGION - SPIRITUALITY

A Church For All: Fosters an all encompassing spiritual community. 721 North B Street, Sacramento, CA, 95816-2073, 916-502-5603, spirit@achurchforall.org. achurchforall.org

Atheists and Other Freethinkers: Promoting the civic understanding and acceptance of atheism in our community. aofonline.org

Atonement Lutheran: Welcomes all people, regardless of race, language, previous denominational affiliation, gender, or sexual orientation. at-one.org

Grove of the Oak: An eclectic group of Druids, Wiccans, and other Pagans who gather twice a month and on the eight annual Celtic seasonal festivals, to share community, perform ritual, create magic, and support each other in our chosen earth-honoring pagan paths. groveoftheoak.org

Lutheran Church of Our Redeemer: LGBT affirming and supports the Lutheran Lesbian & Gay Ministries. lcorsac.org

Pioneer Congregational Church: LGBT open and affirming. 2700 L Street, 916-443-3727, uccwebsites.net/pioneercongsacramentoca.html

Sacramento Friends Meeting (Quaker) 890 57th St, Sacramento., 916-457-3998 sacfriendsmtg.org

St. Mark's United Methodist Church: A Christian community welcoming a diverse congregation. stmarksumc.com

St. Paul's Episcopal Church: A Christian community that embraces one and all to worship together at God's table. 1430 J Street, 916.446.2620, stpaulssacramento.org

Trinity Episcopal Cathedral: LGBT affirming. Christian worship, life and ministry. 2620 Capitol Ave., 916-446-2513, trinitycathedral.org

Valley Ministries: Existing to communicate God's love and accept all people. 4118 Coronado Ave, Stockton. 209-464-5244, valleyministries.com

Westminster Church Sacramento: A community of faith accepting all people solely on the basis of their affirmation of faith in Jesus Christ. westminsac.org

RESOURCES

Amador County GLBTQQ Support Group: Amador County Mental Health - call Mary Pulskamp at 209-223-6412

GaySacramento.org: Interactive online resource for LGBT Sac. news, events and community resources. gaysacramento.org

Lavender Library: Serves the LGBT community as a lending library and archives as well as houses LGBT activities. Loans books, periodicals, DVDs (general and erotica), to members. lavenderlibrary.org

yourgayreno.com Online resource for Reno residents

outsacramento.com: Internet links, photos, message board and news for LGBT Sacramento. outsacramento.com

Diversity R Us: Support group for Yuba City-Marysville GLBT. groups.yahoo.com/group/diversityrus

Foothill Lesbians and Gays Social Network (FLAG): An organization for the LGBT community in the Sierra Foothills of No. Cal. flagamador.webs.com

Gaysonoma.com: Online Guide to events, personals, gay businesses, community organizations, classifieds, for Sonoma County LGBT. gaysonoma.com

"If The Shoe Fits": Gay/lesbian organization in the Foothills of El Dorado County that provides

social/recreational activities for members. itsnews.org

Nevada County Pride: Social network of gays and lesbians in western Nevada County in California. nevadacountypride.org

Out In The Mother Lode: Social network for fun/support among the LGBT in the central sierra foothills. outinthemotherlode.org

Rainbow Frontier: A website for LGBT adults in rural/frontier areas of Northeastern California funded Plumas County Public Health Agency, 1-800-801-6330 or 530-283-6358, rainbowfrontier.org

Sac. Gay & Lesbian Center: Serving the LGBT of Greater Sacramento and surrounding counties, providing facilitated discussion groups for LGBT youth and adults, counseling, legal services, HIV prevention and education services and programs for LGBT seniors, families and people living with HIV/AIDS. saccenter.org

Sierra Gay Men's Network: A newsletter & blog with news for Gay Men and their friends in the Sierra Foothills of California. sgmn.org

Solano Pride Center: Support for LGBT of Solano County. Solano Pride Center, 1125 Missouri St., Ste. 203-D, Fairfield, CA 94533, 707-427-2356, solanopride.org

Stanislaus Pride Center: Resources and support for LGBT persons in Stanislaus and surrounding counties. stanpride.org

Stonewall Alliance of Chico: Services and support for LGBT people in Chico and surrounding areas. stonewallchico.org

SENIORS

Senior Gays: A resource for the senior LGBT and friendly community. SeniorGays.org

SOCIAL GROUPS

Capital City Squares: A square dance club for LGBT people who want to learn and enjoy Modern Western Square Dancing. iagsdc.org/capitalcity

High Sierra Primetimers, 1730 Aquila Dr. Reno, 775-324-6785

Males Au Naturel Sacramento (MANS) - A gay/bi male naturist organization for men who enjoy social naturism in positive. groups.yahoo.com/group/malesaunaturelsacramento
Natomas LGBTQ: A group to connect Natomas area queers for in-person social activities. An alternative to the bar scene. natomaslgbtq.wordpress.com

Sac Woof Society: A social group for bears and bear lovers. sacwoofsociety.net

Gay Men's Book Group: A literary group for Sac. gay men. Meets once a month (usually 3rd Wednesday). groups.yahoo.com/group/sacgaybookgroup

Pink Pistols - LGBT group with an interest in shooting sports and self defense. pinkpistols.org/local/sacramento

Sacramento Professional Men's Group: Alternative lifestyle men who get together for networking and social gatherings with other professional men. groups.yahoo.com/group/SacramentoProfessionalMensGroup

Sac. Valley Bears: A social and charitable organization for bears and bear admirers. sacvalleybears.org

Sac. Valley Knights: Northern California motorcycle club whose membership consists solely of those who own and ride motorcycles. valleyknights.org

Sac. Valley LeatherCorps: Gay men's and women's organization seeking to educate and mentor members of the Leather/BDSM communities through classes and other club activities. svclub.org

Western Slope Men's Social Group: Online forum for gay/bi men on/near the Western Slope of the Sierra Nevada's (between Sac. and So. Lake Tahoe). groups.yahoo.com/group/WesternSlopeMensSocialGroup

Yuba-Sutter Unity: Social, education & community involvement. gayubasutter.com, groups.yahoo.com/group/Yuba-Sutter-Unity

SPORTS

CHEER Sacramento: Volunteer cheerleading squad now cheering at games for West Sacramento Wolverines. cheersacramento.org

Frontrunners of Sacramento: Social group inclusive of all types, sizes, dispositions, and levels of activities with running and running events as a main focus. frsac.org

Gay & Lesbian Sierrans: Lesbians and gay men who enjoy outdoor adventures and camaraderie. motherlode.sierraclub.org/gls

Gay Sport Bike Riders of Sacramento - Gay sport bike enthusiasts who meet, post rides and related links. Serious enthusiasts 18+ are welcome. autos.groups.yahoo.com/group/SAC_GSR

River City Bowlers: Gay and Lesbian Bowling league. Winter league runs from Sept.-May and averages 22 teams per season. Summer league lasts 12-13 weeks beginning in June. rivercitybowlers.homestead.com/about.html

Sac. Capital Crossroads Gay Rodeo Association (SCCGRA): Sacramento's gay rodeo chapter. capitalcrossroads.org

Sacred City Derby Girls (SCDG): Sacramento Women's Roller Derby team. sacredcityderbygirls.com

THEATRE | FILM

Lambda Players: LGBT theatre company now in its 19th Season. 1028 R Street, 916-444-8229, lambdaplayers.com

24th Street Theatre: Hosts Runaway Stage which does musicals and larger well-known plays. Facilities for large meetings, lectures, film screenings and performances Sierra 2 Center, 2791 24th Street, 916-452-3005, sierra2.org

Capital Stage - Capital Stage, Delta King: 1000 Front Street, www.capstage.org

Mondavi Center - 530-754-ARTS, One Shields Ave. Davis, mondaviarts.org
Shiny Object: Weekly showings of independent films and Rocky Horror Picture Show. 600 4th St. West Sacramento, shiny-object.com

The Crest Theatre: 1013 K St., 916-44-CREST. Shows independent and GLBT films. Often hosts Sacramento Gay & Lesbian Film Festival. thecrest.com

TRANS SUPPORT

Sac. Gay & Lesbian Center Trans Support: Counseling services available for transgender people. 916-442-0185, Ext. 102. 1927 L St., saccenter.org

Kings of Drag: Performance troupe of women dressing in male drag. kingsofdrag.com

Sac. Gender Alliance: Provides recreational and educational needs of the trans community, their spouses, family members and related professionals. 916-442-0185, Ext. 141, saccenter.org

Sigma Delta Gamma "Sac. Delta Girls": A chapter of Tri-Ess, an educational, social and support group for heterosexual cross-dressers, their spouses or partners and their families. 916-359-2328, geocities.com/Sigma_Delta_Gamma

Transgender Law Center — Works to make California a state in which we can all fully and freely express gender identities. 870 Market St., Room 823, San Francisco, 415-865-0176, transgenderlawcenter.org

Sacramento FTM Support Group, Lavendar Library located at 1414 21st St. Sacramento, First Tuesday of every month, A safe, supportive environment for individuals who were born female bodied and identify as male. lavenderlibrary.org

Sacramento Transgender Coalition, SacTGC, is an alliance of transgender groups who wish to strengthen the transgender community in Sacramento so we can collaborate to make changes and educate the general public about the proper terms and treatment of all transgender individuals, young and old. sactgc.org

Trans Families Sacramento, Support group for families with transgender members. They meet on the third Sunday of every month in the Lavender Library (1414 21st St., Sacramento) from 6-8 p.m., transfamilies@sactgc.org

River City Gems, Celebrating Feminine Expression, A social and support group serving the crossdressing and transgender community of Northern California, info@rivercitygems.org

Sutter Gender Identity Support Group at Sutter General Hospital, 2801 L St (28th and L) Downtown Sacramento, The MCC group is an open, non-religious, non-profit, non-sexual social group for those who are serious about their transformation. Meets on the third Saturday of every month at 6:30 p.m. at the Sutter General Hospital, 2nd floor Conference Room C, 2801 L St. Sacramento, for a potluck and fellowship meeting.

Sacramento Trans Youth, Peer support group for young people in their teens through early twenties, sactyouth-owner@yahoo.com

Colage, Equal Justice For People with LGBT Parents & Our Families, a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parents. 1550 Bryant Street, Suite 830, San Francisco, 415-851-KIDS, colage.org

Our Family Coalition, Bay Area LGBT Family Organization, Promotes the rights and well-being of Bay Area LGBT families with children 870 Market Street, Suite 872, San Francisco, 415-981-1960, info@ourfamily.org

TransGender San Francisco (TGSF), For all members of the Transgendered Community. 415-839-9448, transgendersanfrancisco@yahoo.com

Trans:Thrive, A drop-in center by and for trans. 815 Hyde Street, 2nd Floor, San Francisco, 415-409-4101

WOMEN

Adventure Out Women: Business networking, social activities, special events and recreational adventures throughout California year-round. adventureoutwomen.com

Lesbian Cancer Support: Meets third Monday of each month at 6:30pm. Bring partners or support people with you. ROXANNE1040@aol.com

Rainbow Womyn (Sac.): Online social group for Womyn. groups.msn.com/RainbowWomynof

SacramentoCA

Sac NOW: Feminist news, actions, and opportunities. Meets monthly on the 3rd Thurs., 7pm, at the Hart Senior Center at 915 27th Street (27th & J St.). sacnow.org

Sacto Girls: Lesbian social group for women in the Sacramento and surrounding areas. members.aol.com/sactogirls/index.html

Sisters of Scota Foothills Chapter: Women's Motorcycle Club who rides mostly in the foothills. soswmcfoothills.org

Sisters of Scota Women's Motorcycle Club (SOSWMC): A tightknit sisterhood on women motorcycle riders who plan social events and raise funds for various charities. SOSWMC@hotmail.com, soswmc.org

Sac. Area Lesbian Health Resource Guide: A guide to help lesbians in the greater Sac. area identify and obtain services from providers who are sensitive to the needs of lesbian, bi and trans women. saclesbianhealth.com

Single Lesbians of Sac.: A community of single lesbians in the Sac. area interested in meeting other lesbians for the purpose of dating. groups.msn.com/SingleLesbiansofSacramento

Women On Wednesdays: Social discussion/activity group meets each Weds. at the Gay & Lesbian Center, 1927 L St. 7-9pm. Open to lesbian, bi and trans women. saccenter.org

Womyn Over the Rainbow: A group open to lesbian womyn over the age of 40 for the purpose of building friendship. groups.msn.com/WomynOverTheRainbow

YOUTH

CSUS Pride Center: Open to Sac State LGBT students. Lassen Hall 3011, 6000 J Street, 916.278.8720, Email: pride@csus.edu, csus.edu/pride

Delta Lambda Phi: A non-secret, non-hazing, national social fraternity founded by gay men for all men. dlp.org/iota/DLP.htm

Lambda Delta Lambda: Queer-friendly Sisterhood/Sorority social network on campus, accepting of all social identities and backgrounds. ldlucdavis.org/about.htm

Modesto LGBTQ Youth: GLBTQ Youth in Modesto and surrounding areas. myspace.com/lgbtqmodesto

Rainbow Club Of American River College: LGBT students on the American River Campus. geocities.com/arc_glbtcclub

Queer Straight Alliance CSUS: Social/Activist group on campus. myspace.com/queerstraightalliance

RESPECT Sacramento: A grassroots organization dedicated to creating safe schools for all sexual minority people in Sacramento area schools. Meets the second Weds. of the month, 6:30pm at Lavender Library, 1414 21st St. 916-733-2135, RespectSacramento.org

Sac Youth Yahoo Group: Forum for LGBT and friendly youth under 21 years old. sacyouth.net groups.yahoo.com/group/sacyouth

City College LGBT Club: 3835 Freeport Boulevard, 916-558-2111 Advisor: Gayle Pitman, Behavioral & Social Sciences, PitmanG@scc.losrios.edu, wsrver.scc.losrios.edu/~lgbt/index.html

U.C. Davis LGBT Resource Center: Campus Center for LGBT students. 530-752-2452, lgbcenter.ucdavis.edu

LAVENDER LIBRARY ARCHIVES & CULTURAL EXCHANGE

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FRIDAY: 4:30PM - 8PM
SATURDAY: NOON - 6PM
SUNDAY: NOON - 6PM**



Sacramento

*We meet the third Tuesday of each month.
Come Join Us!*

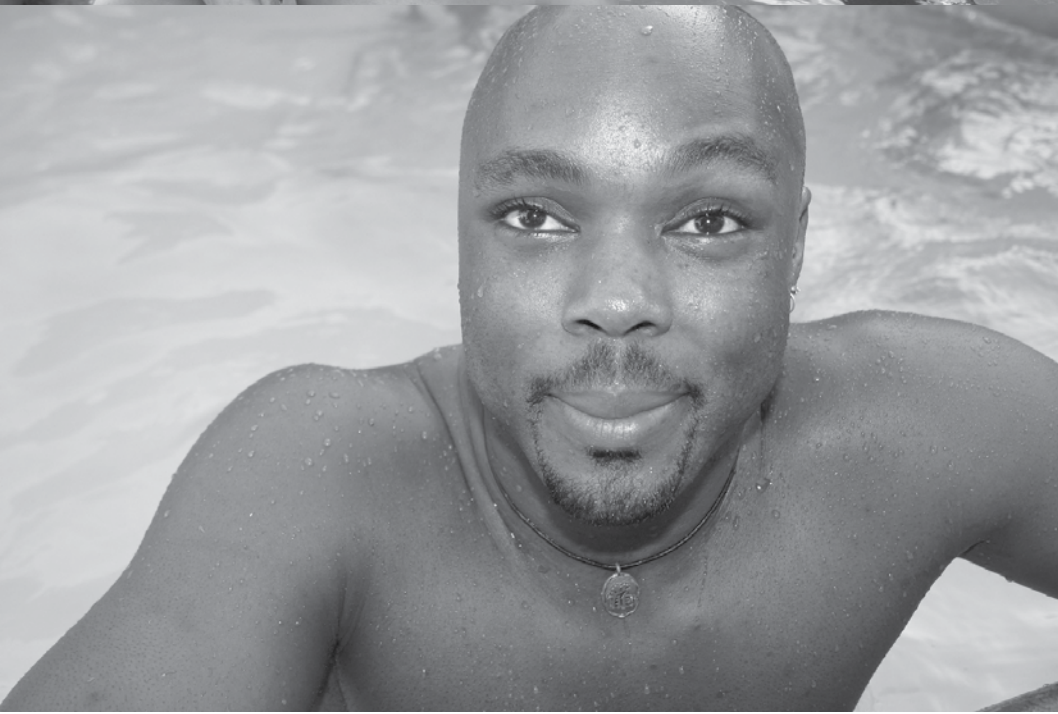
(877) RCC-SAC4
(877) 722-7224

www.RainbowChamber.com

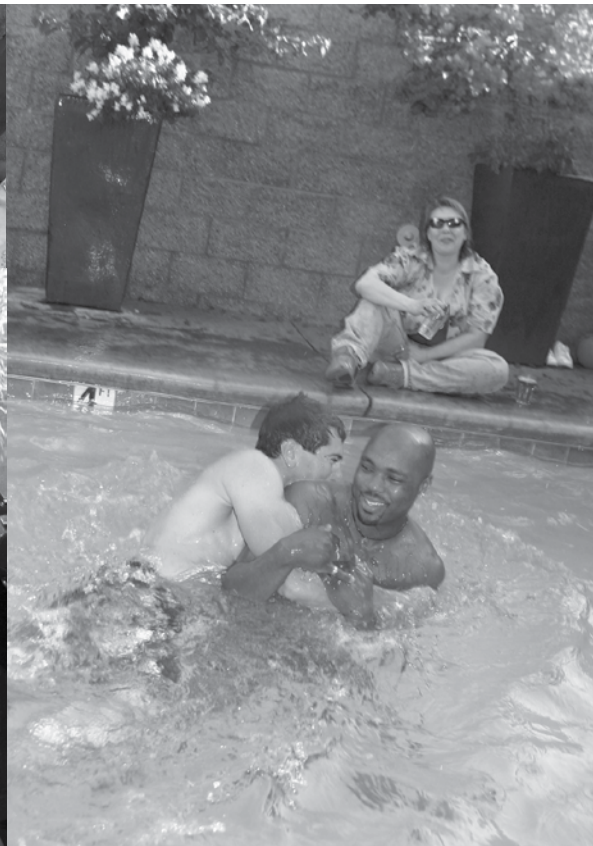


Faces Pool Parties

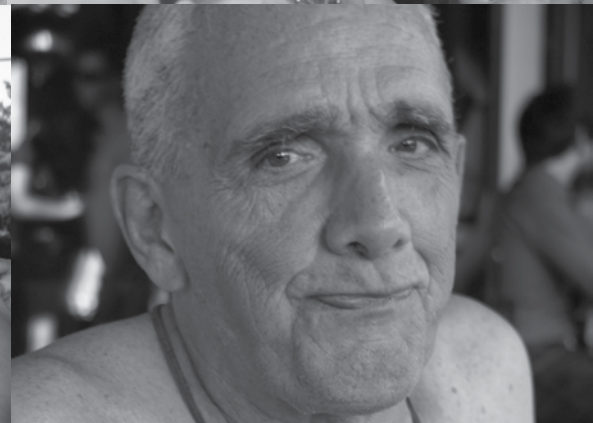
Photos and comments by Nathan Feldman - Sacramento known for being a river city and HOT is a perfect place to find yourself relaxing around a pool, sipping a cocktail, and watching the hotties while getting a tan. The Faces pool, added the other year after the expansion, has become legendary.



**More Photos available at
momguesswhat.com**



**More Photos available at
momguesswhat.com**





Russian River Resort Pool Parties - Photos and comments by Nathan Feldman
Although Summer has not officially started, the Triple R's pool is hot! On this visit a special women's event packed the pool with ladies (real ones) from everywhere with wet T-shirt contests and more. The triple R is welcoming of all people, but usually caters more to the gay men. Guys cannot resist the pool, restaurant, hot tub, full bar and garden compound for relaxing, watching, and cruising. *IF* you can get reservations (call ahead early) this is the place to play and stay for a day or a weekend escape.





Badlands and cowboys Photos and comments by Nathan Feldman
Badlands T-Dance has been invaded by cowboy hotties. A monthly cowboy social takes place the third Sunday so come out of you love a man in tight jeans that knows how to ride a bucking animal!



WHERE REAL MEN GO TO PARTY!



**HOMORODEO.COM & SCCGRA
RODEO WEEKEND WELCOME
PARTY**

Friday, June 5, 2009

Hey cowboys and cowgirls!
Join HomoRodeo.com and the
Sacramento Capital Crossroads
Gay Rodeo Association at The
BOLT for RAFFLES and \$8
BEER/SODA BUST from 9pm to
midnight! NO COVER!

GEAR NIGHT

Friday, June 5, 2009

The Sacramento Valley

Leathercorps and The BOLT
present GEAR NIGHT the first
Friday of every month, 8pm to
midnight! Gear up and join us!
We're looking for folks with
leather/latex pants, chaps, vests,
shirts, skin gear, uniforms,
jackets, boots, harnesses - get
the idea? BOOTBLACKING by
boy dave! No speeches, no
fundraising, and NO COVER!

**CAPITAL CROSSROADS
COWBOY/COWGIRL SOCIAL**

Tuesday, June 9, 2009

The second Tuesday of every
month, join the COWBOYS and
COWGIRLS of the Sacramento
Capital Crossroads Gay Rodeo
Association at The BOLT for
FREE NACHOS, FREE POOL,
and \$8 BEER/SODA BUST from
7:30pm to 10:30pm! Proceeds
benefit SCCGRA! NO COVER!

GAY AMERICAN HEROES Friday,
June 19, 2009

Join the Gay American Heroes
Foundation at The BOLT for
a tribute to LGBT victims of
hate crimes! \$8 BEER/SODA
BUST and RAFFLES from 9pm
to midnight benefit the Gay
American Heroes Fund! NO
COVER!

EVERY WEEK AT THE BOLT

SUNDAYS

Beer Bust 3 p.m.
Bike Night 8 p.m.

MONDAYS

Underwear Night 9 p.m.

TUESDAYS

Shot Night 9 p.m.
Pint Night 9 p.m.
Dart League Night

WEDNESDAYS

Free Pizza 5 p.m.
Free Pool

THURSDAYS

Movie Night 10 p.m.

FRIDAYS

Leather Night 9 p.m.

SATURDAYS

Bear Chest Night 9 p.m.

2560 BOXWOOD ST., SACRAMENTO

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MIZZMONQUIE74@AOL.COM

The Last Word

MYSACE.COM/
MIZZMONIQUEMOORE

May is over and I am done celebrating my thirty-something birthday. I seems like I celebrated for two weeks, as Cookie, one of my favorite FACES bartenders, would put it. He said, damn girl how long is your birthday? I said, you only turn thirty-something once!

I am so blessed to have such good friends and a great cast at the Sunday Night Dragalicious Show at FACES because they threw me a fabulous birthday celebration at the show. I wasn't the only birthday girl — Miss Taryn Thru-U was born the same day and we celebrate our birthdays together every year! Thank you to the staff at FACES for treating me like the queen that I am.

This month my son/daughter Miss Majesty

Moore moved in with me all the way from Bakersfield! Majesty is a fabulous young performer who has a lot of energy — more than I do these days!

Another son/daughter is the reigning Miss SCCGRA with the Sacramento Rodeo Association and she is gearing up for the Rodeo June 4-7. Miss Silver Moore was given the title two months ago. She was first runner-up last year and last year's winner became pregnant and couldn't fulfill her duties, so they gave Silver the title and I must say she is doing a great job! I will be attending this year's rodeo for the first time and I am really excited!

I have been out quite a bit this month and was the victim of a horrible attack after the clubs let out. I was talking to a friend in front of FACES when a straight girl came at me, trying to sock me in the back while telling me that I am not a real woman. No shit! I just play one on TV. It was sad that this girl would be so jealous of a man in a dress ... that looks better than her. The police were witness to the whole dramatic situation and when the police tried to subdue her, her fake hair piece fell off onto the ground.

I'm still on my diet and have lost more pounds and inches — and will continue to do so until I'm at the weight I want. 110 pounds (insert laughter here.) It takes time to lose weight the right way and I am willing to go the distance — then I'll go to Mexico and have some liposuction and body-sculpting done like a great friend of mine did! I would love to go to her doctor because that girl came back looking spectacular — and you know who you are, Baby!

I'm going to have to save a pretty penny to get all of that work done but I'm getting up there in age and a girl needs to be tucked and pulled sometimes — as long as she doesn't end up looking like Joan Rivers!

This past Friday night I was out at FACES and saw the infamous Kevin Aviance walking around the bar and I must say he is a great guy and so nice. I wasn't able to attend his performance on Saturday at the Pink Party, which I heard was fabulous! I had to stay in and get some sewing done for the cast for our the opening for our new show Sunday nights at 9 p.m.

There are so many changes going on at FACES which is great because change is a great thing to do! There's new Thursday night parties being hosted by the Chico Boys whom I just adore. Those boys are the cutest young fellas and a girl like me just melts over them! Starting in late June I will be hosting a Wheel-of-Fun during the pool parties on Sundays at 6:30 p.m. I'll be out there in my bathing suit gathering contestants to spin the wheel and win a prize. The contestants will spin and get a random song that they will have to lipsynch to and the winner will receive a fabulous prize.

During June at Monique's Movie Madness Monday's we will be watching Steel Magnolias, What's Love Got To Do With it, Perscilla Queen of The Desert and Dream Girls. Movies start at 9 p.m. every Monday and there is free popcorn, hot dogs for sale and of course, great drinks! If you are a beer drinker you should come on down and take advantage of the \$3.75 pitchers of draft beer. After the movie you can dance to the tunes of DJ Robert Long or be a contestant for Queer



Idol, hosted by bartender Garrett at 11 p.m.

I am a judge and I must say that the contestants keep getting better every week. Sometimes it's hard to judge, but someone's gotta do it.

I can't believe that Pride month is already here, so who knows what's in store for this crazy month, but I am excited to see what is upcoming. I hope to see you all out and about soon! Don't be a stranger!

*This is Mizz Monique
Moore always getting in
"The Last Word".*



Mizz Monique Moore's
Movie Madness Mondays
EVERY MONDAY • 9 - 11PM
POPCORN, DRINKS,
NEW FRIENDS &
YOUR FAVORITE MOVIES!
FACES
2000 K ST., SACRAMENTO



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FACES

Nightlife Built For You

Monday

Win cash - Give-Away @ Midnight

Pool Open ALL NIGHT! Karaoke!

Movie Madness 9-11pm - Queer Idol @ 11pm

Tuesday

Latin Night • Live Shows • Hot Go Go Dancers & Drink Specials

Wednesday

\$1 Well Drinks & Draft Beers 6pm to Midnight!

Featuring 80's Music, Top40 & R&B

Thursday

Exciting Theme Party Every Week!

SEXXX Thursdays • All Male Strippers, Exotic Shadow Dancing

Weekly Contests, Karaoke, Hot Go Go Dancers, & Drink Specials!

Friday

15 bars & 3 Dance Floors

Furlough Fridays "NO COVER" With State I.D. (special events excluded)

\$1 Well Drinks & Draft Beers 7-9pm

70's Music, Top40, Country, High Energy, R&B & Hot Go Go Dancers!

Saturday

15 Bars & 3 Dance Floors

70's Music, Top40, Country, High Energy, R&B & Hot Go Go Dancers!

Sunday

Pool Party 2pm to Close! Drink Specials All Day!

Dragalicious Show @ 9pm



Photograph
by
Marco Ferrero



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Wendy Ho

June 20
RiverSpace

Hurricane Party Weekend Guerneville June 19-21



Shirley Q
Liquor
& BeBe Sweetbriar

June 20
Triple R

It's a Category 5 Wild and Wet Weekend with \$5 Blended Hurricanes, New Orleans BBQ, Jazz, Feather Masquerade, shows, guest DJs and loads of hot, sweaty bodies poolside...



for event, ticket and hotel information

RussianRiverQ.Com/HURRICANE